



12th Annual Early Childhood Mental Health Conference: We Can't Wait
Emerging from COVID, Conflict and Chaos:
Creating a Resilient Future for our Children and Communities

Conference Schedule: Thursday, September 23, 2021

All Times are PDT • All Sessions CE Approved • CME Approved as Noted

09/21/21
Subject to Change

7:30 – 8:00 AM	Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	The Deb Stolz Memorial Address and Welcoming Remarks <i>Ali Freedman, PsyD, MBA, ECMH Conference Co-Chair</i>
8:30 – 8:45 AM	Break
8:45 – 9:45 AM	(CME) Historical Context and Evolutionary Change vs. Revolutionary Change <i>Jessica Pryce, PhD, MSW, Assistant Professor of Social Work and Director, Florida Institute for Child Welfare, Florida State University, Tallahassee, FL</i>
9:45 – 10:00 AM	Break
10:00 – 11:00 AM	(CME) Power Privilege Mindset Shifting <i>Jessica Pryce, PhD, MSW, Assistant Professor of Social Work and Director, Florida Institute for Child Welfare, Florida State University, Tallahassee, FL</i>
11:00 – 11:15 AM	Break
11:15 – 12:15 PM	(CME) Applying Anti-Racism Principles to Child and Family Well-Being <i>Jessica Pryce, PhD, MSW, Assistant Professor of Social Work and Director, Florida Institute for Child Welfare, Florida State University, Tallahassee, FL</i>
12:15 – 1:30 PM	Lunch and Virtual Exhibits
1:30 – 3:00 PM	<p>A-1 (CME) Complex Trauma in Young Children (General Audience) <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</i></p> <p>A-2 (CME) Concrete Care Strategies to Address the Needs of Young Children Who Have Been Substance- Exposed <i>Ashley Rambeau, MS, LCSW, SAFE Home Study Supervisor, Angels Foster Family Network</i></p> <p>A-3 Women of Color as Leaders <i>Jessica Pryce, PhD, MSW, Assistant Professor of Social Work and Director, Florida Institute for Child Welfare, Florida State University, Tallahassee, FL</i></p> <p>A-4 Caring for the Team: Secondary Traumatic Stress, Resilience and Wellness (Repeated in B-6 in Spanish) <i>Babbi Winegarden, PhD, MHPE, Behavioral Health Program Coordinator, Child Welfare Services, County of San Diego Health and Human Services</i></p> <p>A-5 Getting to the Finish Line: Parent Engagement Strategies That Work <i>Lily Valmidiano, MPH, CHES, Project Director, American Academy of Pediatrics, California Chapter 3, Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services, American Academy of Pediatrics, California Chapter 3, Lauren Brisbin, Developmental Specialist and Care Coordinator, Healthy Development Services, North Central Region, Alexis Hawley, MS, Associate Professional Clinical Counselor, Family Health Centers San Diego, Veronica Alvarado, Care Coordinator, Healthy Development Services, South Region, South Bay Community Services, and Francisco Castillo, Developmental Specialist, Healthy Development Services, North Inland Services, Palomar Health</i></p>
3:00 – 3:30 PM	Break and Virtual Exhibits
3:30 – 5:00 PM	<p>B-1 (CME) Complex Trauma in Young Children (Advanced Audience) <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</i></p> <p>B-2 (CME) Pairing ACEs, Hope and Protective Factors <i>Wendy Pavlovich, MD, MHS, Pediatric Outpatient Training Director, Family Health Centers of San Diego and Aimee Zeitz, MA, Regional Director of Strategic Advancement, YMCA of San Diego County, Childcare Resource Service</i></p> <p>B-3 Having the Difficult Conversations <i>Aisha Pope, LCSW, Program Director, FFAST, San Diego Center for Children, Precious Jackson-Hubbard, MA, Principal, Bell Middle School, San Diego Unified School District, Melanie Morones, LMFT, ATR, ECMHS, Program Manager, Our Safe Place, San Diego Youth Services, Kim Flowers, LCSW, Director of Family Support Services, Neighborhood House Association, and Marilee Burgeson, MA, CCC-SLP, Speech Language and Hearing Consultant, San Diego County Office of Education</i></p> <p>B-4 Early Beginning: Preventing ACEs and Building Resiliency <i>Christie Yorty, Strengthening Families Program Director and Brandi Paniagua, Coordinator and Trainer, Partners in Prevention, YMCA of San Diego County, Childcare Resource Service</i></p> <p>B-5 Helping Parents Move Beyond the Impact of Their Own ACEs (In English) (Repeated in C-4 in Spanish) <i>Natalie Elms, MA, Manager and Cinnamon Harper, LCSW, Early Childhood Trauma Therapist, KidSTART, Rady Children's Hospital San Diego</i></p> <p>B-6 Caring for the Caregivers: Understanding Trauma and Wellness from a Latinx Viewpoint (En Español) (Repeated in A-4 in English) <i>Rosa Ana Lozada, LCSW, CEO, Harmonium and Ale Ricardez, MA, Community Engagement Manager, Blue Shield of California, San Diego</i></p>
5:00 – 6:00 PM	Virtual Exhibits



