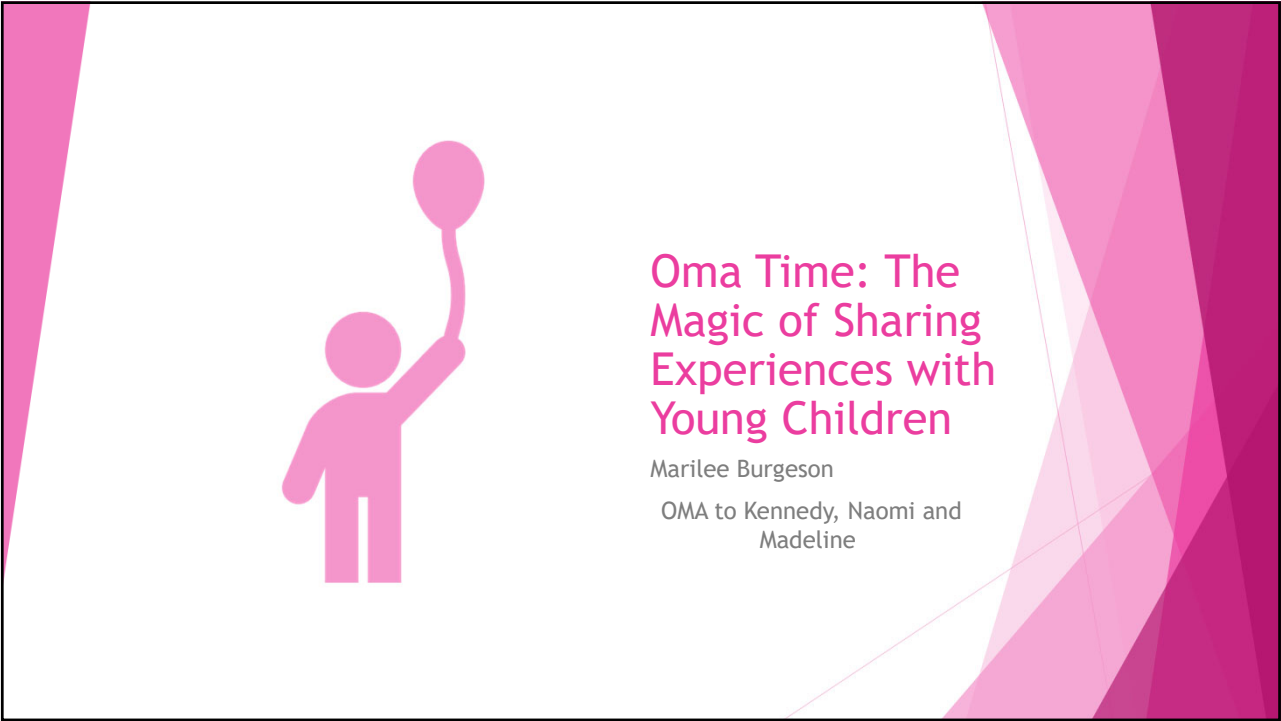




1



2



3



4






*Nobody can do for little children what grandparents do.  
Grandparents sort of sprinkle stardust over the lives of little  
children. - Alex Haley*

5

*“There is nothing like grandchildren in your  
arms to put a smile on your face, a lump in  
your throat, and a warm feel in your heart.”*



It's All about the Relationship

6



7

### Grandparent Involvement Across Cultures

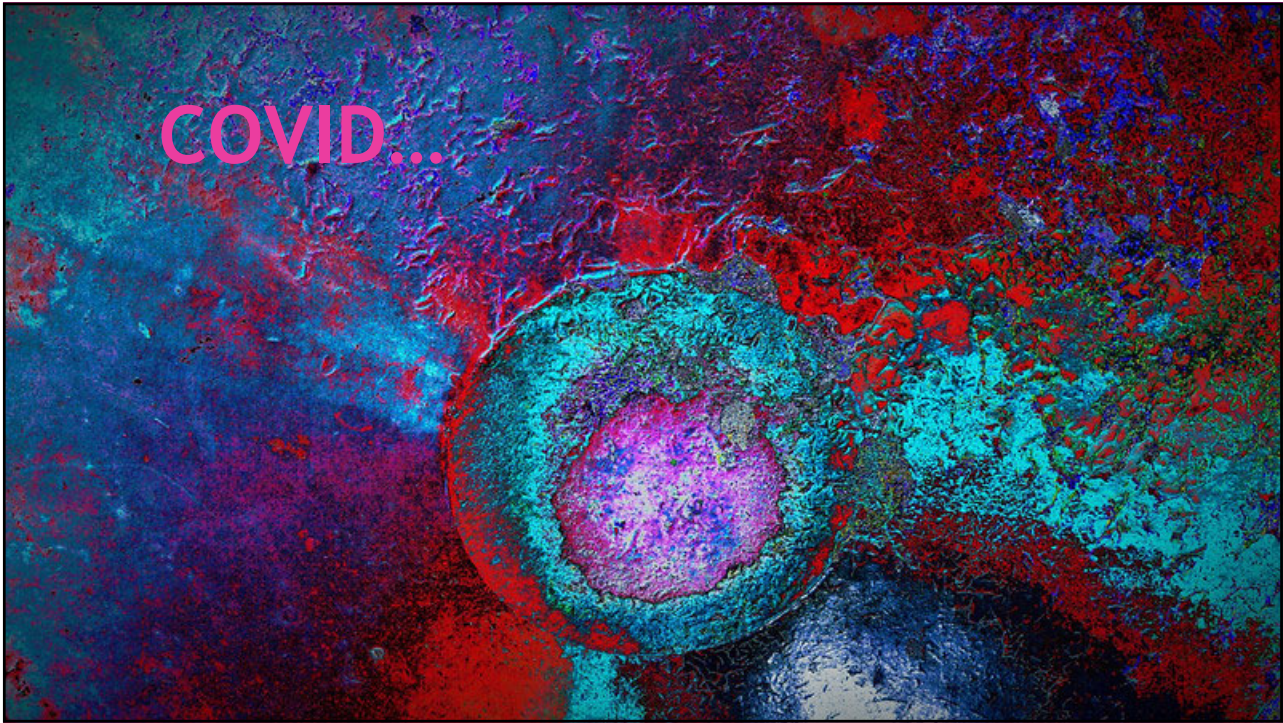
- ▶ 1 out of 4 children under the age of 5 are cared for by grandparents.
- ▶ Role of grandparents seems consistent globally
- ▶ Grandmothers actively involved in caregiving across cultures
- ▶ Western cultures, the grandmothers serve a guides to young women with children
- ▶ Grandmother social networks influence mother and young children child rearing practices.
- ▶ In the U.S., grandparents from families of ethnically diverse backgrounds tend to take on greater responsibility for their grandchildren than White grandparents (Kataoka-Yahiro, Ceria And Caulfield, 2004).
- ▶ African American grandparents perceive themselves as teachers to their grandchildren. (Watson & Koblinsky, 1997)
- ▶ In Hispanic families, grandmothers reinforce cultural values. (Facio,1996), are a main source of support for parents and share knowledge of infant feeding strategies.

