



# 14th Annual Early Childhood Mental Health Conference: We Can't Wait

Reimagining Prevention and Early Intervention in Communities of Hope

Conference Schedule: Thursday, September 28, 2023

All Times are PDT

Up to 16.25 Contact Hours CME/CE (depending upon which sessions you attend)

09/21/2023  
SUBJECT TO CHANGE

7:30 – 8:00 AM	<b>Live Registration Open</b> <b>Zoom Help Desk Open</b> – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	<b>{Live + Virtual} The Deb Stolz and Chris Muecke Memorial Address and Welcoming Remarks</b> <i>Ali Freedman, PsyD, MBA, ECMH Conference Co-Chair</i>
8:30 – 8:45 AM	<b>Break</b>
8:45 – 10:15 AM CME/CE IF-ECMH A, D	<b>{Live + Virtual} Zero to Thrive - Part 1</b> <i>Kate Rosenblum, PhD, ABPP, IMH-E, Professor of Psychiatry, OB/GYN, and Pediatrics, Co-Director, Zero to Thrive, University of Michigan and Maria Muzik, MD, MSc, Professor of Psychiatry and OB/GYN, Co-Director, Zero to Thrive, University of Michigan</i>
10:15 – 10:45 AM	<b>Break and Visit Exhibits and Bookstore</b>
10:45 – 12:15 PM CME/CE IF-ECMH A, D, F	<b>{Live + Virtual} Zero to Thrive - Part 2</b> <i>Kate Rosenblum, PhD, ABPP, IMH-E, Professor of Psychiatry, OB/GYN, and Pediatrics, Co-Director, Zero to Thrive, University of Michigan and Maria Muzik, MD, MSc, Professor of Psychiatry and OB/GYN, Co-Director, Zero to Thrive, University of Michigan</i>
12:15 – 1:30 PM	<b>Lunch and Exhibits and Bookstore</b>
1:30 – 3:00 PM	<b>Breakout Session A</b>
<b>A-1</b> CME/CE IF-ECMH A, F	<b>{Live + Virtual} Disrupted Attachment: What Can Happen and What Can Be Done?</b> <i>(Advanced Audience) Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</i>
<b>A-2</b> CME/CE IF-ECMH A, F, G	<b>Zero to Thrive – Part 3</b> <i>Kate Rosenblum, PhD, ABPP, IMH-E, Professor of Psychiatry, OB/GYN, and Pediatrics, Co-Director, Zero to Thrive, University of Michigan and Maria Muzik, MD, MSc, Professor of Psychiatry and OB/GYN, Co-Director, Zero to Thrive, University of Michigan</i>
<b>A-3</b> CE IF-ECMH A, F, G	<b>Culture, Connection, and Caring: How Community Health Workers are a Vital Part of the ECMH Village</b> <i>Margarita Holguin, MPA, President &amp; Founder, Consulting Solutions, LLC and founding chair of the San Diego County Promotores Coalition, Liliana Osorio, MPH, Project Manager, UC San Diego, Center for Community Health, and Eric Hekler, PhD, Professor, Herbert Wertheim School of Public Health and Human Longevity Science, and Director, Center for Wireless and Population Health Systems, University of California San Diego and Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, California Chapter 3</i>
<b>A-4</b> CE IF-ECMH B, C, D, E	<b>Promoting Anti-Bias and Equity in the ECE Classroom and Beyond</b> <i>Brettney Stanley, Early Education Quality Improvement Support Coach, San Diego County Office of Education</i>
<b>A-5</b> CME/CE IF-ECMH A, C, D	<b>{Live + Virtual} Re-Envisioning High Risk Pregnancy: Supporting Families Through Pregnancy – Part 1</b> <i>Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children's Hospital, and Kristen Eberly, LCSW, Psychotherapist, Well-Mamas Family Counseling</i>
<b>A-6</b> CME/CE IF-ECMH A, F	<b>Play Therapy Strategies that Everyone Can Use</b> <i>Denise Von Rotz, LMFT, RPT-S, IF-ECMH, RPF II, Therapist/Owner of Hope and Healing Child and Family Therapy, Inc.</i>
3:00 – 3:30 PM	<b>Break and Visit Exhibits and Bookstore</b>
3:30 – 5:00 PM	<b>Breakout Session B</b>
<b>B-1</b> CME/CE IF-ECMH A, B, C, D	<b>{Live + Virtual} Early Childhood Development and Mental Health</b> <i>Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, California Chapter 3</i>
<b>B-2</b> CE/CME IF-ECMH G	<b>"We Can't Wait" to Train the Workforce: Challenges in Workforce Development and Retention</b> <i>Lisa Linder, PhD, Assistant Professor, Child and Family Development, San Diego State University, Teresa Lind, PhD, Assistant Professor, Child and Family Development, San Diego State University, and Allison Jobin, PhD, BCBA-D, Assistant Professor, Department of Psychology, California State University, San Marcos</i>
<b>B-3</b> CME/CE IF-ECMH A	<b>Caring for the Caregivers: Re-imagining Resilience, Wellness, and Hope</b> <i>Babbi Winegarden, PhD, MHPE, Behavioral Health Program Coordinator, Child and Family Well-Being, County of San Diego Health and Human Services</i>
<b>B-4</b> CME/CE IF-ECMH A, E, F, G	<b>Transforming the Promise of Pediatric Care Using Team-Based Well Child Visits</b> <i>Sarah Nolan, MA, Program Manager, HealthySteps, Rady Children's Hospital, Yinxi Wu, LCSW, HealthySteps, Riverside University Health System</i>
<b>B-5</b> CME/CE IF-ECMH A, C, D	<b>{Live + Virtual} Re-Envisioning High Risk Pregnancy: Supporting Families through Postpartum – Part 2</b> <i>Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children's Hospital, and Kristen Eberly, LCSW, Psychotherapist, Well-Mamas Family Counseling</i>
<b>B-6</b> IF-ECMH C	<b>Somatic Practice: Incorporating the Body's Wisdom to Strengthen Community Engagement</b> <i>Ariane Porras, Program Director of Partner and Community Engagement, Child Resource Center, YMCA of San Diego County</i>
5:00 – 7:00 PM	<b>Networking Event, Appetizers, No Host Bar</b> <b>The Resonators: Acoustic Classic Rock and Blues</b>





