

Beloved Reclamation:

Leveraging the Neurosequential Model to Help Caregivers and Children Thrive

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In Acknowledgment of All That We Carry

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Honoring Our
Benevolent Ancestors
& Elders, Wise
Teachers & Mentors

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Necessary Space

Necessary Space (adapted from Mickey Scott Bey Jones as shared by The National Equity Project)

Together we will create “necessary” space
Because there is no such thing as a “safe space.”
We exist in the real world
We all carry scars and we have all caused wounds.
In this space
We seek to turn down the volume of the outside world,
We amplify voices that fight to be heard elsewhere,
We call each other to more truth and love
We have the right to start somewhere and continue to grow.
We have the responsibility to examine
what we think we know.
We will not be perfect.
This space will not be perfect.
It will not always be what we wish it to be
But
It will be our necessary space together,
And
We will work on it side by side

My Why

The intersection of professional and lived experience.

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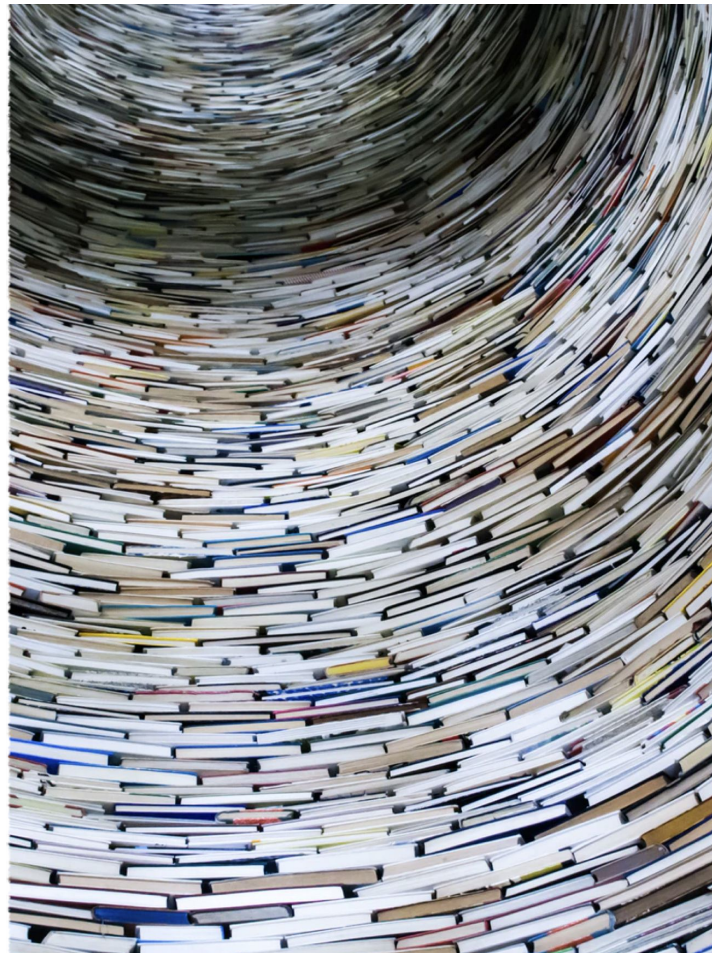


Objectives

1. Identify core concepts of the Neurosequential Model of Therapeutics (NMT).
2. Explore the NMT as a framework for supporting child-centered and developmentally respectful supports, interventions, and programming in the early years.

Braiding Knowledge & Ways of Knowing

- Education is liberation.
- **Every** child is capable and worthy.
- Racism and anti-Blackness **are** trauma.
- Black feminists and Afrofuturism help us envision new, more hopeful futures.
- Ancestral healing is possible.
- Love requires action.
- Models and frameworks help us act in meaningful ways.

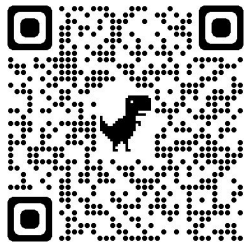


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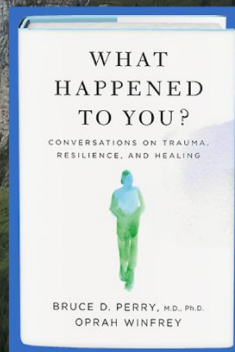
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“The brain is a pattern-seeking,
meaning-making machine.”

Bruce D. Perry





The Power of Relationships to Heal

“Your history of connectedness is a better predictor of your health than your history of adversity.”

Bruce D. Perry



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The Choice to Heal

Contrary to what we may have been taught to think, unnecessary and unchosen suffering wounds us but need not scar us for life. It does mark us. What we allow the mark of our suffering to become is in our own hands.

- bell hooks