Help Me Grow, Utah in Parenting.Sept. 2021

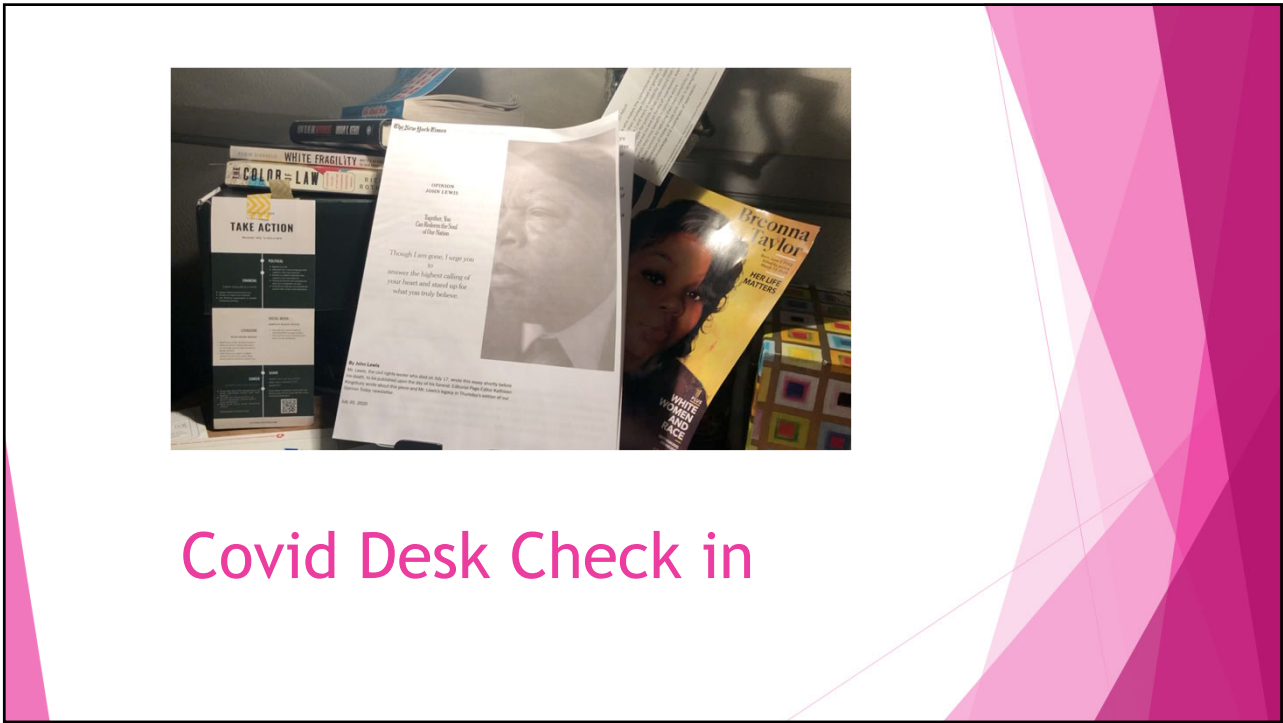
A black and white photograph of an elderly man feeding a young child with a spoon.

8





9



10



11

**GRANDPARENTS TAKE ON MORE...**  
For every 4 COVID Deaths, 1 child is left behind.  
People of color lost caregivers at 4 x the rate of white children<sup>1</sup>

Grandparents provided:

- ▶ Support during lockdown
- ▶ Supervised remote work
- ▶ School transportation
- ▶ Childcare
- ▶ Care when parents were sick
- ▶ Support in midst of grief and increased health risk

12

## Mutually beneficial relationship

### Grandchild

- ▶ Shared Joy and hilarity
- ▶ Freedom to be themselves and share hard things.
- ▶ Safe place to land
- ▶ Unconditional love
- ▶ Feeling valued, safe and secure
- ▶ Increased well-being and decreased emotional and behavioral distress
- ▶ Stories connect child to family
- ▶ Children learn values like: perseverance, loyalty, hard work, patience and sacrifice


### Grandparents:

- ▶ Shared joy and hilarity
- ▶ Freedom to be a goof ball
- ▶ Opportunity to be known.
- ▶ Have happier and longer lives
- ▶ Teach family culture tradition and history.
- ▶ Story tellers
- ▶ More time to give undivided attention
- ▶ Greater meaning and purpose in life