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Conference Schedule: Friday, September 24, 2021
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09/21/21
Subject to Change

7:30 – 8:00 AM	Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	Continuing the Dialogue <i>Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services, American Academy of Pediatrics, California Chapter 3</i>
8:45 – 9:45 AM	(CME) Building Community Resilience: Pair of ACEs in Coalition Building and Fostering Equity <i>Wendy Ellis, DrPH, Assistant Professor in Global Health and Director of the Center for Community Resilience, Milken Institute School of Public Health, George Washington University, Washington, DC</i>
9:45 – 10:00 AM	Break
10:00 – 11:00 AM	(CME) Pair of ACEs and Fostering Equity Tools <i>Wendy Ellis, DrPH, Assistant Professor in Global Health and Director of the Center for Community Resilience, and Kimberly Rodgers, MA, Program and Communications Manager, Center for Community Resilience, Milken Institute School of Public Health, George Washington University, Washington, DC</i>
11:00 – 11:15 AM	Break
11:15 – 12:15 AM	(CME) Conversations on Fostering Equity for Prevention of Childhood Adversity <i>Wendy Ellis, DrPH, Assistant Professor in Global Health and Director of the Center for Community Resilience, Kimberly Rodgers, MA, Program and Communications Manager, Center for Community Resilience, and Sarah Baldauf, MSJ, Communications Consultant, Center for Community Resilience, Milken Institute School of Public Health, George Washington University, Washington, DC</i>
12:15 – 1:30 PM	Lunch and Virtual Exhibits
1:30 – 3:00 PM	<p>C-1 (CME) Expert Consultation for Complex Cases <i>Charmi Patel Rao, MD, Supervising Psychiatrist for Juvenile Forensic Services, County of San Diego, Health and Human Services Agency, Behavioral Health Services, Children, Youth and Families and Meghan Lukasik, PhD, Manager, Developmental Evaluation Clinic, Rady Children’s Hospital San Diego</i></p> <p>C-2 (CME) Maternal and Paternal Mental Health: Mood Disorders That Should Not be Missed <i>Simi Brar, MD, Reproductive and Child and Adolescent Psychiatrist, UC San Diego Health System and Rady Children’s Hospital San Diego</i></p> <p>C-3 Race and Equity in Early Care and Education – What Is Your Responsibility? <i>Julia Loman, MS, Senior Education Coordinator, Neighborhood House Association</i></p> <p>C-4 Helping Parents Move Beyond the Impact of their Own ACEs (En Español) (Repeated in B-5 in English) <i>Maggie Knight, LMFT, Early Childhood Mental Health Therapist and Bianca Ruiz, Child and Family Specialist, KidSTART Clinic, Chadwick Center for Children and Families, Rady Children’s Hospital San Diego</i></p> <p>C-5 Disrupting Brilliance: Moving from Implicit Bias to Belonging and Significance <i>LaTysa Flowers, CPDTC, Cultural Responsiveness and Equity Consultant, Founder of Parents Empowerment Services and Aisha Pope, LCSW, Program Director, San Diego Center for Children</i></p>
3:00 – 3:30 PM	Break and Virtual Exhibits
3:30 – 5:00 PM	<p>D-1 (CME) Social Determinants of Health: A County Determined to Change the Outcomes <i>Kelly Motadel, MD, MPH, Child Health Officer and Jennifer Tuteur, MD, FAFP, Deputy Chief Medical Officer, Health and Human Services Agency, County of San Diego, and Alethea Arguilez, MA, Executive Director, First 5 San Diego</i></p> <p>D-2 (CME) From Fetus to Five: The Stress Response in Medically Complex Children <i>Carolyn Sawyer, MD, Assistant Professor of Pediatrics, UC San Diego and Elizabeth Valles, DNP, CPNP-PC, NP-C, Rady Children’s Hospital San Diego</i></p> <p>D-3 (CME) Navigating the Service System for Children 0-5 with Developmental Delays/Disabilities and Mental Health Needs <i>Marian E. Williams, PhD, Professor of Clinical Pediatrics and Psychology, Children’s Hospital Los Angeles and Keck School of Medicine, University of Southern California</i></p> <p>D-4 Understanding Attachment Styles in Caregivers <i>Christopher Walsh, LMFT, Community Resource Center and Jeff Rowe, MD, Child and Adolescent Psychiatrist and ECMH Conference Co-Chair</i></p> <p>D-5 (CME) Mental Health Integration in Primary Care: Early Identification to Improve Emotional Well-Being of Children <i>Jason Schweitzer, MD, MSW, Lead Psychiatrist, Transforming Mental Health, Rady Children’s Hospital San Diego, Lauren Gist, MD, MPH, Assistant Health Sciences Professor of Pediatrics, UC San Diego and Developmental Behavioral Pediatrician, Rady Children’s Hospital San Diego, and Domonique Hensler, MHA, Senior Director, Care Redesign Planning and Mental Health Integration, Rady Children’s Hospital San Diego</i></p> <p>D-6 Leaders and Supervisors: Integrating Reflective Practice into Your Vision and Leadership <i>Rosa Ana Lozada, LCSW, CEO, Harmonium and Christine Cole, LCSW, IMH-E, Infant Early Childhood Mental Health Program Manager, Washington State Health Care Authority</i></p>
5:00 – 6:00 PM	Virtual Exhibits



