



Speaker Biographies

12th Annual ECMH Conference – We Can't Wait!
*Emerging from COVID, Conflict and Chaos: Creating
a Resilient Future for Our Children and Communities*

September 23-25, 2021
Virtual Conference

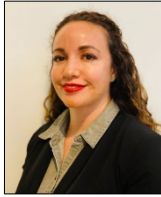


ECMH 2021 Speaker Biographies

Speaker and Session

Biography

Veronica Alvarado, BS



Veronica Alvarado, who holds a BS in Human Services, is a Care Coordinator at Healthy Development Services in the South Region and a Family Development Associate at South Bay Community Services in Chula Vista, CA. Ms. Alvarado has worked for more than 20 years in the social services and child development field, focusing on the 0-5 population. She uses parent engagement strategies to bridge children and their families to developmental and behavioral services.

Thursday, 1:30 PM Breakout A-5

Vanessa Arcinas, MA



Vanessa Arcinas serves as an Early Education Quality Rater/Trainer with the San Diego County Office of Education. Prior to this role, Vanessa served as a coach to preschool teachers across San Diego County through the Quality Preschool Initiative for four years. Her previous experience as a teacher and administrator included work in Infant/Toddler classrooms as well as preschool classrooms, in programs ranging from university-based to parent cooperatives. Vanessa holds a BA in Psychology (Applied Developmental Psychology minor) from UCLA, and a MA in Early Childhood Education from Loyola Marymount University. Vanessa enjoys reading with her two children, and believes every child deserves a loving, engaging early childhood experience.

Saturday, 2:00 PM Breakout G-4

Alethea Arguilez, MA



Alethea Arguilez, MA, is the Executive Director of First 5 San Diego, the region's primary organization for promoting the health and well-being of children 0-5 years of age and their families. Alethea has dedicated over 20 years to the field of early childhood education, starting her journey as an infant and toddler teacher. Her early experience was working to create and support pathways for families experiencing adversity in achieving self-sufficiency through direct services which helped form the foundation for her work.

Friday, 3:30 PM Breakout D-1

Alethea is a native San Diegan and proud Latina and momma of two young ladies, Isabelle and Gabrielle. Her passion is to be a champion for young children and families and supporting an equitable and sustainable early care and education system. She holds a Master's degree in Nonprofit Leadership Management from the University of San Diego and a Bachelor's degree in Child and Family Development from San Diego State University.

Sarah Baldauf, MSJ



Sarah Baldauf received a master's degree from the Medill School of Journalism at Northwestern University and a bachelor's degree in psychology from Boston University. Sarah serves as a communications consultant to the Center for Community Resilience and the Sumner M. Redstone Global Center for Prevention and Wellness at the Milken Institute School of Public Health (MISPH) at The George Washington University, Washington, DC. Before moving to Atlanta with her family, Sarah served as their Senior Director of Communications, Outreach and Engagement, where she led their communications strategy and built relationships with local, national, and global partners in service of prevention, public health policy, and centering community in the work to reduce the systemic drivers of disparities.

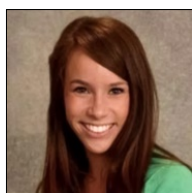
Friday, 11:15 AM Keynote

Speaker and Session

Biography

Prior to her work at MISPH in Washington, DC, Sarah was the Director of Public Health Initiatives in the Office of the Assistant Secretary for Public Affairs at the U.S. Department of Health and Human Services (HHS). Her work there included collaborating with the White House on First Lady Michelle Obama's Let's Move! Campaign; on the administration's expanded tobacco control work, including the 50th Anniversary Surgeon General's Report on the Health Consequences of Smoking and launch of the multi-million dollar FDA youth tobacco-control campaign: The Real Cost; and on public health emergencies, including Ebola in West Africa and cases in the U.S. She was a 2014 recipient of the Secretary's Award for Meritorious Service: 50th Anniversary Surgeon General's Report Team at HHS.

