



13th Annual Early Childhood Mental Health Conference: We Can't Wait
How are the Children? The Path from Healing to Well-Being
Conference Schedule: Thursday, September 15, 2022

09/13/2022
FINAL

All Times are PDT • All Sessions are approved for CE • CME sessions noted

7:30 – 8:00 AM	Zoom Help Desk Open
8:00 – 8:30 AM	The Deb Stolz Memorial Address and Welcoming Remarks <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair</i> <i>Luke Bergmann, PhD, Director, Behavioral Health Services, County of San Diego Health & Human Services Agency</i>
8:30 – 8:45 AM	Break
8:45 – 10:15 AM 1.5 CME/CE	(CME) Beloved Reclamation: Leveraging the Neurosequential Model to Help Caregivers and Children Thrive <i>Habeebah Rasheed Grimes, CEO, Positive Education Program, Cleveland, OH</i>
10:15 – 10:30 AM	Break
10:30 AM – 12:00 PM 1.5 CME/CE	(CME) Creating a Culture of Healing <i>Habeebah Rasheed Grimes, CEO, Positive Education Program, Cleveland, OH</i>
12:00 – 1:00 PM	Lunch and Virtual Exhibits
1:00 – 2:30 PM 1.5 CE CME as Noted	<p>A-1 (CME) Early Childhood Development – a Primer (General Audience) <i>Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services and First Steps, American Academy of Pediatrics, California Chapter 3</i></p> <p>A-2 (CME) Developmental and Relationship-Based Approaches to Autism (Advanced Audience) <i>Charmi Patel Rao, MD, Director of Psychiatric Services, and Lori Jenkinson MS CCC-SLP, Speech and Language Pathologist, Positive Development</i></p> <p>A-3 Caring for the Caregivers: Secondary Trauma, Resilience and Wellness <i>Babbi Winegarden, PhD, MHPE, Behavioral Health Program Coordinator, Child Welfare Services, County of San Diego Health and Human Services</i></p> <p>A-4 Helping Parents Move Beyond the Impact of Their Own ACEs in the Context of the Pandemic (Repeated Friday in D-5 in Spanish) <i>Natalie Elms, MA, Manager and Cinnamon Harper, LCSW, Early Childhood Trauma Therapist, KidSTART, Rady Children's Hospital San Diego</i></p> <p>A-5 Introducción al Marco de Factores de Protección (Repeated in B-5 in English) <i>Ariane Porras, Consultant and Trainer, and Alma Daniella Cruz, Strengthening Families Program, Childcare Resource Service, YMCA of San Diego County</i></p> <p>A-6 Promoting Parent and Infant Wellness with Infant Massage (Repeated in B-6 in Spanish) <i>Veronica Miller, Supervisor, Developmental Screening and Enhancement Program (DSEP), and Mannie Sanchez-Curtis, Developmental Specialist, Healthy Steps Murrieta, Rady Children's Hospital</i></p>
2:30 – 3:00 PM	Break
3:00 – 4:30 PM 1.5 CE CME as Noted	<p>B-1 (CME) Treating Complex Cases: Planning, Prioritizing and Pitfalls (Advanced Audience) <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</i></p> <p>B-2 (CME) Concealed but Common: The Hidden Symptoms of Perinatal Mood and Anxiety Disorders and How We Can Bridge the Gap <i>Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children's Hospital, and Kristen Eberly, LCSW, Psychotherapist, Well-Mamas Family Counseling</i></p> <p>B-3 Centering Connection - Positive Discipline in the Home <i>Aisha Pope, LCSW, CPDLT, Program Director, San Diego Center for Children, and LaTysa Flowers, CPDTC, Equity Inclusion and Belonging Consultant, YMCA of San Diego County</i></p> <p>B-4 Oma Time: The Magic of Sharing Meaningful Experiences with Young Children <i>Marilee Burgeson, MA, CCC-SLP, Senior Clinical Advisor, Positive Development</i></p> <p>B-5 Strengthening Families' Protective Factors (Repeated in A-5 in Spanish) <i>Brandi Paniagua, MAEd, Coordinator and Trainer, Partners in Prevention and Darryl Chairez, Program Director, Foster Care Bridge, YMCA of San Diego County</i></p> <p>B-6 Promoviendo el Bienestar de Padres e Infantes con Masaje Infantil (Repeated in A-6 in English) <i>Veronica Miller, Supervisor, Developmental Screening and Enhancement Program (DSEP), Rady Children's Hospital</i></p>
4:45 PM	All Zoom Rooms Close