12th Annual Early Childhood Mental Health Conference: We Can't Wait
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Conference Schedule: Saturday September 25, 2021

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09/21/21
Subject to Change

7:15 – 7:45 AM	Zoom Help Desk Open – Sign in early if you have questions or need assistance!
7:45 – 8:15 AM	Opening Remarks and Setting the Stage – Emerging from COVID <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair, and Rosa Ana Lozada, LCSW, CEO, Harmonium (In English and Spanish)</i>
8:15 – 9:45 AM	Acknowledging Historical Trauma and Resilience in Our Work with Young Children and Families <i>Dawn Yazzie, MA, NCC, Early Childhood Mental Health Consultant for the Navajo Nation and Technical Assistance Specialist, Center of Excellence for Infant and Early Childhood Mental Health Consultation</i>
9:45 – 10:15 AM	Break and Visit Exhibits
10:15 – 11:45 AM	<p>E-1 Autism Acceptance: Our Words Matter <i>Nora Camacho, LMFT, BCBA, Manager and Arielle King, MEd, BCBA, Behavior Specialist, Alexa's PLAYC, Rady Children's Hospital San Diego</i></p> <p>E-2 (CME) Developmental and Social Emotional Screening in Primary Care <i>Lauren Gist, MD, MPH, Assistant Health Sciences Professor of Pediatrics, UC San Diego and Developmental Behavioral Pediatrician, Rady Children's Hospital San Diego</i></p> <p>E-3 Re-Envisioning Self-Care <i>Kristen Krauss, MA, Early Education Quality Improvement Support Coach, San Diego County Office of Education</i></p> <p>E-4 What is Your Body Telling You? Stress Awareness During a Pandemic (In English) (Repeated in G-2 In Spanish) <i>Ariane Porras, Consultant and Trainer, YMCA of San Diego County, Child Resource Service</i></p> <p>E-5 Early Beginning: Preventing ACEs and Building Resiliency <i>Christie Yorty, Strengthening Families Program Director and Brandi Paniagua, Coordinator and Trainer, Partners in Prevention, YMCA of San Diego County, Childcare Resource Service</i></p> <p>E-6 The Importance of Parent/Child Attachment in the Latino Community (En Español) (Repeated in F-6 in English) <i>Edgar Sierra, LMFT, Program Manager and Leslie Manriquez, LMFT, Lead Therapist, Episcopal Community Services</i></p>
11:45 – 12:15 PM	Lunch and Visit Exhibits
