



PEDIATRIC CARE • SUPPORTING • PARENTING
A Program of ZERO TO THREE

HealthySteps Logic Model

HealthySteps transforms the promise of pediatric care to improve the health and well-being of babies and young children so that they thrive in school and life. We set the standard by integrating a child development specialist into the primary care team to promote healthy relationships, foster positive parenting, strengthen early social and emotional development, and ensure access to services that address both child and family needs, with a particular emphasis on families living in low-income communities.

INPUTS

- HealthySteps Specialist (HSS), families, Physician Champion, and clinic staff, all working as a team
- Training, technical assistance, and ongoing professional development from the National Office
- Diverse funding streams

APPROACH

- Preventive
- Family-centered
- Strengths-focused
- Interdisciplinary
- Relationship-based
- Culturally & linguistically attuned
- Well-coordinated

CORE COMPONENTS (SERVICES)

TIER 1. UNIVERSAL SERVICES

- ✓ Child developmental, social-emotional & behavioral screening
- ✓ Screening for family needs (i.e., maternal depression, other risk factors, social determinants of health)
- ✓ Child development support line (e.g., phone, text, email, online portal)

TIER 2. SHORT-TERM SUPPORTS (mild concerns)

- All Tier 1 services plus...
- ✓ Child development & behavior consults
 - ✓ Care coordination & systems navigation
 - ✓ Positive parenting guidance & information
 - ✓ Early learning resources

TIER 3. COMPREHENSIVE SERVICES (families most at risk)

- All Tier 1 & 2 services plus...
- ✓ Ongoing, preventive team-based well-child visits (WCV)

KEY OUTPUTS

- Number of screenings for child/family concerns
- Number of support line inquiries
- Number of developmental & behavioral consults
- Number of preventive team-based WCV
- Number of referrals to needed services
- Number of families receiving positive parenting guidance & early learning resources



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HealthySteps positively affects both children and their families. Many of the outcomes listed below were demonstrated in a large national evaluation, whereas others were indicated in local evaluations or other published research. The National Office continues to assess and refine our understanding of the model's outcomes today. To learn more, visit HealthySteps.org.

