



Speaker Biographies

14th Annual ECMH Conference – We Can't Wait!
Re-Imagining Prevention and Early Intervention in Communities of Hope

September 28-30, 2023

Hybrid Event ♦ Town and Country Hotel, San Diego, CA ♦ Online



ECMH 2023 Speaker Biographies

Speaker and Session

Biography

Julie Alley, PsyD



Friday, 1:30 PM Breakout C-4
Friday, 3:30 PM Breakout D-4

Julie Alley is a licensed clinical psychologist and Clinical Improvement Coordinator/Supervisor on the Trauma Counseling Team at Chadwick Center, Rady Children's Hospital San Diego, where she has worked since 2005. The Trauma Counseling Team provides trauma-focused counseling services to children, adolescents, and adults who have experienced sexual abuse, physical abuse, neglect, violence, and other types of traumas. Program therapists offer individual, dyadic, and conjoint/family therapy, drawing from a range of treatment modalities and lenses, including Trauma Assessment Pathway Model, Child-Parent Psychotherapy, Parent-Child Interaction Therapy, Trauma-Focused Cognitive Behavioral Therapy, Play Therapy, and Attachment Theory. In addition to providing regular individual and group supervision to the team, Julie is currently training staff in Parent-Child Interaction Therapy. Other important experiences have included being a member of the Sexual Abuse Response Team review committee, providing group curriculum in Juvenile Hall setting, and working for San Diego's Health and Human Services Agency as a Protective Services worker.

Vanessa Arcinas, MA



Friday, 3:30 PM Breakout D-5

Vanessa Arcinas serves as an Early Education Quality Rater/Trainer with the San Diego County Office of Education. Her previous experience includes coaching preschool teachers through the Quality Preschool Initiative, and teaching in early education classrooms with children ages 0-5 in programs ranging from university-based to parent cooperatives. She is passionate about child development, learning through play, and the well-being of educators and children. Vanessa holds a BA in Psychology with a minor in Applied Developmental Psychology from UCLA, and an MA in Early Childhood Education from Loyola Marymount University. Her family includes her partner (married eight years), a preschooler and a second grader, and a dog named Arwen.

Denise Camargo, MS



Friday, 1:30 PM Breakout C-5

Denisse Camargo is an Early Education Quality Improvement Support Coach with the San Diego County Office of Education, where she provides coaching and professional development to early education program leaders and teachers in support of quality improvement. She has over 18 years of experience working in various roles within the early education field. When she is not working with educators, Denisse enjoys spending time at the beach with her husband and three amazing sons.

Mark Chenven, MD



Friday, 1:30 PM Breakout C-6

Mark Chenven, MD is a board certified child psychiatrist who is Executive Medical Director for Vista Hill Foundation and a Clinical Professor for the University of California San Diego's Department of Psychiatry. He also serves in a number of consulting and advisory roles: Chief Psychiatric Consultant for Village of Childhelp, USA, Beaumont, CA; Chief Psychiatric Consultant, Fred Finch Youth Center, San Diego, CA; Child-Adolescent-Family Forensic Psychiatry Consultant; and Lecturer in Child and Adolescent Psychopharmacology, University of San Diego, Psychiatry Mental Health Nurse Practitioner Training Program. Dr. Chenven is also President and CEO of Resources Sharing Psychiatric Medical Group.

Speaker and Session

Biography

Lori Clarke, MA, MFT



Friday, 3:30 PM Breakout D-1

As Director/Co-Principal Investigator of the Social Policy Institute at San Diego State University, Lori brings innovation and excellence to design, development and facilitation of transformational insight and action among cross-sector partners. Throughout her career she has infused hope and progress into statewide and local initiatives focused on child, family and community wellness. Lori helped develop and later facilitated the California Child Welfare Council's Prevention and Early Intervention Citizen Review Panel. Earlier, after serving as the lead facilitator for California's Child Welfare Services Redesign that brought Differential Response to California, she helped design the California Evidence-Based Clearinghouse for Child Welfare and continues to provide training, consultation, and facilitation statewide and nationally on a wide range of health and human services issues.

Ansley Curtis, LMFT



Friday, 1:30 PM Breakout C-4
Friday, 3:30 PM Breakout D-4

Ansley Curtis is a Licensed Marriage and Family Therapist who works as a trauma therapist at Chadwick Center's Trauma Counseling Program, a child advocacy center that provides trauma-focused services to children, adolescents, and adults who have experienced various types of abuse and maltreatment. She received a Master of Science in Marriage and Family Therapy from Virginia Tech and has focused her clinical practice for the past seven years in working almost exclusively with children and youth with complex trauma histories and diagnoses. Ansley's specialties include attachment, trauma, early childhood mental health, and parenting. Ansley provides individual and dyadic therapy utilizing the following modalities: Theraplay, Child-Parent Psychotherapy, Parent-Child Interaction Therapy, Trauma-Focused Cognitive Behavioral Therapy, Trauma Assessment Pathway model, child-centered play therapy, and other attachment-based approaches. She also works as a lead therapist for Renova, a private practice in San Diego.