12:15 – 1:45 PM	<p>F-1 The Benefits of Incorporating Mindfulness into Early Childhood Education (En Español) (Repeated in G-6 in English) <i>Nubia Soto, MS, MBA, Program Director, and Liza Bolaños, Clinical Supervisor, Mi Escuelita, South Bay Community Services</i></p> <p>F-2 Access to Developmental Services During COVID and Beyond <i>Shari Garrett, MS, CCC-SP, Manager, Speech and Language Pathology Department, Rady Children's Hospital San Diego, Christina Bloodworth, MS, CCC-SLP, Speech Language Pathologist, Rady Children's Hospital San Diego, and Michael Lombardi, JD</i></p> <p>F-3 Promoting Equity and Anti-Bias in Early Education Settings <i>Denisse Camargo, MS and Dana Weevie, MEd, Early Education Quality Improvement Support Coaches, San Diego County Office of Education</i></p> <p>F-4 Self-Care is the Best Care: Why Wellness is an Investment Worth Emphasizing in Your Home Visiting Program <i>Danyelle Mitchell, MAEd, and Kea Klatt, Early Head Start Home-Based Supervisors, Neighborhood House Association</i></p> <p>F-5 The Deb Stolz Memorial Breakout Session: Caring for Children with Fetal Alcohol Spectrum Disorders and Other In-Utero Exposure <i>Kania Webster and Patty Boles, Foster and Kinship Care Education Program, Grossmont College</i></p> <p>F-6 The Importance of Parent/Child Attachment in the Latino Community (In English) (Repeated in E-6 In Spanish) <i>Edgar Sierra, LMFT, Program Manager and Leslie Manriquez, LMFT, Lead Therapist, Episcopal Community Services</i></p>
1:45 – 2:00 PM	Break
2:00 – 3:30 PM	<p>G-1 Amplifying Brilliance: Centering Dignity Through Connectedness <i>LaTysa Flowers, CPDTC, Cultural Responsiveness and Equity Consultant, Founder of Parents Empowerment Services and Kristin Hovious, MS, Founder, SEL Chicago</i></p> <p>G-2 What is Your Body Telling You? Stress Awareness During a Pandemic (En Español) (Repeated in E-4 in English) <i>Ariane Porras, Consultant and Trainer, YMCA of San Diego County, Child Resource Service</i></p> <p>G-3 Reflective Practice to Promote Diversity, Equity and Inclusion in Early Childhood Systems <i>Kim Flowers, LCSW, Director of Family Support Services, Neighborhood House Association and Chris Isaac, LMFT, Program Manager, San Diego Youth Services – Bridgways</i></p> <p>G-4 Meeting the Needs of All Learners: Rethinking the Classroom Experience <i>Brettney Stanley and Vanessa Arcinas, Early Education Quality Improvement Support Coaches, San Diego County Office of Education</i></p> <p>G-5 Race and Equity in Early Care and Education – What is your Responsibility? <i>Julia Loman, MS, Senior Education Coordinator, Neighborhood House Association</i></p> <p>G-6 The Benefits of Incorporating Mindfulness into Early Childhood Education (In English) (Repeated in F-1 in Spanish) <i>Nubia Soto, MS, MBA, Program Director, and Liza Bolaños, Clinical Supervisor, Mi Escuelita, South Bay Community Services</i></p>