13

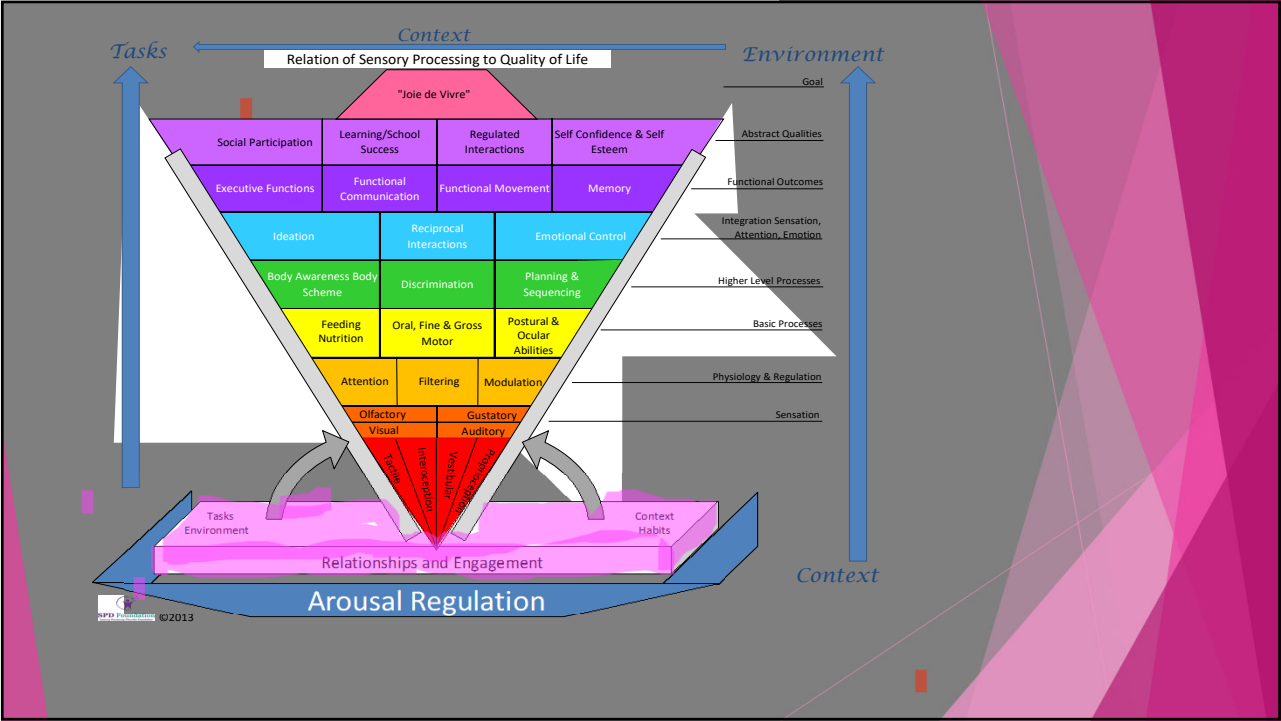
**Grandparents are a family’s: greatest treasure!**

“Their very special love sets them apart. Through happiness and sorrow, through their special love and caring, grandparents keep a family close at heart.”



14





15



16






*"A grandparent is old on the outside, but young on the inside."*

17

**"Love is the greatest gift  
that one generation can  
leave to another." –  
Richard Garnett**




18



Human Relationships are the foundation upon which children build their future. **Jerree Pawl**

19

*Grandparents are always being told that they are living history to their grandchildren, that they give the children the reassurance of their roots. For me and many grandmothers I have talked to, it works the other way as well. They give us continuity.” – Ruth Goode*



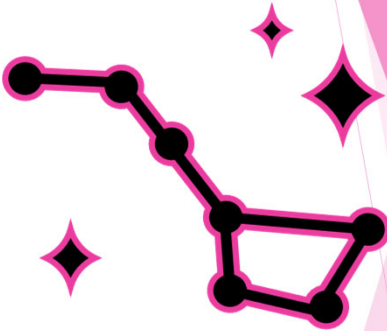
20



*It's funny what happens when you become a grandparent. You start to act all goofy and do things you never thought you'd do. It's terrific."*  
**CS Lewis**

21

*Because [grandparents] are usually free to **love** and **guide** and befriend the young without having to take daily responsibility for them, they can often reach out past pride and fear of failure and close the space between generations." – President Jimmy Carter*