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7:30 – 8:00 AM	Zoom Help Desk Open
8:00 – 8:30 AM	Continuing the Dialogue <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist and Ali Freedman, PsyD, ECMH Conference Co-Chairs</i>
8:30 – 8:45 AM	Break
8:45 – 10:15 AM 1.5 CME/CE	(CME) How Belonging Impacts Epigenetics and Neurobiology for Children, Families and Communities <i>Rajkumari Neogy, MA, MNLP, Epigenetics Coach and Consultant, and Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services and First Steps, American Academy of Pediatrics, California Chapter 3</i>
10:15 – 10:30 AM	Break
10:30 AM – 12:00 PM 1.5 CME/CE	(CME) Building Belonging in Young Children and Families <i>Rajkumari Neogy, MA, MNLP, Epigenetics Coach and Consultant, and Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services and First Steps, American Academy of Pediatrics, California Chapter 3</i>
12:00 – 1:00 PM	Lunch and Virtual Exhibits
1:00 – 2:30 PM 1.5 CE CME as Noted	<p>C-1 (CME) Bunker Babies: A Review of Preliminary Research on the Effects of Covid 19 on Young Children's Development <i>Tracey Tasker, MBA, MA, CCC/SLP, Membership Outreach and Belonging Committee Co-Chair, Infant Development Association of California</i></p> <p>C-2 (CME) Transdisciplinary Approaches to Complex Cases (Advanced Audience) <i>Meghan Lukasik, PhD, Manager, Developmental Evaluation Clinic, Rady Children's Hospital San Diego and Charmi Patel Rao, MD, Director of Psychiatric Services, Positive Development</i></p> <p>C-3 Immigrant and Refugee Families: Building Relationships and Providing Services Needed <i>Neda Rivera, MA, LMFT, MHB, Child Welfare Services, County of San Diego Health & Human Services Agency, and Wanjiru Golly, PhD, Program Manager, Academy for Professional Excellence, San Diego State University</i></p> <p>C-4 Centering Connection – Positive Discipline in the Classroom <i>Aisha Pope, LCSW, CPDLT, Program Director, San Diego Center for Children, and LaTysa Flowers, CPDTC, Equity Inclusion and Belonging Consultant, YMCA of San Diego County</i></p> <p>C-5 Repartiendo HOPE Resultados Saludables de Experiencias Positivas (Repeated in D-4 in English) <i>Lodia Ruiz, MPA, Integrated Learning Developer, Community Support Services, and Ariane Porras, Consultant and Trainer, Childcare Resource Services, YMCA of San Diego County</i></p> <p>C-6 Epigenetic Mapping: How Your Family's History Impacts You Today <i>Rajkumari Neogy, MA, MNLP, Epigenetics Coach and Consultant</i></p>
2:30 – 3:00 PM	Break
3:00 – 4:30 PM 1.5 CE CME as Noted	<p>D-1 (CME) Fetal Alcohol Syndrome: Early Identification, Screening, and Referral to Services <i>Lauren Gist, MD, MPH, Associate Health Sciences Professor of Pediatrics, UC San Diego, and Developmental Behavioral Pediatrician, Rady Children's Hospital San Diego</i></p> <p>D-2 (CME) Early Childhood Issues in Military Families <i>Anthony Kuleto, MD, Developmental Behavioral Pediatrician, US Navy</i></p> <p>D-3 Reflective Parenting with Young Children <i>Christopher Walsh, LMFT, Community Resource Center and Jeff Rowe, MD, Child and Adolescent Psychiatrist and ECMH Conference Co-Chair</i></p> <p>D-4 HOPE Healthy Outcomes from Positive Experiences (Repeated in C-5 in Spanish) <i>Brandi Paniagua, MAEd, Coordinator and Trainer, Partners in Prevention and Darryl Chairez, Program Director, Foster Care Bridge, YMCA of San Diego County</i></p> <p>D-5 Ayudando A Los Padres A Superar El Impacto De Sus Propios ACEs En Relación Con La Pandemia (Repeated Thurs in A-4 in English) <i>Maggie Knight, LMFT, Early Childhood Mental Health Therapist and Bianca Ruiz, Child and Family Specialist, KidSTART Clinic, Chadwick Center for Children and Families, Rady Children's Hospital San Diego</i></p>
4:45 PM	All Zoom Rooms Close