



Helping Caregivers Move Beyond the Impact of Their Own ACEs

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Disclosures

Natalie Elms:
I have no relevant financial relationships to disclose

Cinnamon Harper, LCSW:
I have no relevant financial relationships to disclose



Objectives

- ❖ Explore data and trends from caregiver and child ACE screenings
- ❖ Discuss the impact of caregiver ACEs on the child's treatment outcomes through case studies
- ❖ Identify opportunities to screen/educate caregivers on the impact of ACEs to facilitate improved engagement and outcomes

Emotional
Abuse

Emotional
Neglect

Sexual
Abuse

Physical
Abuse

**1 in 3 KidSTART children report 4 or more
ACEs, compared to 1 in 10 children in the U.S.**

Mental
Health
Challenges

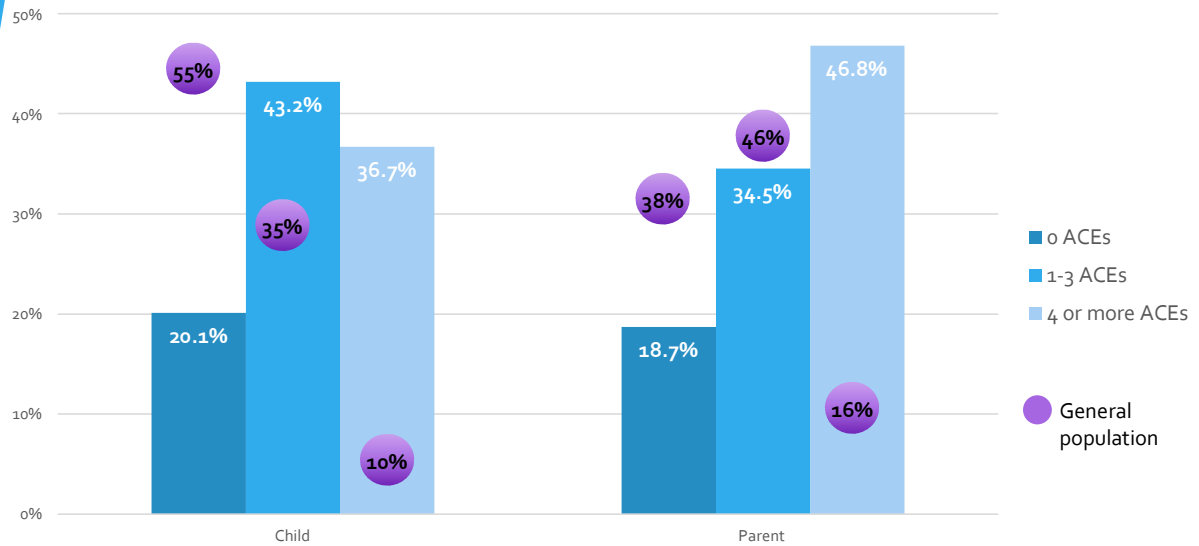
Parent
Separation

Crime/
Incarceration

Alcohol/
Substance
Abuse

Exposure to
Domestic
Violence

KidSTART and the General Population

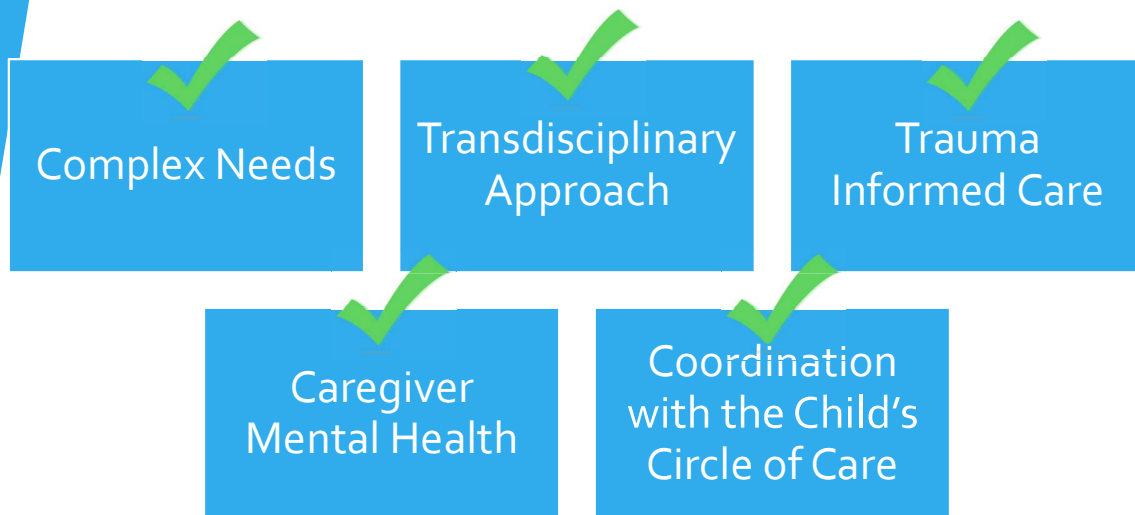


Data Source: Sacks, V., Murphy, D., Moore, K. (2014). Adverse Child Experiences: National & State-Level Prevalence. Child Trends. Publication #2014-28.