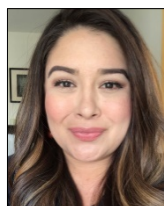
Christina Bloodworth, MS, CCC-SLP



Saturday, 12:15 PM Breakout F-2

Christina Bloodworth, MS, CCC-SLP, is a Speech Language Pathologist at Rady Children's Hospital San Diego. She provides services in-clinic and via telepractice in English, Spanish and ASL. She specializes in early intervention, bilingual language development, aural rehabilitation and early literacy. Her educational background includes a BA in Communication Disorders and Spanish, a BS in Collaborative Education, with dual certification in Elementary Education K-6 and Special Education K-12, and an MS in Communication Disorders with a concentration in Speech Language Pathology. Christina is trained in Visual Phonics and PECs (Picture Exchange Communication System). She is also a current member of the American Speech-Language-Hearing Association (ASHA) and the California Speech Language and Hearing Association. Christina is passionate about providing family-centered care and supporting early language and literacy development.

Liza Bolaños, MS



Saturday, 12:15 PM Breakout F-1
Saturday, 2:00 PM Breakout G-6

Liza Bolaños is a clinical supervisor at South Bay Community Services. Prior to that she served as a program manager and licensed mental health clinician for the Sweetwater Union High School District and as a mental health case worker at the San Diego Unified School District Mental Health Resource Center. Liza received her BA in Sociology and Chicano Latin American Studies from Fresno State University and her MS in Counseling and Marriage and Family Therapy from San Diego State University. She was a Mental Health Loan Assumption Program (MHLAP) recipient from 2015-2017. She also volunteered as an American Association of Marriage and Family Therapy (AAMFT) approved supervisor in training at the Center for Community Counseling and Engagement and was an AAMFT Advocacy Committee member.

Patty Boles



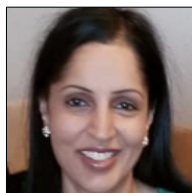
Saturday, 12:15 PM Breakout F-5

Patty Boles is a foster/adoptive parent of one birth child and 11 adopted children. She is President of the North San Diego County Foster Parent Association, founder and Director of Straight From The Heart, Inc., and Advisory Board Member of Child and Family Strengthening. Patty received the 2013 Loreal Paris Woman of Worth Award and the 2001 *North County Times* Woman of Merit award. She is a Resource Parent Mentor, Foster/Adoptive Parent Trainer for Grossmont College Foster Adoptive and Kinship Education Program, and past Legislative Chair for the California Foster Parent Association.

Speaker and Session

Biography

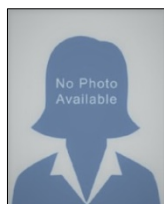
Simi Brar, MD



Simi Brar, MD, is a native Californian returning to practice and live in sunny San Diego after spending seven wonderful years at the University of New Mexico. Dr. Brar is a board-certified general adult and child and adolescent psychiatrist and has also completed a specialty fellowship in reproductive psychiatry and infant mental health. She currently practices at the University of California San Diego and Rady Children's Hospital alongside many wonderful colleagues doing maternal mental health, early childhood and infant mental health, and program development with the Transforming Mental Health Initiative. She loves early intervention, is passionate about advocacy and teaching, and strongly believes that as a "united team" we can accomplish anything!

Friday, 1:30 PM Breakout C-2

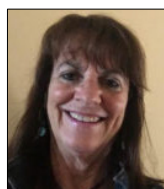
Lauren Brisbin



Lauren Brisbin is a Developmental Specialist and Care Coordinator for Healthy Development Services, North Central Region, Rady Children's Hospital San Diego. She is responsible for the implementation of components of behavior-analytic treatment plans, collecting data on treatment targets, and conducting certain types of behavioral assessments. Lauren studied psychology at San Diego State University.

