

13th Annual Early Childhood Mental Health Conference – We Can't Wait

How are the Children? The Path from Healing to Well-Being

2022 Planning Committee

The Planning Committee wishes to continue to honor the life and legacy of Deb Stolz,
Foster Parent, Parent Trainer, and Advocate for Children and Families
ECMH Planning Member 2010 – 2020

Jeff Rowe, MD

Co-Chair, Early Childhood Mental Health – We Can't Wait
Conference Planning Committee

Ali Freedman, PsyD, MBA

Co-Chair, Early Childhood Mental Health – We Can't Wait
Conference Planning Committee

Stacey Annand, PhD, LMFT

Clinical Supervisor,
Don Allen ParentCare Family
Recovery Center and ADAPT
Vista Hill

Jennifer Fruehauf

Registration Manager,
Continuing Medical
Education, UC San Diego
School of Medicine

Jena Kubiak, MS

Coordinator, Early Education
Programs and Services,
San Diego County Office of
Education

Renee Sievert, RN, LMFT,

PCC, CDTLF
Sievert Services, LLC.
ECMH Conference
Coordinator

Rebecca Bierman, DO

Child Psychiatrist, Fred Finch
Youth Center CARES,
SDACAP

Pradeep Gidwani, MD, MPH

Medical Director, Healthy
Development Services,
American Academy of
Pediatrics, California Chapter 3

Rosa Ana Lozada, LCSW

Chief Executive Officer,
Harmonium San Diego

**Babbi Winegarden, PhD,
MHPE**

Behavioral Health Program
Coordinator, Child Welfare
Services,
County of San Diego Health
& Human Services Agency

Ana Briones Espinoza, MBA

Director of Finance and
Business Operations,
San Diego Public Sector
Optum Health

Kristin Gist

Sr. Director, Developmental
Services, Rady Children's
Hospital, Retired

Chris Muecke, MEd

Faculty, Department of Child
and Family Development,
San Diego State University

Charmi Patel Rao, MD

Director of Psychiatric
Services, Positive
Development

Mark Chenven, MD

Executive Medical Director,
Vista Hill

Maureen Helinski-Clarke

Program Manager,
Continuing Medical
Education, UC San Diego
School of Medicine

Neda Rivera, LMFT, MHB

Behavioral Health Services
Children, Youth, and
Families
County of San Diego Health
& Human Services Agency

David Crilly

ECMH WCW Consultant
Website, Marketing and
Audio-Visual Coordination

Shannon Jackson, LPCC

Behavioral Health Program
Coordinator, Behavioral
Health Services Children,
Youth, and Families
County of San Diego Health
& Human Services Agency

Lodia Ruiz, MPA

Integrated Learning
Developer, Strengthening
Families Department,
YMCA Childcare Resource
Service

Linda Espinoza, LMFT

Behavioral Health Advocate,
San Diego Public Sector
Optum Health