Kelly Curtis-Hughes, LMFT, RPT



Thursday, 1:30 PM Breakout A-5
Thursday, 3:30 PM Breakout B-5
Friday, 1:30 PM Breakout C-4
Friday, 3:30 PM Breakout D-4

Kelly Curtis-Hughes is a Licensed Marriage and Family Therapist, working as an early childhood mental health therapist in San Diego. She holds a Master of Science degree in Counseling with an Emphasis in Marriage and Family Therapy from San Diego State University, as well as the designation of a Registered Play Therapist. Kelly works at KidSTART, an award winning transdisciplinary Infant Family Early Child Mental Health Treatment Program at Rady Children's Hospital. The KidSTART program works with the most complex children aged 0-5 and their families. These children have a multitude of diagnostic possibilities, which include not only mental health concerns, but also developmental, medical, and/or familial complexity. Kelly provides dyadic and family therapy utilizing therapy modalities of Child-Parent Psychotherapy, Trauma Assessment Pathway model, and Parent-Child Interaction Therapy, with play therapy and attachment-based techniques.

Miriah de Matos, MPH, MA



Friday, 1:30 PM Breakout C-1

Miriah is the Training and Technical Assistance Senior Manager for the local American Academy of Pediatrics chapter. She currently oversees the training system of San Diego's Healthy Families America (HFA) multi-site system, which includes being a certified HFA Foundations for Family Support and Baby TALK curriculum trainer. Miriah is part of a team that conducts annual quality assurance site visits for First Steps and is an HFA Training Advisory Committee member and a Peer Reviewer. She holds a Master's of Public Health and two Master of Arts degrees in Bilingual Special Education and Latin American Studies.

Speaker and Session

Biography

Kristen Eberly, LCSW



Thursday, 1:30 PM Breakout A-5
Thursday, 3:30 PM Breakout B-5

Kristen Eberly is a Licensed Clinical Social Worker who works as a Mental Health Therapist specializing in peripartum mental health. Kristen provides counseling services to individuals who are navigating parenthood at Well-Mamas Family Counseling. Her specialties include perinatal mental health, trauma, parenting, anxiety disorders, life transitions, and twin parenting. While providing a connection-based approach to therapy, she blends evidence-based support (EMDR, CBT, and others) with authenticity, trust, and collaboration to treat anxiety, depression, trauma, grief, and life stressors. Kristen also has clinical experience as an Early Childhood Mental Health Therapist working with children, ages birth to five years old, and their families. She blends this experience into therapy by providing support to navigate parenting triggers and supporting the parent-child relationship. Kristen's unique experience with perinatal mental health and early childhood mental health provides parents the opportunity to name, normalize, understand, and navigate the challenges in parenting.

Michelle Favela, BPsy



Friday, 3:30 PM Breakout D-3

Michelle Favela has served the last 10 years in Healthy Families America's First 5 First Steps program, including the last three as Program Director with SBCS. She guides the program as it focuses on enhancing the lives of children and their families through support, education, and empowerment. Her strategic vision and collaboration with diverse community partners have resulted in enhanced services for underserved populations and assistance for families in accessing additional community resources to meet their needs, including early intervention services. After receiving her bachelor's in psychology from Universidad Autónoma de Baja California, Michelle began her career working with at-risk youth by providing a safe environment with access to therapeutic services. She later transitioned to early intervention services for children 0-5 years. Michelle's motivation in this field comes from seeing families grow and thrive, allowing our younger generation to have great beginnings in order to reach their full potential.

Shirley Fett, FNP-BC, RN, MSN



Friday, 3:30 PM Breakout C-6

Shirley Fett is a Nurse Practitioner at Vista Hill, working in four programs: SmartCare Behavioral Health Consultation Services, Parent Care, SmartCare Care Coordination, and SmartCare Rural. Shirley interacts with teams of psychiatrists, licensed therapists and behavioral health educators. She provides consultation services via phone, telemedicine and in person regarding management of behavioral health concerns for pediatricians and primary care providers. Her functions include medication management, referral linkage to community resources and agencies, and assisting with staff and community training in behavioral health issues. She has extensive knowledge of ASD (Autism Spectrum Disorder) and created the Current Topics in Autism lecture series offered as an online lecture for the community, including providers and families. Shirley is the co-editor of a weekly electronic educational newsletter sent to over 500 primary care providers in San Diego County. She is also a consultant for Rady Children's Hospital IHT (Integrated Health Therapist) project on children needing developmental services through Vista Hill's Behavioral Health Care Coordination.

