



Getting to the Finish Line: Parent Engagement Strategies That Work



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History of First 5 San Diego

- Created in 1998 by passage of CA Prop 10 (Funded by special tobacco tax)
- Distributed at the County level and State level





HDS <u>treats</u> children with <u>mild to moderate</u> developmental and behavioral concerns.

Approximately 330,000 children and their families have received services since 2006.

HDS Service Model

Determination Service Child Need

 Family Need

Who **Provides** Service

Development Treatment

1:1 Development

Development Group

Behavior Treatment

Coordination

Care

1:1 Behavior Coaching

Behavior Parent Workshops

Services

Treatment

HDS Service Model During COVID

Service Determination

Child

Need

Family

Need

Who

Provides

Service

Development Treatment

> 1:1 **Development Services**

Coordination

Behavior Treatment

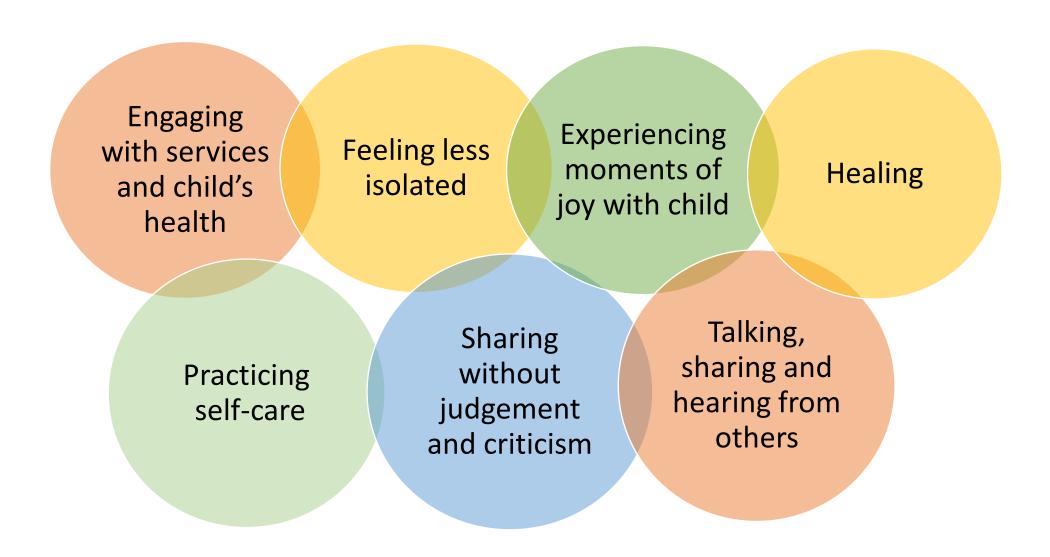
1:1 Behavior Coaching

Behavior Parent Workshops

Development Group **Treatment**

The HDS Approach to **Engaging Families** Reflective Practice Workgroup Motivational Interviewing Meetings Trauma and **Diversity Informed** Self-Care Multifor Parents Disciplinary Team and Meetings Caregivers Self-Care for Service **Providers**

Our dream is that families are:



To move into a deeper level of supporting the parent/caregiver, we needed to:

Shift intake to a conversational, relationship building process

Create safety through a no agenda, no judgment approach

Build the relationship through asking about difficulties situations and trauma

Address parental mental health

Parent Engagement Strategies

Care Coordination Assessment Process

Routines-Based Intervention/ Getting to Know Your Child Call

Caregiver Well-being Checkup Rollout

Provider Support Groups

As the HDS provider shares their experience:

What is the felt sense of the interaction between HDS providers and the parent/caregiver?

Think about how can you apply these ideas to your work.

How have the HDS providers noticed a change in parent engagement and their own satisfaction as a provider?

Reflections

Q&A