22



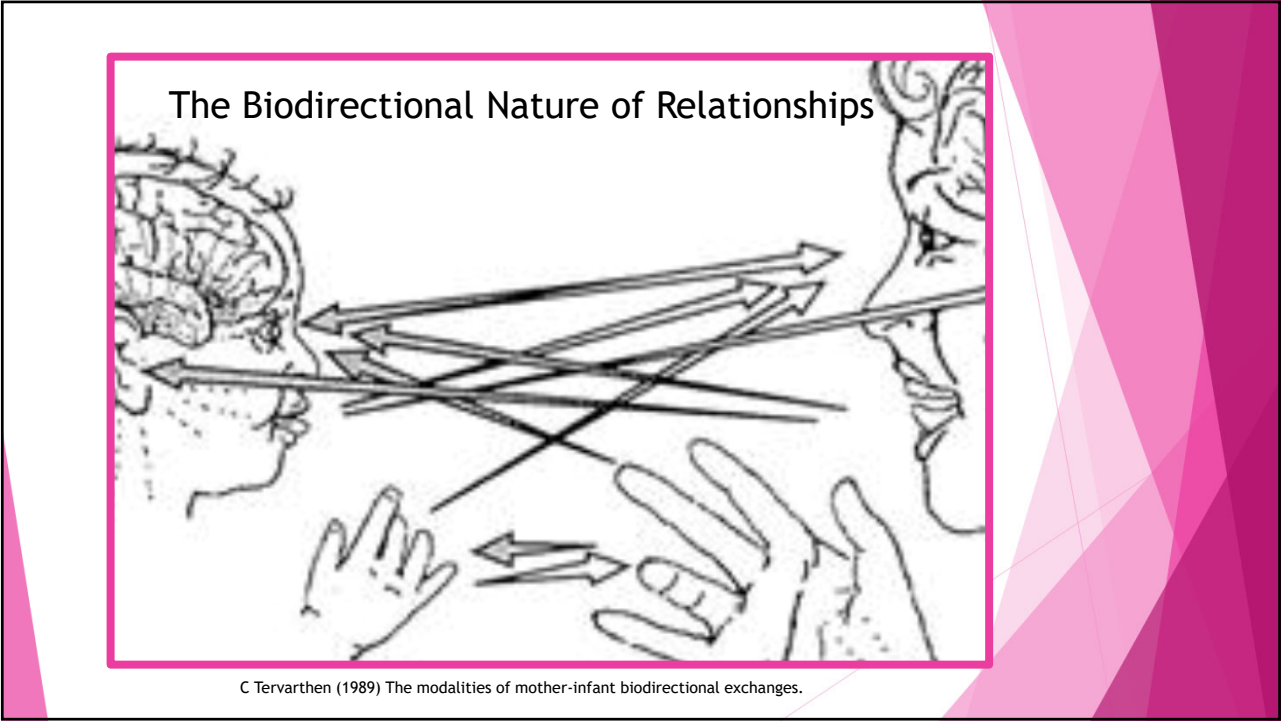
23

**The Magical power of relationships is mutual because...**

- ▶ Creates expectations of ourselves and others
- ▶ Nurtures small positive changes in important day to day relationships providing greater flexibility, a greater range of responsibility and perhaps a greater sense of oneself as worthwhile, competent person.

24





25



26

# Life is Short...

- ▶Be Present
- ▶Connect Emotionally
- ▶Share Meaningful experience
- ▶Mobilize the Magic of Affect
- ▶Be Curious, Captivated and Wonder
- ▶Carry a Playful Spirit




27

# Creating Connections Circle by Circle



28

### Being mindful of yourself



How am I?

- ▶ Am I regulated and calm?
- ▶ Am I sharing attention?
- ▶ Am I reading subtle cues?
- ▶ Am I finding the "just right" affect?
- ▶ Am I listening for the meaning behind the words?
- ▶ Am I sharing emotion?

## OR!!!?

29

### Child-led doesn't mean

*"let them do whatever they want"*

It means...

notice what they notice

set safe boundaries

share joy

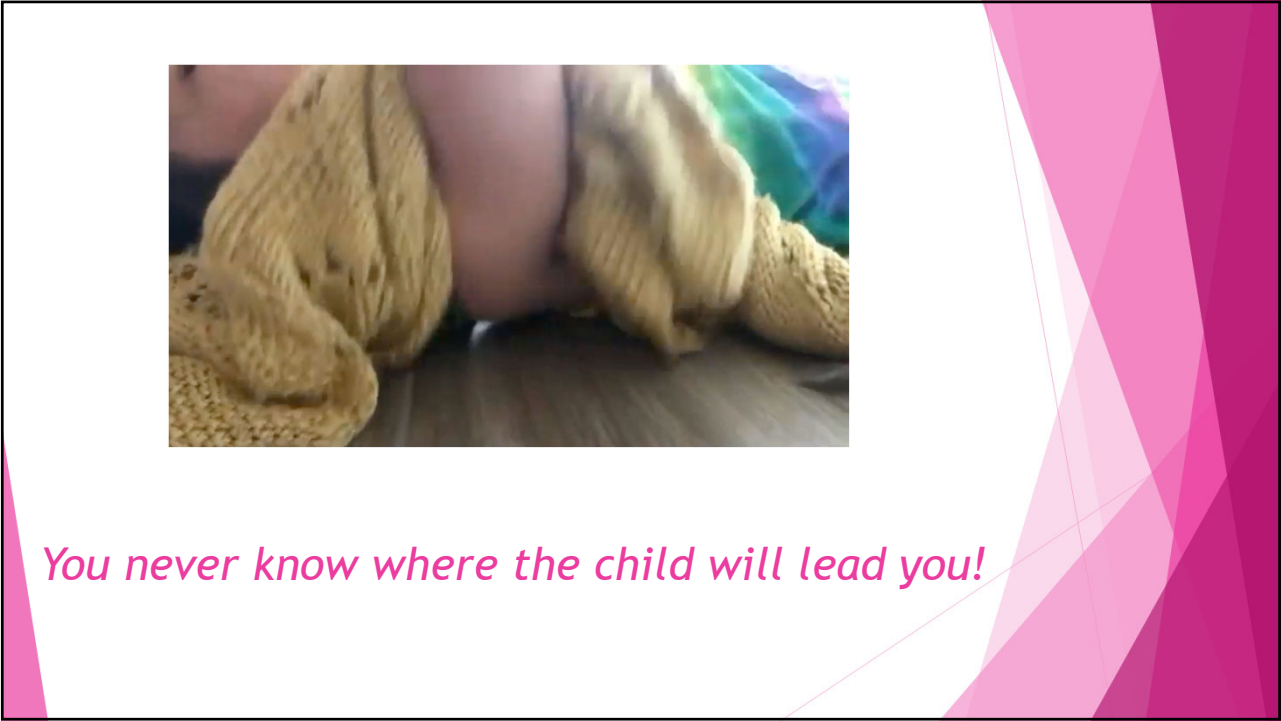
acknowledge their needs

respect their opinions

empower them



30



31

# Playfully Read Cues

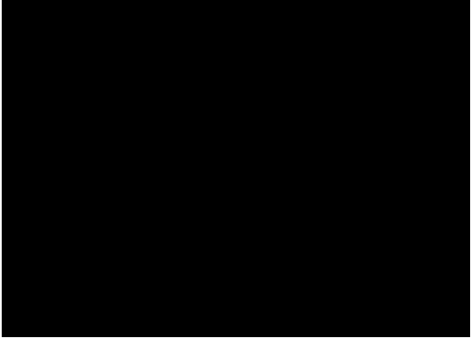
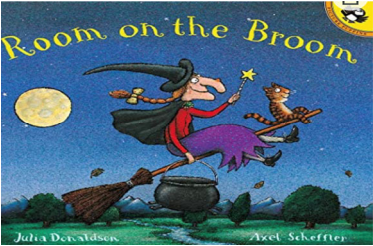

Attune to nonverbal signals:

- WAIT
- NOTICE
- JOIN
- COMMENT
- HOLD Emotion




32



Bring books to life!