Thursday, 1:30 PM Breakout A-5

Marilee Burgeson, MA, CCC-SLP



Marilee Burgeson has been a speech language and hearing consultant for the San Diego County Office of Education since 1987 in a 0-3 early intervention program. She has been instrumental in developing an autism services team model that is transdisciplinary and has been recognized by the State of California as an exemplary program. She is also trained in ABA and is a Hanen trained speech pathologist. Marilee has been devoted to DIR Floortime® for many years and was certified in 2011. She is a seasoned trainer specializing in adult learning strategies and developed a model to teach DIR in the Hope Infant and Family Support program, with an emphasis in reflective practice. To Marilee, believing that you "learn what you love," the DIR model has been a rich and passionate journey. She has participated on the community-based San Diego Bridge Collaborative, which is devoted to research and parent training for very young children showing early signs of ASD. Marilee received a master's degree in communication disorders and speech science from the University of Colorado, majoring in language and learning disabilities. She has worked in private and public schools as a speech pathologist and learning disabilities specialist.

Thursday, 3:30 PM Breakout B-3

Nora Camacho, LMFT, BCBA

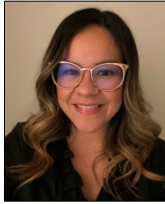


Nora Camacho graduated from Providence College, where she earned a bachelor's degree in education. She went on to obtain a master's degree from San Diego State University in special education, with an emphasis on autism, as well as a master's degree in marriage and family therapy from Alliant University. Nora became a board-certified behavior analyst in 2010 and a licensed marriage and family therapist in 2018. She worked as a supervisor for in-home applied behavior analysis therapy programs for nine years prior to joining the Rady Children's Hospital team. Nora is now acting as the Manager at Alexa's PLAYC.

Saturday, 10:15 AM Breakout E-1

Speaker and Session

Denisse Camargo, MS



Biography

Denisse Camargo is an Early Education Quality Improvement Support Coach with the San Diego County Office of Education, where she provides coaching and professional development to early education program leaders and teachers in support of quality improvement. She holds a degree in Human Development with a focus on Early Childhood Development from California State University East Bay and has 15 years of experience working in the early education field. When she is not working with educators, Denisse enjoys cooking and spending time at the beach with her husband and three amazing sons.

Saturday, 12:15 PM Breakout F-3

Francisco J. Castillo, BA



Francisco J. Castillo is a Developmental Specialist for Healthy Development Services, North Inland Region, Palomar Health in Escondido, CA. Over the last two years, he has worked with engaging families in developmental assessments, done one-on-one parent coaching, and facilitated group meetings with parents. Francisco has experience working as a Behavior Coach with Motiva Associates where he discovered a new passion of working with children and teens on the autism spectrum disorder. Over the years, he has enjoyed working with families in the office, in their homes, and most recently virtually. Every platform of services has helped him understand the core meaning of the “Whole Child Approach.”

Thursday, 1:30 PM Breakout A-5

Christine Cole, LSCW, IMH-E®



Christine’s education and training has focused on early childhood mental health, interpersonal trauma, and the practice of reflective supervision. As a therapist, she has had the opportunity to practice within a variety of settings ranging from ECMH consultation, school-based interventions, in-home family therapy, outpatient therapy and inpatient services for eating disorders and substance use. Christine’s work with caregivers and young children has addressed behavior management, emotional distress, processing trauma, and attachment concerns. Regardless of the setting or type of services, Christine has learned that supporting caregivers in their role is integral to the health and well-being of their children, which includes the ‘caregivers’ who provide services to families. For that reason, she is a passionate advocate for reflective practice and its invaluable impact on ourselves, our teams and the families we work with. Christine currently is the Infant Early Childhood Mental Health Program Manager for the Washington State Health Care Authority.