Speaker and Session

Biography

LaTysa Flowers, AS, AA, FSS



LaTysa Flowers is the Family Support Discipline Director for the California Leadership Education in Neurodevelopmental and related Disabilities (CA-LEND) and serves as Affiliate Discipline Faculty for Family Support in the SD-LEND (San Diego) program. LaTysa is employed with the YMCA of San Diego County as Association Director of Diversity Inclusion and Belonging and is currently studying Education, Society, and Human Development at the University of California, Riverside. Her life's work consists of efforts in reducing inequities and bias in education, eliminating the preschool to prison pipeline, and building the capacity of adults and caregivers to meet the needs of our most vulnerable populations through education and training.

Friday, 1:30 PM Breakout C-2

Kimberly Giardina, DSW, MSW



Dr. Kimberly Giardina is the Director for the Child and Family Well-Being Department with the San Diego County Health and Human Services Agency. She has a Doctor of Social Work from the University of Southern California and a Master of Social Work from San Diego State University. She has been in the field of child welfare for 23 years and has consulted on child welfare issues at the national, state, and local levels. Dr. Giardina is leading the transformation of the child welfare system in San Diego into a child and family well-being system. The vision is to improve coordination, communication and partnership between family-serving organizations to help strengthen families and communities so that fewer children experience abuse and neglect. Her passion is to improve policy and practice issues within the child welfare system so that it works best for the children and families it serves.

Friday, 11:15 AM Keynote
Friday, 3:30 PM Breakout D-1

Pradeep Gidwani, MD, MPH, FAAP



Pradeep Gidwani, MD, MPH, FAAP, is a pediatrician and community health leader focused on creating systematic solutions and changes to improve the lives of children and their families. Currently, he works at American Academy of Pediatrics, California Chapter 3, San Diego and Imperial Counties (AAP-CA3) on a team that provides Countywide Coordination and Support for two large scale community initiatives: Healthy Development Services and First Step Home Visiting funded by First 5 San Diego. In the last 15 years, these communitywide programs have reached over 330,000 children and their families. Dr. Gidwani is a Past President of AAP-CA3, serves on numerous community advisory boards, and is a member of the Board of Governors at the San Diego Foundation.

Thursday, 1:30 PM Breakout B-1

Emma I. Girard, PsyD



Emma I. Girard, PsyD, is a Licensed Clinical Psychologist in private practice, Assistant Clinical Professor of Psychiatry at the University of California Riverside School of Medicine, and Evidence-Based Practice lecturer for Georgetown University. Dr. Girard is a certified TF-CBT (Trauma-Focused Cognitive Behavioral Therapy) clinician and Global Trainer with Parent-Child Interaction Therapy International. She disseminates PCIT (Parent Child Interaction Therapy) to 16 treatment labs throughout Riverside County, and disseminates Teacher-Child Interaction Training (TCIT) for school educators. Her passion for infant and early mental health has led to co-developing and publishing *PCIT with Toddlers*. Dr. Girard is a prolific international presenter, appearing in Australia, Norway, Japan, Korea, Portugal and throughout the United States. Her passion to include clinical experience within community-based organizations to inform research practices has produced significant collaborations with Mayo Clinic, West Virginia University, and the University of California Davis. When not at the office Dr. Girard loves travel, dance and a glowing campfire outdoors.

Friday, 3:30 PM Breakout D-2

Speaker and Session

Biography

Iliana Giudici, LMFT



Friday, 1:30 PM Breakout C-4
Friday, 3:30 PM Breakout D-4

Iliana Giudici is a therapist in the Trauma Counseling program at the Chadwick Center for Children and Families, Rady Children's Hospital San Diego. She specializes in assessment and treatment of young children and their primary caregivers with an emphasis on mitigating the impacts of adversity and strengthening the attachment relationship. She provides dyadic treatment of early childhood trauma, including exposure to domestic violence, physical/sexual/emotional abuse, neglect, medical trauma, exposure to caregiver substance abuse and intoxication, and disrupted attachment. Iliana also provides dyadic treatment for young children and their primary caregivers to address disruptive, oppositional, and defiant behaviors, mood disorders, and parenting needs. She collaborates with daycare providers, occupational and speech therapists, Child Welfare Services, and other community partners and professionals to coordinate holistic care.

