



**14th Annual Early Childhood Mental Health Conference: We Can't Wait**  
**Reimagining Prevention and Early Intervention in Communities of Hope**

**Conference Schedule: Thursday, September 28, 2023**

All Times are PDT • CE Accreditation Application in Process • CME Submission as Noted

7:30 – 8:00 AM	<b>Live Registration Open</b> <b>Zoom Help Desk Open</b> – Sign in early if you have questions or need assistance!	<b>07/12/23</b> <b>Subject to Change</b>
8:00 – 8:30 AM	<b>The Deb Stolz Memorial Address and Welcoming Remarks</b> <i>Ali Freedman, PsyD, MBA, ECMH Conference Co-Chair</i>	
8:30 – 8:45 AM	<b>Break</b>	
8:45 – 10:15 AM	<b>(CME) {Zoom} Zero to Thrive - Part 1</b> <i>Kate Rosenblum, PhD, ABPP, IMH-E, Professor of Psychiatry, OB/Gyn, and Pediatrics, Co-Director, Zero to Thrive, University of Michigan and Maria Muzik, MD, MSc, Professor of Psychiatry and OB/GYN, Co-Director, Zero to Thrive, University of Michigan</i>	
10:15 – 10:45 AM	<b>Break and Exhibits</b>	
10:45 – 12:15 PM	<b>(CME) {Zoom} Zero to Thrive - Part 2</b> <i>Kate Rosenblum, PhD, ABPP, IMH-E, Professor of Psychiatry, OB/Gyn, and Pediatrics, Co-Director, Zero to Thrive, University of Michigan and Maria Muzik, MD, MSc, Professor of Psychiatry and OB/GYN, Co-Director, Zero to Thrive, University of Michigan</i>	
12:15 – 1:30 PM	<b>Lunch and Exhibits</b>	
1:30 – 3:00 PM	<b>A-1 (CME) {Zoom} Early Childhood Development</b> <i>Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services, American Academy of Pediatrics, California Chapter 3</i> <b>A-2 (CME) Zero to Thrive – Part 3</b> <i>Kate Rosenblum, PhD, ABPP, IMH-E, Professor of Psychiatry, OB/Gyn, and Pediatrics, Co-Director, Zero to Thrive, University of Michigan and Maria Muzik, MD, MSc, Professor of Psychiatry and OB/GYN, Co-Director, Zero to Thrive, University of Michigan</i> <b>A-3 Learning from Communities of Hope</b> <i>TBD</i> <b>A-4 Promoting Anti-Bias and Equity in the ECE classroom and Beyond</b> <i>SDCOE Early Education Staff</i> <b>A-5 {Zoom} Re-Envisioning High Risk Pregnancy: Supporting Families Through Pregnancy - Part 1</b> <i>Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children’s Hospital, and Kristen Eberly, LCSW, Psychotherapist, Well-Mamas Family Counseling</i> <b>A-6 (CME) Play Therapy Strategies that Everyone Can Use</b> <i>Denise Von Rotz, LMFT, RPT, IF-ECMH, RPF, Private Practice</i>	
3:00 – 3:30 PM	<b>Break and Virtual Exhibits</b>	
3:30 – 5:00 PM	<b>B-1 (CME) {Zoom} Disrupted Attachment: What Can Happen and What Can be Done? (Advanced Audience)</b> <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</i> <b>B-2 (CME) Building an Early Childhood Mental Health Workforce</b> <i>Lisa Linder, PhD, Assistant Professor, Child and Family Development, San Diego State University, and Allison Jobin, Ph.D., BCBA-D, Assistant Professor, Department of Psychology, California State University, San Marcos</i> <b>B-3 (CME) Caring for the Caregivers: Re-imagining Resilience, Wellness, and Hope</b> <i>Babbi Winegarden, PhD, MHPE, Behavioral Health Program Coordinator, Child Welfare Services, County of San Diego Health and Human Services</i> <b>B-4 (CME) Transforming the Promise of Pediatric Care Using Team-Based Well Child Visits</b> <i>Sarah Nolan, Program Manager, HealthySteps, Rady Children's Hospital, Yinxi Wu, LCSW, HealthySteps, Riverside University Health System, and Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services, American Academy of Pediatrics, California Chapter 3</i> <b>B-5 Re-Envisioning High Risk Pregnancy: Supporting Families through Postpartum – Part 2</b> <i>Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children’s Hospital, and Kristen Eberly, LCSW, Psychotherapist, Well-Mamas Family Counseling</i> <b>B-6 {Zoom} Somatic Practice: Incorporating the Body’s Wisdom to Strengthen Community Engagement</b> <i>Ariane Porras, Program Director of Partner and Community Engagement, Child Resource Center, YMCA of San Diego County</i>	
5:00 – 7:00 PM	<b>Networking Event, Appetizers, No Host Bar</b> <b>Entertainment by The Resonators: Bruce Wexler and John January, Classic Rock</b>	



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**Conference Schedule: Friday, September 29, 2023**