Data Source: Merrick, M.T., Ford, D.C., Ports, K. A., Guinn, A. S. (2018). Prevalence of Adverse Childhood Experiences From the 2011-2014 Behavioral Risk Factor Surveillance System in 23 States. JAMA Pediatrics, 172(11), 1038-1044.



What's Different About KidSTART?



Trauma Informed Care

- Clinical Supervision with Psychologist & LCSW
- Care Coordinators hold the trauma history of the family (Caregiver & Child) in coordinating care
- Entire KidSTART team working through a trauma lens
- Collaboration & coordination with KidSTART MH Team
- Ongoing training on trauma-informed care both internally and externally

Administration Factors Considered

- Staff training and experience to discuss sensitive information
- Creation of a safe and supportive environment for caregivers and children
- Value of understanding both child and caregiver experiences
- Resources to support families after trauma history is identified
- Opportunity to educate caregivers on the impact of adverse experiences on mental health in young children



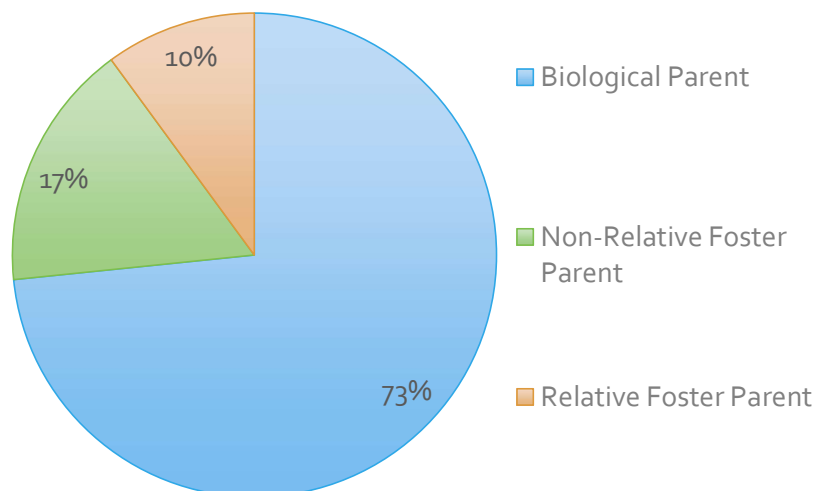
KidSTART First Stop.....

Home
Based
Assessment

- Caregiver Mental Health
- Child's Development & Behavior
- Family Environment
- Circle of Care
- Review of Barriers