Friday, 3:30 PM Breakout D-6

Wendy Ellis, DrPH, MPH

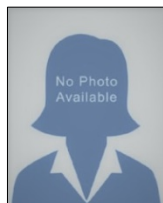


Dr. Wendy Ellis, Founding Director of the Center for Community Resilience at The George Washington University, Washington, DC, will join our community in a presentation focused on understanding the Pair of ACEs—Adverse Childhood Experiences in the context of Adverse Community Environments—and how our programs and practices can address systemic inequity. She has spent the past decade building a national resilience movement of local coalitions that are meeting the challenge before us—dismantling structural racism through policy, practice and program change. Dr. Ellis was an inaugural Milken Scholar at the Milken Institute School of Public Health at The George Washington University where she earned her DrPH in Health Policy in 2019.

Friday, 8:45 AM Keynote
Friday, 10:00 AM Keynote
Friday, 11:15 AM Keynote

Speaker and Session

Natalie Elms, MA



Biography

Natalie has her MA in Developmental Psychology, with her clinical background in behavior therapy. She has worked in a number of roles for 20 years, providing direct treatment and/or managing a team that provides services for children of all abilities. She has been involved in grant-funded programs at Rady Children's Hospital since 2012 and is currently the manager for KidSTART Center. KidSTART Center provides services for children birth to 6 years old with complex developmental and behavioral health needs, in addition to medical and or family complexity.

Thursday, 3:30 PM Breakout B-5

Kim Flowers, LCSW, IF-ECMH
RPF-II



Kim Flowers, LCSW, IF-ECMH RPF-M, currently serves as Senior Director of Family Support Services for Neighborhood House Association's Head Start, Early Head Start, and Services to Pregnant Women programs. Endorsed as a Reflective Practice Facilitator Mentor, she has over 30 years of IF-ECMH experience, as well as an Advanced Certificate in Infant Preschool Mental Health. She has provided clinical services in home visitation, education, military, and community mental health settings and has supported the professional development of early childhood professionals at Alliant International University and San Diego State University, incorporating reflective practice facilitation.

Thursday, 3:30 PM Breakout B-3
Saturday, 2:00 PM Breakout G-3

LaTysa Flowers, CPDTC



LaTysa Flowers is the Founder of Parents Empowerment Services, an organization that provides educational advocacy, consultation and coaching for the parents and caregivers of children with academic, developmental and social emotional challenges. She also serves the YMCA of San Diego County, providing organizational leadership, training and development on inclusion, anti-racism and culturally responsive practices. She provides training through the Academy for Professional Excellence where she is a facilitator and curriculum consultant for the Cultural Responsiveness Academy of Child Welfare Developmental Services (CWDS) and a trainer for Responsive Integrated Health Solutions (RIHS). She facilitates several trainings including Pathways, Child and Family Team Facilitation, Safety Organized Practice, African American Worldview, and Engaging African American Families. Her life's work consists of efforts to reduce inequities, bias in education and the elimination of the *preschool to prison pipeline*, always amplifying the needs, perspectives and concerns of children, youth and families.

Friday, 3:30 PM Breakout C-5
Saturday, 2:00 PM Breakout G-1

Ali Freedman, PsyD, MBA



Ali Freedman is a Licensed Clinical Psychologist in San Diego who also completed her MBA with an interest in supporting the sustainability of social services for youth and families. Ali has worked anywhere from clinician to executive to consultant in a variety of nonprofits within the social service sector. Her belief in the importance of early intervention prompted her to complete the Advanced Infant and Preschool Mental Health Certificate. Always looking for effective ways to help and engage people, Ali became certified as an Equus Coach where people are brought together with horses to gain insight and see their patterns and potential through those unique relationships. Currently working as a consultant, she is also committed to several projects for which she volunteers.

Thursday, 8:00 AM Welcome

Speaker and Session

Biography

Shari Garrett, MS, CCC-SP



Shari Garrett is the manager of the Speech-Language Pathology Department at Rady Children's Hospital San Diego, specializing in voice, autism, vocal cord dysfunction and early language development. She often incorporates integrative medicine in her therapeutic approach and introduced reflective practice to the Speech-Language Pathology Department. She is a certified speech-language pathologist and a member of the American Speech-Language-Hearing Association, the California Speech Language and Hearing Association and the San Diego Early Childhood Mental Health Leaders Collaborative. Shari is Hanen certified and a Certified Healing Touch Practitioner. Her goal in working at Rady Children's is to continue to implement and create innovative therapy to help children and families communicate at their highest potential.

