



**14th Annual Early Childhood Mental Health Conference: We Can't Wait**  
**Reimagining Prevention and Early Intervention in Communities of Hope**

**Conference Schedule: Thursday, September 28, 2023**

All Times are PDT • CE Accreditation Application in Process/ CME Submission as Noted

7:30 – 8:00 AM	<b>Live Registration Open</b> <b>Zoom Help Desk Open</b> – Sign in early if you have questions or need assistance!	<b>06/13/23</b> <b>Subject to Change</b>
8:00 – 8:30 AM	<b>The Deb Stolz Memorial Address and Welcoming Remarks</b> <i>Ali Freedman, PsyD, MBA, ECMH Conference Co-Chair</i>	
8:30 – 8:45 AM	<b>Break</b>	
8:45 – 10:15 AM	<b>(CME) {Zoom} Zero to Thrive - Part 1</b> <i>Kate Rosenblum, PhD, ABPP, Co-Director, Zero to Thrive, Professor, Departments of Psychiatry, OB/Gyn, and Pediatrics, University of Michigan and Maria Musik, MD, MSc., Co-Director, Zero to Thrive, Medical Director Perinatal Psychiatry Clinic, University of Michigan</i>	
10:15 – 10:45 AM	<b>Break and Exhibits</b>	
10:45 – 12:15 PM	<b>(CME) {Zoom} Zero to Thrive - Part 2</b> <i>Kate Rosenblum, PhD, ABPP, Co-Director, Zero to Thrive, Professor, Departments of Psychiatry, OB/Gyn, and Pediatrics, University of Michigan and Maria Musik, MD, MSc., Co-Director, Zero to Thrive, Medical Director Perinatal Psychiatry Clinic, University of Michigan</i>	
12:15 – 1:30 PM	<b>Lunch and Exhibits</b>	
1:30 – 3:00 PM	<b>A-1 (CME) {Zoom} Early Childhood Development</b> <i>Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services, American Academy of Pediatrics, California Chapter 3</i> <b>A-2 (CME) Zero to Thrive – Part 3</b> <i>Kate Rosenblum, PhD, ABPP, Co-Director, Zero to Thrive, Professor, Departments of Psychiatry, OB/Gyn, and Pediatrics, University of Michigan and Maria Musik, MD, MSc., Co-Director, Zero to Thrive, Medical Director Perinatal Psychiatry Clinic, University of Michigan</i> <b>A-3 Learning from Communities of Hope</b> <i>TBD</i> <b>A-4 Promoting Anti-Bias and Equity in the ECE classroom and Beyond</b> <i>TBD</i> <b>A-5 {Zoom} Re-Imagining High-Risk Pregnancy: Supporting Families Through the Pregnancy Journey - Part 1</b> <i>Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children's Hospital, and Kristen Eberly, LCSW, Psychotherapist, Well-Mamas Family Counseling</i> <b>A-6 (CME) Play Therapy Strategies that Everyone Can Use</b> <i>Denise Von Rotz, LMFT, RPT, IF-ECMH, RPF, Private Practice</i>	
3:00 – 3:30 PM	<b>Break and Virtual Exhibits</b>	
3:30 – 5:00 PM	<b>B-1 (CME) {Zoom} Disrupted Attachment: What Can Happen and What Can be Done? (Advanced Audience)</b> <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</i> <b>B-2 (CME) Building an Early Childhood Mental Health Workforce</b> <i>Lisa Linder, PhD, Sarah Garrity, EdD, San Diego State University and Ali Jobin Cal State University, San Marcos</i> <b>B-3 (CME) Caring for the Caregivers: Re-imagining Resilience, Wellness, and Hope</b> <i>Babbi Winegarden, PhD, MHPE, Behavioral Health Program Coordinator, Child Welfare Services, County of San Diego Health and Human Services</i> <b>B-4 (CME) Transforming the Promise of Pediatric Care Using Team-Based Well Child Visits</b> <i>Sarah Nolan, Program Manager, HealthySteps, Rady Children's Hospital</i> <b>B-5 Re-Imagining the Postpartum Period: Supporting Families through the Postpartum Journey - Part 2</b> <i>Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children's Hospital, and Kristen Eberly, LCSW, Psychotherapist, Well-Mamas Family Counseling</i> <b>B-6 Somatic Experiencing and Reflective Supervision: Intertwined and Complementary Practices</b> <i>Ariane Porras, Consultant and Trainer, YMCA of San Diego County, Child Resource Service</i>	
5:00 – 7:00 PM	<b>Networking Event, Appetizers, No Host Bar</b>	



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**Conference Schedule: Friday, September 29, 2023**