33



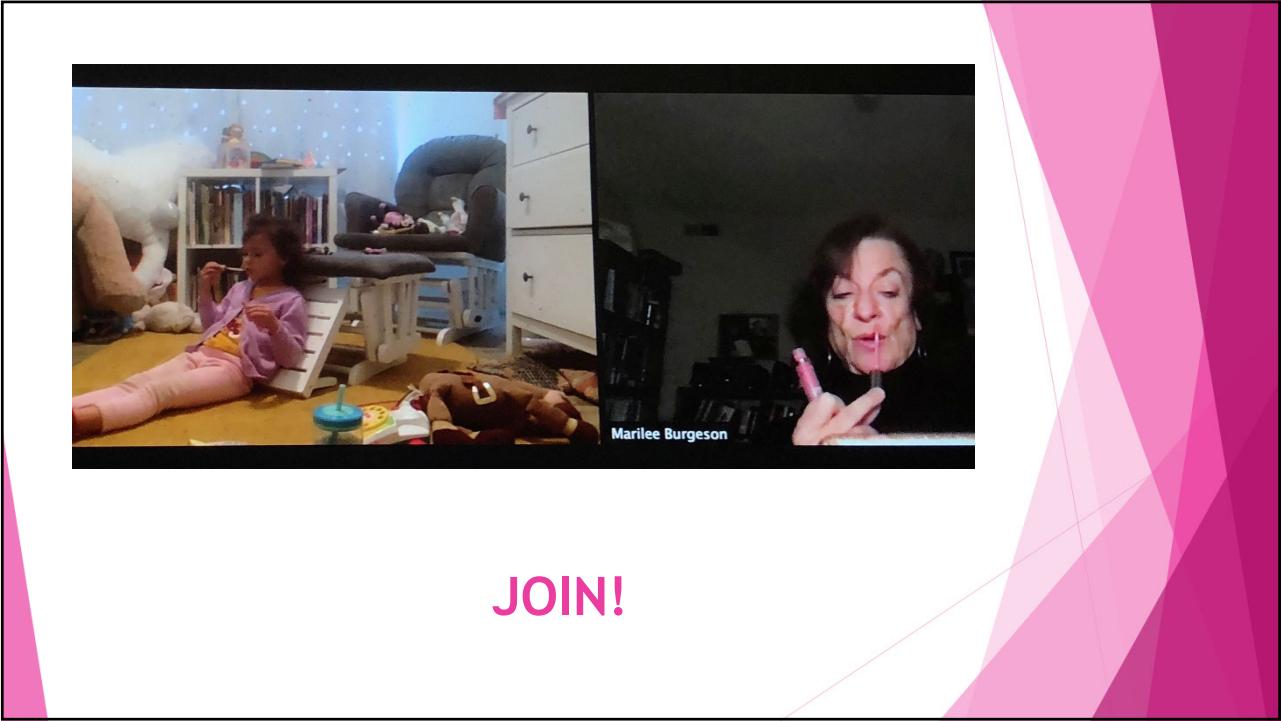
34



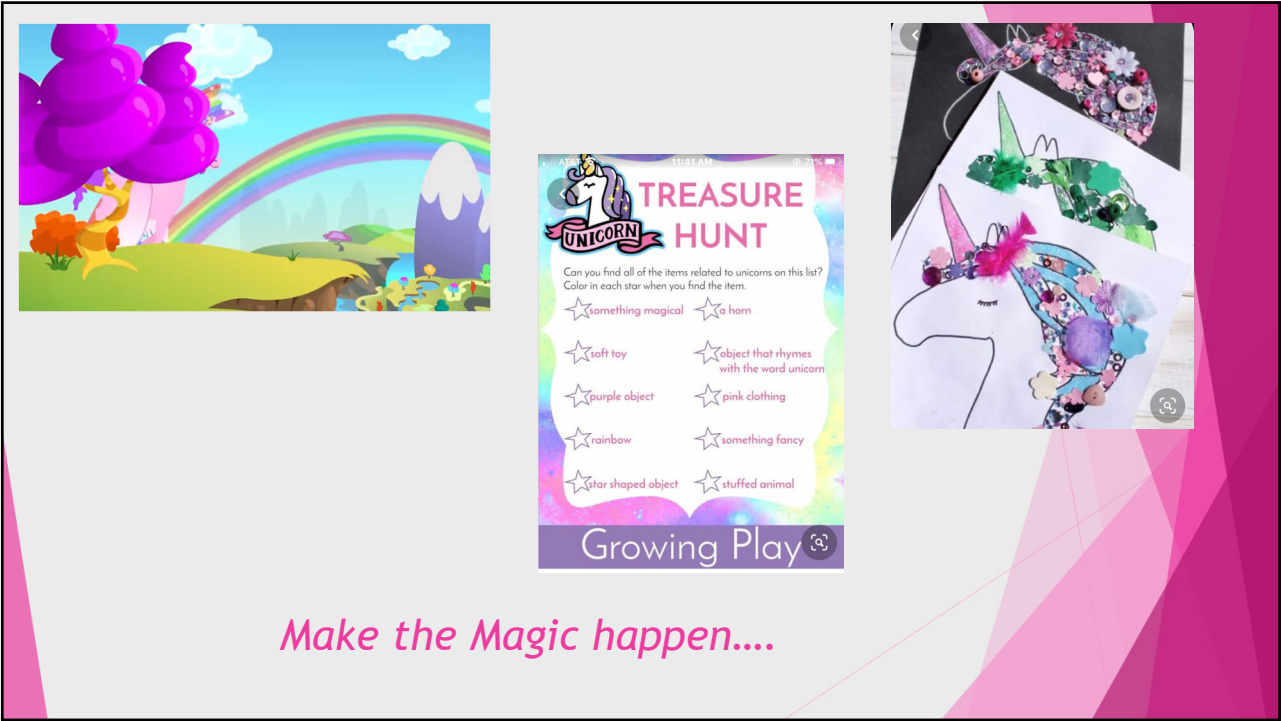
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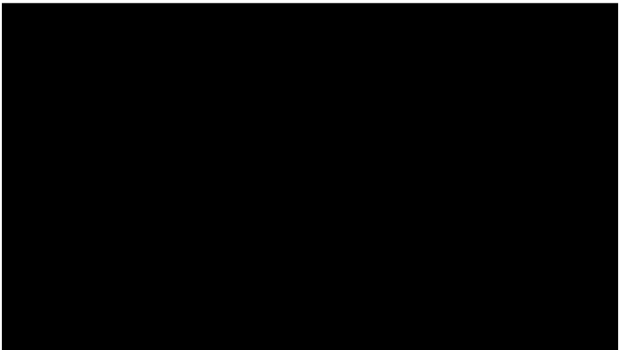
38