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**Conference Schedule: Friday, September 29, 2023**  
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09/21/2023  
 SUBJECT TO CHANGE

Up to 16.25 Contact Hours CME/CE (Depending Upon Which Sessions You Attend)

7:30 – 8:00 AM	<b>Live Registration Open</b> <b>Zoom Help Desk Open</b> – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM CME/CE IF-ECMH C	<b>{Live + Virtual} Continuing the Dialogue</b> <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</i>
8:30 – 8:45 AM	<b>Quick Break</b>
8:45 – 9:45 AM CME/CE IF-ECMH A, C, D	<b>{Live + Virtual} The HOPE Framework: What the Research Tells Us</b> <i>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine</i> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine</i>
9:45 – 10:00 AM	<b>Break and Visit Exhibits and Bookstore</b>
10:00 – 11:00 AM CME/CE IF-ECMH A, C, D, F	<b>{Live + Virtual} HOPE in Practice</b> <i>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine</i> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine</i>
11:00 – 11:15 AM	<b>Break and Visit Exhibits and Bookstore</b>
11:15 – 12:15 AM CME/CE IF-ECMH D, G	<b>{Live + Virtual} HOPE in Action in San Diego</b> <i>Aimee Zeitz, LMFT, Director of Strategic Advancement, YMCA of San Diego County</i> and <i>Kimberly Giardina, DSW, MSW, Director, Child and Family Well-Being (CFWB), County of San Diego Health &amp; Human Services Agency</i>
12:15 – 1:30 PM	<b>Lunch and Visit Exhibits and Bookstore</b>
1:30 – 3:00 PM	<b>Breakout Session C</b>
<b>C-1</b> CME/CE IF-ECMH A, C, D, G	<b>The Power of HOPE</b> <i>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine</i> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine, Miriah de Matos, MPH, MA, Senior Project Specialist, American Academy of Pediatrics, California Chapter 3, and Ariane Porras, Program Director of Partner and Community Engagement, Child Resource Center, YMCA of San Diego County</i>
<b>C-2</b> CE IF-ECMH C, D	<b>{Live + Virtual} Liberating Brilliance: Disrupting the School to Prison Pipeline</b> <i>Aisha Pope, LCSW, Director of Foster Care Services, San Diego Center for Children-FFAST, LaTysa Flowers, AS, AA, FSS, Association Director of Diversity Inclusion and Belonging, YMCA San Diego County, and Precious Jackson-Hubbard, EdD, MA, Principal, Bell Middle School, San Diego Unified School District</i>
<b>C-3</b> CE IF-ECMH F	<b>But First, the Art: An Art-Based Directive for Families and Groups (Limited to 25 Participants)</b> <i>Melanie Morones, LMFT, ATR, ECMHS, Clinical Social Service Program Director, YMCA of San Diego County, and Liz Sizemore, AMFT, AT, Family Therapy, San Diego Center for Children</i>
<b>C-4</b> CME/CE IF-ECMH A, B, C, E	<b>{Live + Virtual} Trauma Specific Interventions: What Do We Need to Know? - Part 1</b> <i>Julie Alley, PsyD, Clinical Improvement Coordinator, Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Ansley Curtis, LMFT, Trauma Therapist, Iliana Giudici, LMFT, Trauma Therapist, Chadwick Center for Children and Families, Rady Children's Hospital and Jeff Rowe, MD, Child Psychiatrist</i>
<b>C-5</b> CE IF-ECMH A	<b>Asegurando el Bienestar del Educador Responsivo al Trauma ~ En Español (Repeated in D-5 in English)</b> <i>Denise Camargo, MS, Early Education Quality Improvement Support Coach, San Diego County Office of Education</i>