Eric Hekler, PhD



Thursday, 1:30 PM Breakout A-3

Dr. Eric Hekler, PhD, is Professor and Associate Dean, Community Partnerships, and Director of the T32 Training on Advanced Data Science for Social and Behavioral Science, in the Herbert Wertheim School of Public Health and Human Longevity Science at the University of California San Diego (UCSD); the Director of the Center for Wireless and Population Health Systems within the Qualcomm Institute at UCSD; and Director of the Design Specialization within the Design Lab at UCSD. Eric is a transdisciplinary researcher, educator, and practitioner who works at the intersection of public health (primary affiliation), health psychology (original training), design, and control systems engineering. His mission is to advance methods and processes that equitably serve people and practice towards a more vital, just, and resonantly diverse society and planet. He has played an integral role in creating new transdisciplinary educational opportunities and programs at UCSD, and is an active public health practitioner in the San Diego region. He is recognized internationally as an expert in applied health science methods and digital health.

Margarita Holguin, MPA



Thursday, 1:30 PM Breakout A-3

Margarita Holguin, MPA, is the founding Chair of San Diego County Promotores Coalition and founder of the annual Adelante Promotores Conference. She developed San Diego's first Promotores Academy in 2009 and has trained hundreds of community health workers (CHWs)/Promotores. Margarita currently oversees various Promotores/CHWs community education and deployment services in San Diego County and has successfully led Resident Leadership Academies. For 13 years, Margarita was the Executive Director for Chula Vista Community Collaborative, where she developed community programs and initiatives in support of at-risk populations. She dedicated more than 20 years of service to the County of San Diego Health and Human Services Agency, where she last served for six years as an Assistant Deputy Director.

Margarita is the founder of Consulting Solutions, serving as a national/international consultant, and is also a National Diabetes Prevention Program–certified coach. She developed San Diego County's CHW training and a CHW Health Services Academy and oversees community outreach programs utilizing the Promotora model, meeting with residents to build individual and community capacity to improve health equity. Margarita received a bachelor's degree in management and organizational development, graduating magna cum laude, and also has a master's degree in Public Administration. She was named 2017 Latina of the Year by the Adelante Mujer Conference.

Speaker and Session

Biography

Precious Jackson-Hubbard, EdD



Friday, 1:30 PM Breakout C-2

Precious is currently a middle school principal in a large urban district in California. She has been an educator for 17 years, serving students and families K-12 as a teacher, mentor, administrator, professional developer, and guest speaker. Precious serves on the executive boards for San Diego Youth Services and the National Sorority of Phi Delta Kappa, Inc. She is a member of the San Diego Inclusive Excellence in K-12 Education Planning Committee and is a founding tri-chair of the annual Birth of Brilliance Conference, which focuses on racial equity in children's behavioral health services, medical care, juvenile justice, education, and developmental services. Precious has extensive training in restorative practices, trauma-informed care and educational best practices that benefit students and families from marginalized communities. She is a doctoral graduate of San Diego State University and a Howard University graduate. She is the recipient of several awards and recognitions for her leadership and work in education. She is also a proud wife and mother.

Allison Jobin, PhD. BCBA-D



Thursday, 3:30 PM Breakout B-2

Allison Jobin, PhD, BCBA-D, is an Assistant Professor in the Department of Psychology at California State University San Marcos (CSUSM) and investigator at the Child and Adolescent Services Research Center (CASRC). She is also a licensed clinical psychologist and doctoral-level board certified behavior analyst. Her research focuses on treatment and supports for children with autism and their families, and the effective delivery of evidence-based practices in community settings. Among her interests are the examination of strategies to promote the delivery of high-quality interventions in usual care, and adaptations to improve fit within varied contexts. She has expertise in the delivery, supervision, and training of others in evidence-based practices for autism, with a particular focus on parent-mediated treatment and naturalistic developmental behavioral interventions. Prior to joining CSUSM, Dr. Jobin spent many years at Rady Children's Hospital and the University of California San Diego, where she gained practical experience moving evidence-based practices for autism into the community.

Alyssa Label, LMFT



Friday, 1:30 PM Breakout C-6

Alyssa Label, LMFT, is the Program Director for Vista Hill SmartCare Behavioral Healthcare Consultation Services where she teams with psychiatrists, licensed therapists, associate therapists, parent educators and nurse practitioners. She has fostered strong stakeholder relationships with the San Diego primary care community and mental health services, and has presented trainings for the San Diego provider community on topics of mental health and integrated healthcare. Alyssa has conducted multiple San Diego County endorsed research pilots to assess effectiveness of screening tools as well as prevention and resilience interventions. She provides group, dyadic, and individual supervision and clinical consultation, and has served as a representative of Vista Hill SmartCare at conferences and community events.