## Bring the Magic: Strategies to promote connection

- ▶ Make yourself big!
- ▶ Think on your feet
- ▶ Be flexible!
- ▶ Share emotion
- ▶ Notice the body
- ▶ Comment more than question
- ▶ Use Affect
- ▶ Use Gestures
- ▶ Follow the child’s interest
- ▶ Expand on interests



39



## Sharing and Showing

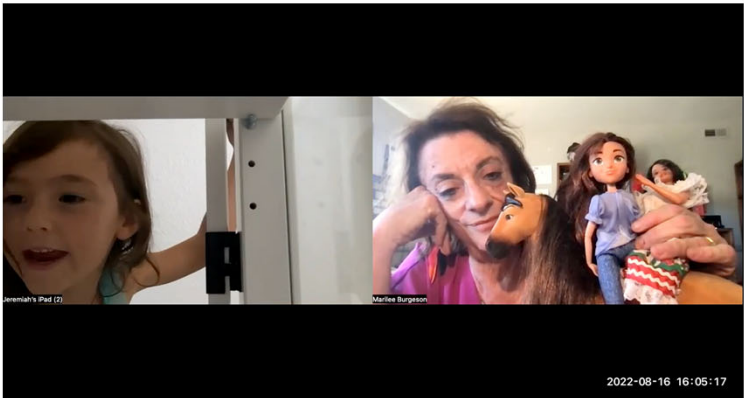
40





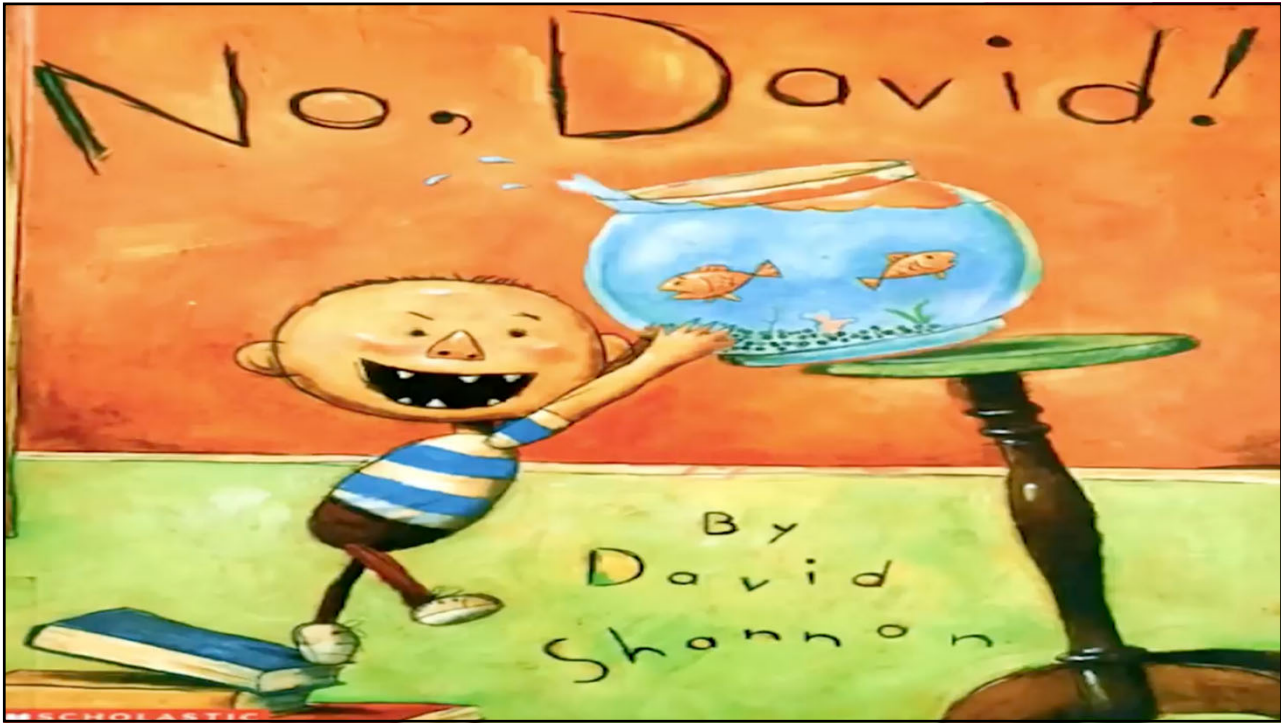
Share  
Interests...  
Yours and  
the child’s

41



Bring the Drama!


42




43









44



Bring emotions  
into the play



		
Mad	Excited	Worried
		

45



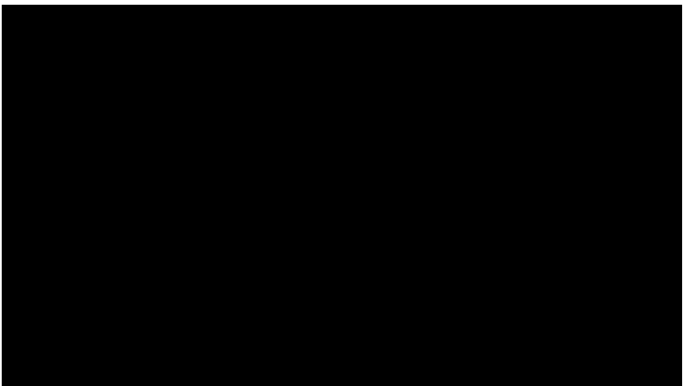
Make yourself BIG!!!!!!!!!!!!!!