<b>C-6</b> CME/CE IF-ECMH F, G	<b>SmartCare Consultation: A Resource to Help Pediatricians and Families Get Mental Health Care</b> <i>Mark Chenven, MD, Child Psychiatrist, Executive Medical Director, Alyssa Label, LMFT, Program Director, and Shirley Fett, FNP-BC, Triage Nurse Practitioner, Vista Hill SmartCare Behavioral Healthcare Consultation Services</i>
3:00 – 3:30 PM	<b>Break and Visit Exhibits and Bookstore</b>
3:30 – 5:00 PM	<b>Breakout Session D</b>
<b>D-1</b> CE IF-ECMH G	<b>HOPE Framework – Local HOPE Educators</b> <i>Aimee Zeitz, LMFT, Director of Strategic Advancement, Lori Clarke, MA, Co-Director, Social Policy Institute, San Diego State University, Lodia Ruiz, MPA, Integrated Learning Developer, Community Support Services, YMCA of San Diego County, Kimberly Giardina, DSW, MSW, Director, Child and Family Well-Being (CFWB), County of San Diego Health and Human Services Agency, and Brandi Paniagua, MAEd, Coordinator and Trainer, Partners in Prevention, Community Support Services, YMCA of San Diego County</i>
<b>D-2</b> CME/CE IF-ECMH A, F	<b>{Live + Virtual} PCIT with Toddlers (PCIT-T)</b> <i>Emma Girard, PsyD, Licensed Clinical Psychologist and Assistant Clinical Professor, UC Riverside School of Medicine</i>
<b>D-3</b> CE IF-ECMH A, F	<b>Hope in Action – Family First Prevention Services Act (FFPSA) Pilot Programs</b> <i>Jennifer Cannell Pyle, MSW, Child Welfare Specialist Supervisor, ICF, Inc., Michelle Favela, Program Director, First 5 First Steps, SBCS, Cheryl Rode, PhD, Vice President of Clinical Operations, San Diego Center for Children, and Martha Ramirez, LMFT, LPCC, Clinical Program Manager, Lifeline Community Services</i>
<b>D-4</b> CME/CE IF-ECMH A, E, F	<b>{Live + Virtual} Trauma Specific Interventions: What Do We Need to Do? - Part 2</b> <i>Julie Alley, PsyD, Clinical Improvement Coordinator, Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Ansley Curtis, LMFT, Trauma Therapist, Iliana Giudici, LMFT, Trauma Therapist, Chadwick Center for Children and Families, Rady Children's Hospital and Jeff Rowe, MD, Child Psychiatrist</i>
<b>D-5</b> CE IF-ECMH A	<b>Caring for the Trauma Responsive Educator ~ In English (Repeated in C-5 in Spanish)</b> <i>Vanessa Arcinas, MA, Early Education Quality Improvement Rater/Trainer, and Rina Napitan, Early Education Quality Improvement Support Coach, San Diego County Office of Education</i>



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**Conference Schedule: Saturday September 30, 2023**

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**Up to 16.25 Contact Hours CME/CE (depending upon which sessions you attend)**

09/21/2023  
 SUBJECT TO CHANGE

7:30 – 8:00 AM	<b>Live Registration Open</b>
8:00 – 8:30 AM CME/CE IF-ECMH G	<b>Opening Remarks and Setting the Stage</b> <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</i>
8:30 – 9:45 AM CME/CE IF-ECMH D, G	<b>HOPE in Action – What You Need to Know About Building a Team Approach</b> <i>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine</i> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine</i>
9:45 – 10:15 AM	<b>Break and Visit Bookstore</b>
10:15 – 11:45 AM CME/CE IF-ECMH D, F, G	<b>HOPE in Action – The Team Approach: A Hands-on Experience in Interactive, Multidisciplinary Case Planning</b> Attendees will participate in small groups to dialogue around case studies bringing HOPE into Action.
11:45 – 12:15 PM CME/CE IF-ECMH G	<b>Putting It All Together and Moving Ahead</b> <i>Jeff Rowe, MD and Robert Sege, MD, PhD, FAAP</i>