Speaker and Session

Biography

Teresa Lind, PhD



Thursday, 3:30 PM Breakout B-2

Teresa Lind, PhD, is an Assistant Professor in the Department of Child and Family Development at San Diego State University. She received her AB from Harvard College in History and Slavic Languages and Literatures, her MA from Boston University in Psychology, and her PhD in Clinical Science from the University of Delaware. Dr. Lind's research interests focus on the effects of early adversity (such as child maltreatment, foster care, and institutionalization) on the development of emotional, physiological, and behavioral regulation capabilities in young children. In addition, she is interested in the dissemination and implementation of evidence-based practices to enhance parenting and to address child difficulties in these at-risk populations. Dr. Lind is also leading new research aiming to reduce burnout and turnover among therapists delivering childhood trauma evidence-based practices.

Lisa Linder, PhD



Thursday, 3:30 PM Breakout B-2

Lisa Linder, PhD, is a licensed Clinical Psychologist and Professor of Child and Family Development at San Diego State University. She is the founder and director of the Healthy Early Years Clinic that provides specialized mental health services to children and families prenatal to 8 years old. She is also co-director of the Center for Excellence in Early Development (CEED), a transdisciplinary, research-based, training facility with a holistic approach to supporting early childhood development, mental health, and education. She has worked extensively in a clinical setting with children experiencing severe social, emotional, and behavioral disorders. She has also interacted with educational agencies through early childhood mental health consultation to better support young children presenting with challenging behaviors and with a history of adverse childhood experiences. Dr. Linder's research examines mental health and trauma in educational settings and educator professional development, the enhancement of cultural humility and reflective capacity of early childhood mental health professionals and educators, and the assessment of the impact of technology on young children's early development, regulation, and relationships.

Melanie Morones, LMFT



Friday, 3:30 PM Breakout C-3

Melanie Morones, LMFT, ATR, ECMHS, began her career in early childhood mental health in south central Los Angeles providing intensive mental health services to youth and their families. Concurrently she was holding a role as a facilitator in the Early Intervention Training Institute where she was selected to be in the first cohort to complete and join the rosters of the CPP (Child Parent Psychotherapy) family. Melanie enjoys facilitating training and conversations to support reflective practice, program development and ensure youth and families receive appropriate trauma-informed care. She holds an adjunct faculty position at Loyola Marymount University, providing group and individual Clinical Art Therapy supervision to emerging providers within the graduate program. Melanie is the Clinical Social Services Program Director at the YMCA San Diego. Hailing from the smallest of rural towns in the White Mountains of Arizona, she is well versed in seeing the impact of racial (and other) inequities on youth and families. Her roots, combined with intentionally sought diverse professional experiences, have cultivated a frame of compassionate curiosity and cultural reverence that is the foundation of both her clinical work and approach to life.

Speaker and Session

Biography

Maria Muzik, MD, MSc



Thursday, 8:45 AM Keynote
Thursday, 10:45 AM Keynote
Thursday, 1:30 PM Breakout A-2

Maria Muzik, MD, MSc, is a Professor of Psychiatry and Obstetrics and Gynecology at the University of Michigan. She holds a medical degree from University of Vienna, Austria, and completed residency in psychiatry both at University Hospital in Vienna and Michigan. She also holds a master's degree from the University of Michigan School of Public Health. She is the Medical Director of Perinatal and Reproductive Psychiatry at Michigan Medicine, and of MC3 Perinatal, the state-wide perinatal psychiatry access program for primary care. At Michigan Medicine, Dr. Muzik co-directs Zero to Thrive. She also co-developed the Strong Roots™ programs, a menu of resiliency-oriented interventions. Her research work focuses on the impact of adversity and mental illness in the context of childbearing on caregiving and the developing parent-child relationship, and how to support families in overcoming psychological and environmental adversity. She is well published, and her work is funded by federal and foundational awards.

Victorina Napitan, BA



Friday, 3:30 PM Breakout D-5

Victorina is an Early Education Quality Improvement Support Coach at the San Diego County Office of Education. Her passion for helping children and families overcome life's challenges has led her to pursue a career in the Child and Family Development field. She believes that every child deserves the best possible start in life, and she is committed to supporting the early childhood workforce to provide quality care for them. Highly dedicated to expanding her knowledge and expertise in this field, she strives to be the most effective advocate for children and families. Apart from working, she enjoys various leisure activities, including hiking, reading, and spending quality time with her loved ones.

Sarah Nolan, MA



Thursday, 3:30 PM Breakout B-4

Sarah Nolan serves as the HealthySteps and Healthy Development Services, North Coastal Manager at Rady Children's Hospital San Diego. She has supported young children and their families for more than a decade, beginning as a HealthySteps Specialist in a small rural community in Northern Arizona. It was during this time that she grew to understand the tremendous impact of early intervention and prevention, as well as the power of relationships. Sarah holds a Bachelor's degree in Psychology from Northern Arizona University and a Master's degree in Psychology from San Diego State University. She lives in Carlsbad with her husband and four children.