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7:30 – 8:00 AM	<b>Live Registration Open</b> <b>Zoom Help Desk Open</b> – Sign in early if you have questions or need assistance!	<b>07/12/23</b> <b>Subject to Change</b>
8:00 – 8:30 AM	<b>Continuing the Dialogue</b> <i>Jeff Rowe, MD, ECMH Conference Co-Chair</i>	
8:30 – 8:45 AM	<b>Break</b>	
8:45 – 9:45 AM	<b>(CME) {Zoom} The HOPE Framework: What the Research Tells Us</b> <i>Robert Sege, Md, PhD, FAAP, Director, Center for Community-Engaged Medicine</i> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine</i>	
9:45 – 10:00 AM	<b>Break</b>	
10:00 – 11:00 AM	<b>(CME) {Zoom} HOPE in Practice</b> <i>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine</i> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine</i>	
11:00 – 11:15 AM	<b>Break</b>	
11:15 – 12:15 AM	<b>(CME) {Zoom} HOPE in Action in San Diego</b> <i>Aimee Zeitz, LMFT, Director of Strategic Advancement, YMCA of San Diego County and Kimberly Giardina, DSW, MSW, Director, Child and Family Well-Being (CFWB), County of San Diego Health &amp; Human Services Agency</i>	
12:15 – 1:30 PM	<b>Lunch and Virtual Exhibits</b>	
1:30 – 3:00 PM	<b>C-1 (CME) Building HOPE into Local Programs – HOPE Certification</b> <i>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine</i> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine, Mariah de Matos, MA, MPH, Senior Project Specialist, American Academy of Pediatrics, California Chapter 3, and Ariane Porras, Program Director of Partner and Community Engagement, Child Resource Center, YMCA of San Diego County</i> <b>C-2 {Zoom} Liberating Brilliance: Disrupting the School to Prison Pipeline</b> <i>Aisha Pope, LCSW, Director of Foster Care Services, San Diego Center for Children=FFAST, and LaTysa Flowers, CPDTC, Cultural Responsiveness and Equity Consultant, Founder of Parents Empowerment Services, Precious Jackson-Hubbard, EdD, Principal, Bell Middle School, San Diego Unified School District</i> <b>C-3 Art Therapy: Communication, Coping and Connection</b> <i>Melanie Morones, LMFT, ATR, ECMHS, Clinical Director, Early Childhood Mental Health, YMCA San Diego</i> <b>C-4 (CME) {Zoom} Trauma Specific Interventions: What Do We Need to Know? - Part 1</b> <i>Heidi Stern Ellis and Julie Alley, KidSTART Clinic and Trauma Recovery Center, Chadwick Center for Children and Families, Rady Children's Hospital</i> <b>C-5 Caring for the Trauma Responsive Educator ~ En Español (Repeated in D-5 in Spanish)</b> <i>SDCOE Early Education Staff</i> <b>C-6 (CME) Can't Find a Child Psychiatrist? The Resource for Pediatricians and Families to Help Children with Mental Health Concerns</b> <i>SmartCare</i>	
3:00 – 3:30 PM	<b>Break and Virtual Exhibits</b>	
3:30 – 5:00 PM	<b>D-1 HOPE Framework – Local HOPE Educators</b> <i>Aimee Zeitz, LMFT, Director of Strategic Advancement, YMCA of San Diego County</i> <b>D-2 (CME) {Zoom} PCIT with Toddlers (PCIT-T)</b> <i>Emma Girard, PsyD, Licensed Clinical Psychologist and Assistant Clinical Professor, UC Riverside School of Medicine</i> <b>D-3 Hope in Action – Family First Prevention Services Act (FFPSA) Pilot Programs</b> <i>Michelle Favela, Program Director, First 5 First Steps, South Bay Community Services, Cheryl Rode, San Diego Center for Children, and Martha Ramirez, North County Lifeline, (with Jennifer Cannell-Pyle or Lindsay, The ICF Project Team)</i> <b>D-4 (CME) {Zoom} Trauma Specific Interventions: What Do We Need to Do? - Part 2</b> <i>Heidi Stern Ellis and Julie Alley, KidSTART Clinic and Trauma Recovery Center, Chadwick Center for Children and Families, Rady Children's Hospital</i> <b>D-5 Caring for the Trauma Responsive Educator (Repeated in C-5 in English)</b> <i>SDCOE Early Education Staff</i> <b>D-6 R.O.O.T.E.D. + Regulated: Trauma-Informed Yoga for the ECE Classroom and Beyond</b> <i>Monica Rollins, MA, Education Manager, Vista Village</i>	



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**Conference Schedule: Saturday September 30, 2023**

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7:30 – 8:00 AM	<b>Live Registration Open</b> <b>Zoom Help Desk Open</b> – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	<b>Opening Remarks and Setting the Stage</b> <i>Jeff Rowe, MD, ECMH Conference Co-Chair</i>
8:30 – 9:45 AM	<b>(CME) HOPE in Action – What You Need to Know About Building a Team Approach</b> <b>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine</b> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine</i>
9:45 – 10:15 AM	<b>Break and Visit Exhibits</b>
10:15 – 11:45 AM	<b>HOPE in Action – The Team Approach: A Hands-on Experience in Interactive, Multidisciplinary Case Planning</b> Attendees will participate in small groups to dialogue around case studies bringing HOPE into Action.
11:45 – 12:15 PM	<b>Putting it All Together and Moving Ahead</b> <i>Jeff Rowe, MD and Robert Sege, MD, PhD, FAAP</i>

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