46



Connect through feelings

47



Think on your feet!

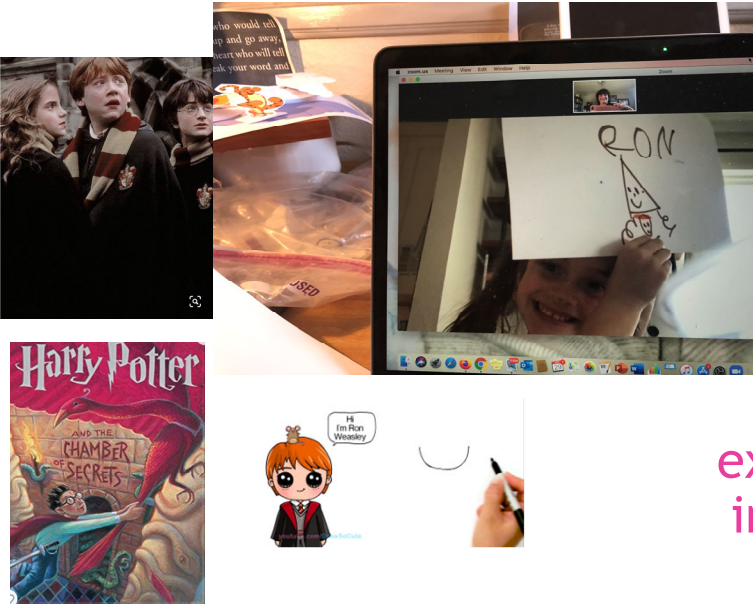
48





THINK HUMOR and DELIGHT!!!!

49



Share experiences in a variety of ways<sup>1</sup>

50

A Hogwarts Story

Once there was a young girl named Kennedy. She was a wizard!  
One day, an Owl came with a letter for Kennedy. It said, "Please come to Hogwarts and learn magic. You will need a wand, robe, spell books and a cauldron and wand, and you may bring one pet. Your ticket for the Hogwarts Express is enclosed."

Kennedy went to Diagon Alley and bought an orange and white cat. She named the cat, Love you Rosy Gardner.

Then it was time to go to Hogwarts. On the Hogwarts Express, Kennedy got some wizard candy. There were Chocolate Frogs and pumpkin pasties, and even Bertie Bott's every flavor beans. The best flavor was ear wax. Yum!

At Hogwarts the Sortin Hat put Kennedy in Griffendor. Then it was time to learn some magic! The teachers taught everyone how to turn rats into teacups, make things float in the air, and take care of magical animals.

Kennedy's favorite class was Flying because she never flied in her whole life!

Kennedy and Love you Rosy Gardner love being at Hogwarts!

Draw a picture of you and your pet below!

51

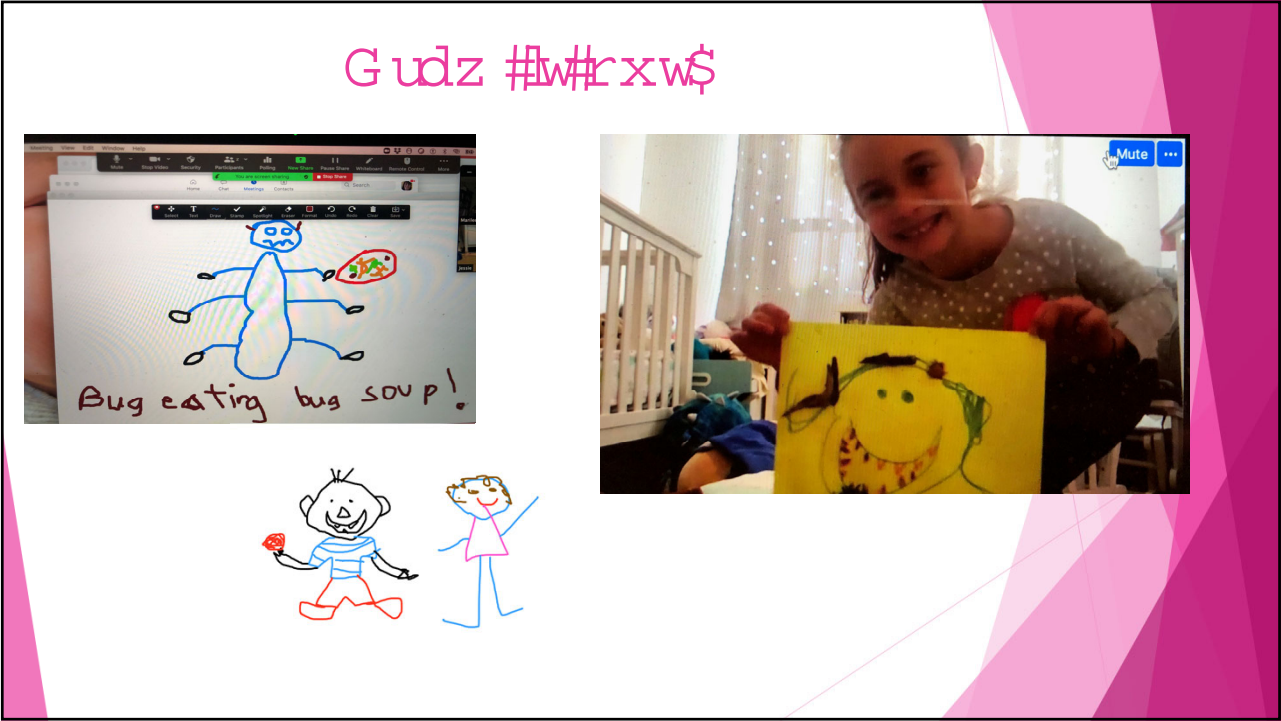


**Roll Models**

With a little imagination, you can turn a humble toilet roll into any of your favourite characters — choose Harry Potter and his friends. Why not use them to make your own movie or photo flip book?