Liliana Osorio, MPH



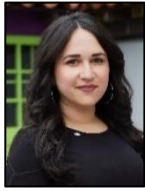
Thursday, 1:30 PM Breakout A-3

Liliana Osorio is a Project Manager at the University of California San Diego Center for Community Health, which supports the San Diego County Childhood Obesity Initiative and the HEALthy 4 You Project. Prior to UC San Diego, Liliana was the Director of the Health Initiative of the Americas (HIA) at the University of California Berkeley's School of Public Health, where she led several projects to improve the health and well-being of Latino immigrants, managed several campaigns targeting Spanish-speaking Latinos on different health topics, co-developed publications and manual trainings for Community Health Workers, and was the main editor of the *English – Spanish Dictionary of Health-Related Terms*. Liliana is the co-instructor of a graduate course on Migration and Global Health at San Diego State University, is a member of the San Diego County Promotores Coalition, and serves as a member of the Board of Directors of Champions for Health. Liliana received her Bachelor's degree in Social Communication and Journalism in Colombia, and her Master's in Public Health at San Diego State University.

Speaker and Session

Biography

Brandi Paniagua, MAEd



Brandi Paniagua is currently a Coordinator and Trainer with Partners in Prevention, a community-based grant program that is stewarded by the YMCA of San Diego County's Childcare Resource Service. She has a passion for education and equity and has pursued education as her focus in higher learning. As a lifelong San Diegan, she is devoted to community re-investment, social and educational equity, family voice and choice, shared language, and prioritizing the dignity of all people.

Friday, 3:0 PM Breakout D-1

Aisha Pope, LCSW



Aisha Pope is a Licensed Clinical Social Worker (LCSW) who serves as the Director of Foster Care Services at San Diego Center for Children where she oversees clinical operations at the Foster Family Agency Stabilization and Treatment (FFAST) and San Pasqual Outpatient Treatment (SPOT) Programs. Aisha is Certified as a Healthy Outcomes from Positive Experiences (HOPE) Trainer, and a Positive Discipline Lead Trainer. She is one of the authors of the *Positive Discipline Tools for Kids* Social Emotional Learning program which includes a set of tool cards and a guidebook that teach Positive Discipline self-management tools to children. She sits on the boards of the Positive Discipline Association and the California Association for Infant Mental Health (CalAIMH), and is a founding tri-chair of the annual Birth of Brilliance Conference which focuses on racial equity in children's behavioral health services, medical care, juvenile justice, education, and developmental services.

Friday, 1:30 PM Breakout C-2

Ariane Porras, BSW



Ariane Porras holds a BSW with a minor in Psychology and is an advanced level student of Somatic Experiencing. She has worked as an Early Childhood Mental Health consultant, promoting social development foundations, and with Kinship families facilitating support groups. In her current role as Program Director of Community and Partner Engagement at the YMCA San Diego Childcare Resource Service, she leads teams and informs the public on primary prevention frameworks, trauma-Informed care and culturally responsive practices. Her experience working with the end cap populations of our society has greatly contributed to her passion for equipping caregivers and social service professionals in San Diego, as it has provided a full scope of how trauma affects the entire family system and how responsive relationships are key to healing each other and in turn our communities.

Thursday, 3:30 PM Breakout B-6
Friday, 1:30 PM Breakout C-1

Jennifer Cannell Pyle, MSW



Jennifer Cannell Pyle, MSW, is a project manager with more than 25 years of diverse social work, supervisory, and leadership experience. She specializes in change management and implementation, capacity building, training, and best practices relevant to the field of child welfare to support children, young adults, and families in achieving safety, permanency, and well-being. Her experiences include implementing and managing a residential safe house program for women and children escaping intimate partner violence; working as a child welfare caregiver in a rural jurisdiction where she was responsible for lateral case management; and serving as the executive director of a nonprofit community-based organization providing substance abuse and behavioral health services. For the past 15 years, Jennifer has been focused on providing technical assistance to jurisdictions across the country with a focus on supporting change and implementation, curriculum and tool development, training delivery, and coaching.

Friday, 3:30 PM Breakout D-3

Speaker and Session

Biography

Fareshta Quedeas, MD



Fareshta Quedeas, MD, is a Program Supervisor at the San Diego Refugee Community Coalition, a collective of ethnic-community based organizations (ECBOs) in San Diego County providing essential services to low-income refugee families, collectively serving thousands of some of San Diego's most under-resourced residents. Fareshta received her MD from Kabul Medical University in Kabul, Afghanistan and served as a psychosocial counselor (therapist). She developed curriculums, conducted trainings, translated many training sessions, treated psychosocial mental health cases, managed several mental health projects, and worked as the CEO of an international mental health organization.