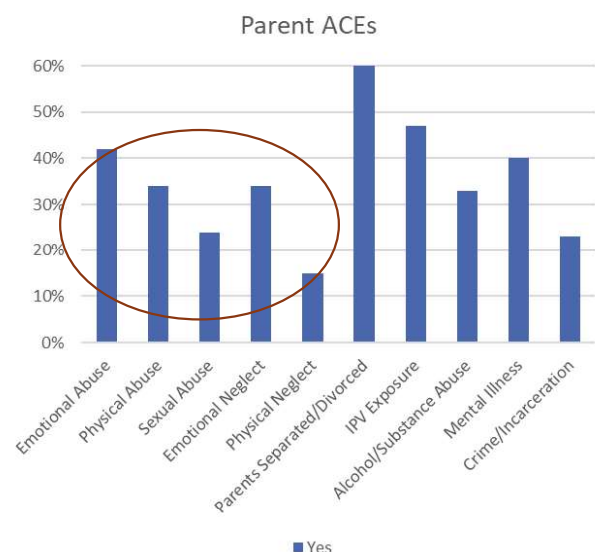
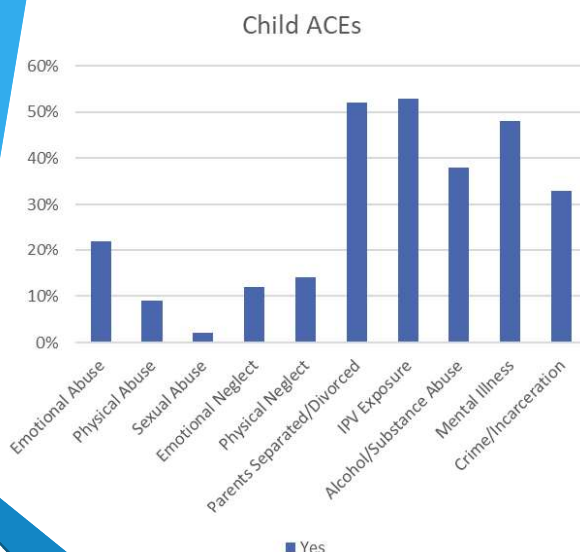
Who is Completing the ACE Screening for KidSTART Children?



How Do Caregiver ACEs Impact Child Treatment Outcomes?

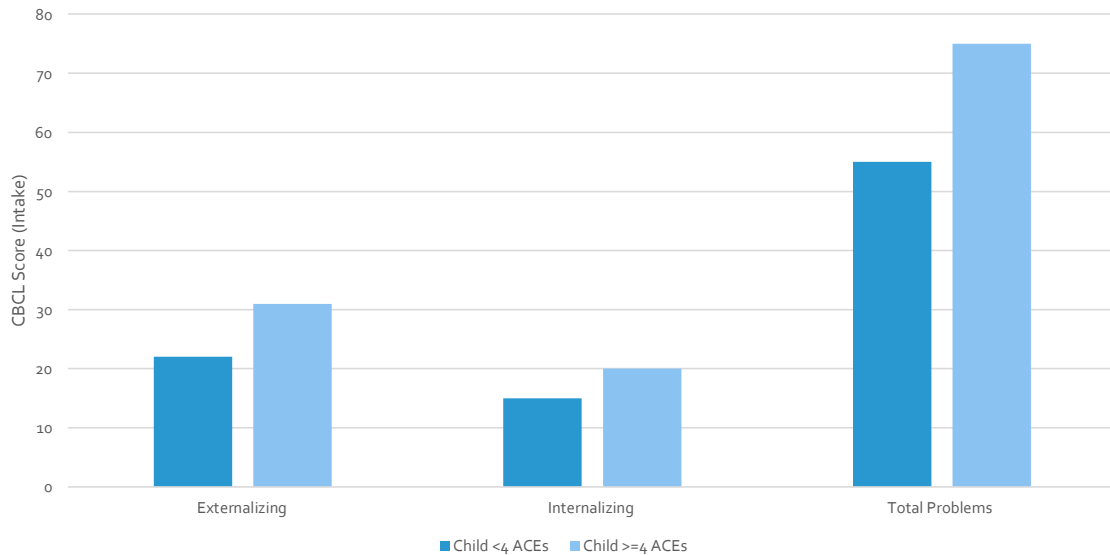
- What's "normal" to this caregiver?
- Mental Health Education
- Ongoing screening for depression & anxiety
- Caregivers want a better life for their children

Types of ACEs: Children & Caregivers



ACEs and Score on CBCL

Child Behavior Checklist: Intake



Treatment Considerations

- Trusting Relationship
- Role of Regulation
- Executive Functioning Skills
- Importance of modeling skills
- Skill Building

These strategies
would probably
help me too!

I feel like I'm not being judged
at KidSTART!

Oh, I
struggled
with this
as a child
too!

Discussion Questions

B-4 ECMH WCV 2021

- How are you holding the caregiver's experience in your program?
- Are there things you would do differently moving forward?



Thank you! Questions?