Pinterest

52



53

Use props that invite drama!

- ▶ Shark
- ▶ Snakes, spiders
- ▶ Disney Themes
- ▶ No David/ Holiday
- ▶ Animals
- ▶ Song props
- ▶ Super heroes

54

Check out Pintrest



Minions Language  
Translated

English

Minions

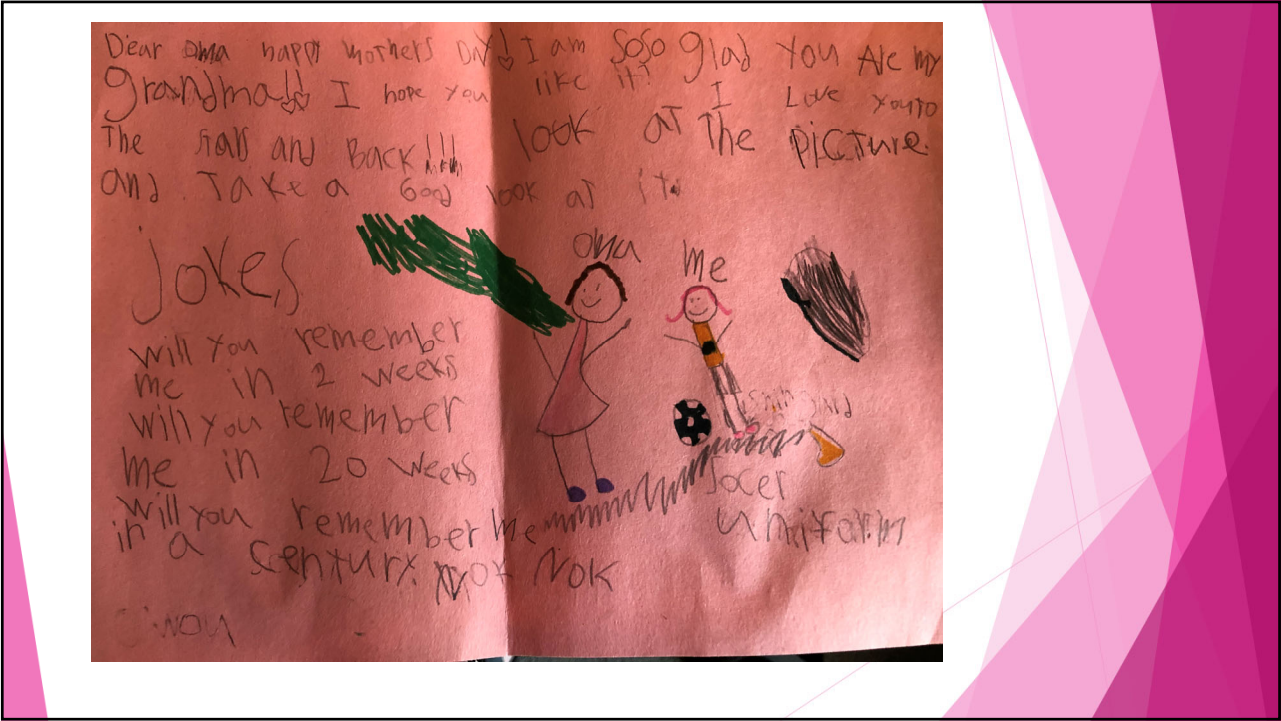
Hello!	Bello!
For you	Para tú
Marriage	La boda
Apples	Papples
Ice Cream	Geiatoi
I'm Sorry	Bi-do
Toy	Papoi
Goodbye!	Poopaye!
Thank You	Tank yui
I'm Hungry	Me want banana!
Day!	Bananonina!
I swear...	Onderwear...
Fire	Bee-do-bee-do-bee-do
We love you	Tuialilo ti amo
Chair	Chasy
Ass	Butt
What	Po-ka
I hate you!	Tatata-bala-tu!
One	Hana
Two	Dui
Three	Sae
Cheers	Kampai
Look at him	Luk-at-tu
Kiss Kiss?	Muak Muak Muak?
Bottom	Buttom

55

Share the Joy!

56





57

Resources

- ▶ Grandparent Involvement and Children’s Health Outcomes, Systems Health, 2016, September. Pulgaron, Elizabeth R., Marchante, Ashley N., Agosto, Yaray, Lebron, Cynthia and Delamater, M. University of Miami School of Medicine, Department of Clinical Pediatrics, Mailman Center for Child Development, 1601 NW 12 Avenue, Miami FL 33136.
- ▶ Help Me Grow Utah, Blog post, The Importance of Grandparents, July 25, 2022.
- ▶ When Children Suffer COVID -19 Losses, Grandparents Fill the Gap, Carlett, Spike, Jan. 6 2022
- ▶ Zero to Three, Focusing on Relationships: An Effort That Pays, Parent-Child Relationship Competencies-Based Assessment, Treatment Planning, Documentation and Billing, Seyour ST. John, Marila, 2019 by Zero to Three.
- ▶ Zero to Three, Reflective Communication, Siegel, Dan and Shahmoom-Shanok, Rebecca, November, 2010.

58

## Resources

### Play Resources

- ▶ Creepy Pair of Underwear by Aaron Reynolds
- ▶ The Circle All Around Us by Brad Montague, Google Books, 2021.
- ▶ No David by David Shannon
- ▶ Room on the Broom by Julia Donaldson
- ▶ Utube story videos
- ▶ Pintrest for coloring pages, cut outs and activity ideas

Developmental Relationship Based Intervention using DIR Floortime

Profectum

<http://profectum.org/>

ICDL

<http://icdl.com/>

Positive Development: A New Model of Care for Autism

<https://www.google.com/search?client=firefox-b-1-d&q=positive+development>