Thursday, 1:30 PM Breakout A-3

Martha Ramirez, LMFT, LPCC



Martha Ramirez is a licensed marriage and family therapist and professional clinical counselor who has provided individual, group, and family therapy for the last 8 years. She is a Clinical Supervisor, currently overseeing the SHINE program utilizing the evidence-based model Functional Family Therapy, and has experience as a domestic violence (DV) facilitator. Martha is passionate about providing services to at-risk youth and their families and strives to create an environment where clients and staff will feel safe and work together.

Friday, 3:30 PM Breakout D-3

Cheryl Rode, PhD



Cheryl Rode, PhD, is Vice President of Clinical Operations for the San Diego Center for Children. She completed her doctorate in Clinical Psychology at West Virginia University, where she specialized in working with children, teens, and families. She completed her clinical internship training at the University of California San Diego Department of Psychiatry and her postdoctoral fellowship at UC San Diego and Rady Children's Hospital San Diego. Dr. Rode spent 12 years as a member of the Psychology Service at Sharp Mesa Vista Hospital as staff psychologist for the child and adolescent programs, and as the Assistant Training Director of Sharp's APA accredited psychology internship and fellowship programs. She is passionate about ensuring that children and families have access to high quality, effective behavioral health care, and to improving the quality of life for children with behavioral and emotional challenges.

Friday, 3:30 PM Breakout D-3

Kate Rosenblum, PhD



Dr. Kate Rosenblum, PhD, ABPP, IMH-E® is a clinical psychologist and Professor of Psychiatry, Pediatrics, and OB/GYN at the University of Michigan, where she co-directs Zero to Thrive (www.zerotothrive.org), a program aimed at promoting the health and resilience of families from conception through early childhood, utilizing research, training, service, and community partnership. Dr. Rosenblum directs the UM Infancy and Early Childhood Psychiatry Clinic, and is one of the developers of the Strong Roots™ programs, including Mom Power, Fraternity of Fathers, and Perinatal DBT. Dr. Rosenblum is an Academy Fellow with ZERO TO THREE and a past president of the Board of the Alliance for the Advancement of Infant Mental Health. She has published 150+ articles, her research focusing primarily on prevention and intervention to promote equity and resilience among families with young children who have faced adversity.

Thursday, 8:45 AM Keynote
Thursday, 10:45 AM Keynote
Thursday, 1:30 PM Breakout A-2

Speaker and Session

Biography

Jeff Rowe, MD



Dr. Rowe is a child and adolescent psychiatrist who has been working in the field of Early Childhood Mental Health for the past 25 years. He retired from the County of San Diego and the University of California San Diego in 2018, but continues to teach, consult, and practice psychiatry in San Diego. He specializes in the assessment and treatment of very young children, traumatized children, and children with complicated conditions.

Thursday, 1:30 PM Breakout A-1
Friday, 8:30 AM Welcome
Friday, 1:30 PM Breakout C-4
Friday, 3:30 PM Breakout D-4
Saturday, 8:00 AM Welcome
Saturday, 11:45 AM Session

Lodia Ruiz, MPA



Lodia Ruiz holds a Master's degree in public administration with a specialty in organizational leadership. She has over 20 years of combined experience in non-profit direct services and program management, providing leadership to diverse communities impacted by trauma and adverse community experiences. Lodia currently is the Integrated Learning Systems Director of Community Support Services (CSS) for YMCA of San Diego County and is responsible for supporting staff learning and integration of social service delivery best practices, including relationally-responsive, trauma-informed and strengths-based approaches.

Friday, 1:30 PM Breakout D-1

Robert Sege, MD, PhD, FAAP



Robert Sege, MD, PhD, is an attending Pediatrician at Tufts Children's Hospital and a Professor of Pediatrics and Medicine at Tufts University School of Medicine, where he directs the Center for Community-Engaged Medicine. He is a Senior Fellow at the Center for the Study of Social Policy in Washington, is part of the Leadership Action Team for Massachusetts Essentials for Childhood Team, and serves on the boards of the Massachusetts Children's Trust and Prevent Child Abuse America. Dr. Sege received the 2019 Ray E. Helfer award from the Alliance of Children's Trusts and the American Academy of Pediatrics. He has served on national committees for the American Academy of Pediatrics (AAP) and has been lead author on several important AAP policies. His extensive speaking and publication list includes contributions to the prevention and treatment of child maltreatment and youth violence. He is a graduate of Yale College, received his PhD in Biology from MIT, and his MD from Harvard Medical School. He lives in the Boston area, where he and his wife Karen have raised three young adult children.