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7:30 – 8:00 AM	<b>Live Registration Open</b> <b>Zoom Help Desk Open</b> – Sign in early if you have questions or need assistance!	<b>06/13/23</b> <b>Subject to Change</b>
8:00 – 8:30 AM	<b>Continuing the Dialogue</b> <i>Jeff Rowe, MD, ECMH Conference Co-Chair</i>	
8:30 – 8:45 AM	<b>Break</b>	
8:45 – 9:45 AM	<b>(CME) {Zoom} The HOPE Framework: What the Research Tells Us</b> <i>Robert Sege, Md, PhD, FAAP, Director, Center for Community-Engaged Medicine</i> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine</i>	
9:45 – 10:00 AM	<b>Break</b>	
10:00 – 11:00 AM	<b>(CME) {Zoom} Building Communities of Hope</b> <i>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine</i> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine</i>	
11:00 – 11:15 AM	<b>Break</b>	
11:15 – 12:15 AM	<b>(CME) {Zoom} HOPE in Action in San Diego</b> <i>Aimee Zeitz, LMFT, Regional Director of Strategic Advancement and Project Director, Partners in Prevention</i> <i>YMCA of San Diego County, Childcare Resource Service and Kimberly Giardina, DSW, MSW, Director, Child and Family Well-Being Department (CFWB), County of San Diego Health &amp; Human Services Agency</i>	
12:15 – 1:30 PM	<b>Lunch and Virtual Exhibits</b>	
1:30 – 3:00 PM	<b>C-1 (CME) Building HOPE into Local Programs</b> <i>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine</i> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine</i> <b>C-2 {Zoom} Disrupting the School to Prison Pipeline: Is Preschool Too Early to Intervene?</b> <i>Aisha Pope, LCSW, Program Director, FFAST, San Diego Center for Children, and LaTysa Flowers, CPDTC,</i> <i>Cultural Responsiveness and Equity Consultant, Founder of Parents Empowerment Services, Precious Jackson-Hubbard</i> <b>C-3 Art Therapy: Communication, Coping and Connection</b> <i>Melanie Morones, LMFT, ATR, ECMHS, Clinical Director, Early Childhood Mental Health, YMCA San Diego</i> <b>C-4 (CME) {Zoom} Trauma Specific Interventions: What Do We Need to Know? - Part 1</b> <i>Heidi Stern Ellis and Julie Alley, KidSTART Clinic and Trauma Recovery Center, Chadwick Center for Children and Families, Rady Children's Hospital</i> <b>C-5 Caring for the Trauma Responsive Educator ~ En Español (Repeated in D-5 in Spanish)</b> TBD <b>C-6 (CME) Can't Find a Child Psychiatrist? The Resource that Helps Pediatricians Help Children with Mental Health Problems SmartCare</b>	
3:00 – 3:30 PM	<b>Break and Virtual Exhibits</b>	
3:30 – 5:00 PM	<b>D-1 HOPE Framework – Local HOPE Educators</b> <i>Aimee Zeitz, LMFT, Regional Director of Strategic Advancement and Project Director, Partners in Prevention</i> <i>YMCA of San Diego County, Childcare Resource Service</i> <b>D-2 (CME) {Zoom} PCIT and Toddlers</b> <i>Emma Girard, PsyD, Licensed Clinical Psychologist, UC Davis PCIT Training Center</i> <b>D-3 Hope in Action – Family First Prevention Services Act (FFPSA) Pilot Programs</b> <i>Cheryl Rode, San Diego Center for Children, Tandy Perry, South Bay Community Services, and Martha Ramirez, North County Lifeline, (with Jennifer Cannell-Pyle or Lindsay, The ICF Project Team)</i> <b>D-4 (CME) {Zoom} Trauma Specific Interventions: What Do We Need to Do? - Part 2</b> <i>Heidi Stern Ellis and Julie Alley, KidSTART Clinic and Trauma Recovery Center, Chadwick Center for Children and Families, Rady Children's Hospital</i> <b>D-5 Caring for the Trauma Responsive Educator (Repeated in C-5 in English)</b> TBD <b>D-6 R.O.O.T.E.D. + Regulated: Trauma-Informed Yoga for the ECE Classroom and Beyond</b> <i>Monica Rollins, MA, Education Manager, Vista Village</i>	



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**Conference Schedule: Saturday September 30, 2023**

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7:30 – 8:00 AM	<b>Live Registration Open</b> <b>Zoom Help Desk Open</b> – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	<b>Opening Remarks and Setting the Stage</b> <b>Jeff Rowe, MD, ECMH Conference Co-Chair</b>
8:30 – 9:45 AM	<b>(CME) HOPE in Action – What You Need to Know About Building a Team Approach</b> <b>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine</b> <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute</i> <i>Professor, Tufts University School of Medicine</i>
9:45 – 10:15 AM	<b>Break and Visit Exhibits</b>
10:15 – 11:45 AM	<b>HOPE in Action – The Team Approach: A Hands-on Experience in Interactive, Multidisciplinary Case Planning</b> Attendees will participate in small groups to dialogue around case studies bringing HOPE into Action.
11:45 – 12:15 PM	<b>Putting it All Together and Moving Ahead</b> <b>Jeff Rowe, MD and Robert Sege, MD, PhD, FAAP</b>

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