Friday, 8:45 AM Keynote
Friday, 10:00 AM Keynote
Friday, 1:30 PM Breakout C-1
Saturday, 8:30 AM Keynote
Saturday, 10:15 AM Session
Saturday, 11:45 AM Session

Speaker and Session

Biography

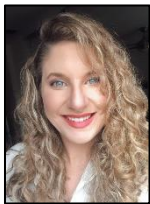
Liz Sizemore, MA, AMFT, AT



Friday, 1:30 PM Breakout C-3

Liz Sizemore is a Family Therapist at the San Diego Center for Children, FFAST (Foster Family Agency Stabilization and Treatment) Program, where she manages a maximum caseload for foster youth and their families. She is responsible for assessment, diagnosis, treatment planning, and individual and family therapy, and develops and provides art therapy groups for foster youth and families. She received her Master of Arts in Marital and Family Therapy/Art Therapy from Loyola Marymount University and, among other certifications, she is trained in IPV/DV (Intimate Partner Violence/Domestic Violence), TFCBT (Trauma-Focused Cognitive Behavioral Therapy), LGBTQA+ Affirming Care, and Play Therapy Complex Diagnosis. Liz has provided the trainings “Art in Therapy” and “Direct Services: From an Art Therapy Lens and Building Connection Through Art.”

Brettney Stanley, BS



Thursday, 1:30 PM Breakout A-4

Brettney Stanley has been an Early Education Quality Improvement Support Coach with the San Diego County Office of Education (SDCOE) for the last five years. She provides coaching and technical assistance to early education program leaders to help them build sustainable, high-quality practices, as well as professional development for early learning and care providers across San Diego County. Prior to SDCOE, Brettney spent nine years in the field of early education as a preschool teacher, mentor, and program manager. She is passionate about supporting authentic learning for all children and holds an Early Childhood Social-Emotional and Behavioral Intervention Specialist Graduate Certificate and a BS in Child and Family Development from San Diego State University.

Denise VonRotz, LMFT, RPT-S



Thursday, 1:30 PM Breakout A-6

Denise VonRotz is a Licensed Marriage and Family Therapist and Registered Play Therapist Supervisor (RPT-S) working with children and families in private practice. She holds endorsement as an Infant-Family and Early Childhood Mental Health Specialist (IF-ECMHS) as well as a Reflective Practice Facilitator II (RPF II) through the California Center for Infant-Family and Early Childhood Mental Health. In addition to private practice, Denise provides reflective supervision for individuals and groups in non-profit agencies and has provided trainings and workshops in both Northern and Southern California at conferences, non-profit agencies, and community associations covering topics related to trauma and attachment for young children (ages 0-5) and their caregivers.

Babbi Winegarden, PhD, MHPE



Thursday, 3:30 PM Breakout B-3

Babbi Winegarden, PhD, MHPE, is the Behavioral Health Program Coordinator and one of the staff psychologists for the San Diego County Child and Family Well-Being (CFWB) department where she serves in a leadership role in the mental health services provided to children and families that become part of the Child Safety system. In addition, a large part of her professional role is overseeing the secondary traumatic stress initiatives at CFWB. Her clinical work has focused on the treatment of trauma, depression, anxiety, grief and loss, and rehabilitation. She also has given numerous presentations to San Diego community partners on Secondary Trauma. Dr. Winegarden received her PhD from the University of Wisconsin–Milwaukee in Clinical Psychology.

Speaker and Session

Yinxi Wu, LCSW



Thursday, 3:30 PM Breakout B-4

Biography

Yinxi Wu is a Licensed Clinical Social Worker and HealthySteps Specialist at Riverside University Health System (RUHS). She has over 10 years of clinical experience in both inpatient and outpatient medical social work care. She joined the RUHS Medical Center in 2018 as a Clinical Social Worker in the Neonatal ICU, Pediatric ICU, General Pediatrics, and Nursery. As a HealthySteps Specialist and mother of two active young children, Yinxi understands the need for families to foster healthy child development. She is passionate about building strong relationships with families and providers by working closely with pediatricians regarding care coordination so children and their families receive the best care and support. Yinxi received her Master of Social Work degree from the University of Kansas.

Aimee Zeitz, LMFT



Friday, 11:15 APM Keynote
Friday, 3:30 PM Breakout D-1

Aimee Zeitz, LMFT, has over twenty years of experience in non-profit leadership, built on a foundation of strategic partnerships and authentic collaboration. In 2017 she joined the YMCA Childcare Resource Service, a social services branch of the YMCA of San Diego County. She currently serves as the Director of Strategic Advancement, supporting programs across the agency in providing comprehensive, family-centered services, building out the YMCA “Community Connection Hub” model, and overseeing multiple early childhood mental health programs. She also serves as the Project Director for Partners in Prevention, a local collaborative effort to increase child and family well-being and prevent child abuse and neglect. Aimee attended Smith College, earning her BA in Anthropology, followed by her Master’s Degree in Marriage and Family Therapy from San Diego State University.