Saturday, 12:15 PM Breakout F-2

Pradeep Gidwani, MD, MPH



Pradeep Gidwani, MD, MPH, FAAP is a pediatrician and community health leader focused on creating systematic solutions and changes to improve the lives of children and their families. Currently, he works at American Academy of Pediatrics, California Chapter 3, San Diego and Imperial Counties (AAP-CA3) on a team that provides countywide coordination and support for two large scale community initiatives—Healthy Development Services and First Step Home Visiting funded by First 5 San Diego. In the last 14 years, these communitywide programs reach over 314,000 children and their families. Dr. Gidwani is a Past President of AAP-CA3, serves on the National Advisory Committee of Healthy Families America, the State Advisory Board for California Nurse Family Partnership, and numerous community advisory boards. He is a Child Trauma Academy Fellow and a member of the Board of Governors at the San Diego Foundation.

Thursday, 1:30 PM Breakout A-5
Friday, 8:00 AM Welcome

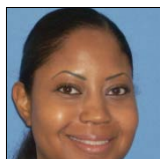
Lauren Gist, MD, MPH



Lauren Gist, MD, MPH is a board-certified developmental and behavioral pediatrician. She is an Assistant Health Sciences Professor of Pediatrics at UC San Diego but is located at Rady Children's Hospital for her clinical services. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. Dr. Gist has a special interest in the evaluation and care of young children with behavioral challenges, children with developmental and behavioral concerns associated with genetic conditions, autism, and fetal alcohol spectrum disorders. She currently works in a variety of clinical settings. She is the Medical Director of the Rady's Children's Down Syndrome Center and works as a developmental pediatrician in Rady's KidStart program which aims to serve complex children birth to six. She has a developmental pediatric consult clinic at the Rady Children's satellite in Torrey Hills where she is also a member of the multidisciplinary autism team. More recently Dr. Gist has also joined the Transforming Mental Health program to support children with behavioral and mental health care needs within their primary pediatric practice. Dr. Gist is bilingual (English/Spanish).

Friday, 3:30 PM Breakout D-5
Saturday, 10:15 AM Breakout E-2

Cinnamon Harper, LCSW



Cinnamon Harper has been a part of the KidSTART team at Rady Children's Hospital for nearly nine years. She spent the first eight years of that time as a Care Coordinator with KidSTART Center, helping to meet the developmental demands of children 0 to 5 with complex needs. She earned her LCSW and transitioned to the position of Early Childhood Trauma Therapist with KidSTART's mental health clinic in January of 2021, serving the same population. In addition, Ms. Harper has over 10 years of experience in a variety of settings, primarily working with children and families

Thursday, 3:30 PM, Breakout B-5

Speaker and Session

Alexis Hawley, MS



Thursday, 1:30 PM Breakout A-5

Biography

Alexis Hawley graduated from San Diego State University with a Master of Science in Early Childhood Mental Health. She is currently registered with the Board of Behavioral Sciences as an Associate Professional Clinical Counselor. Alexis works at Family Health Centers of San Diego with children 0-5 years old and their parents/caregivers on addressing social-emotional concerns in the child and improving the dyad.

Domonique Hensler, MHA



Friday, 3:30 PM Breakout D-5

Domonique Hensler is the Senior Director for Care Redesign Planning and Mental Health Integration for Rady Children's Hospital – San Diego and Rady Children's Health Network. Since joining Rady Children's in 1998, she has served in various leadership, strategic implementation, and project management roles in healthcare administration. Ms. Hensler's current role focuses on transforming mental health and emotional well-being to improve the health status of youth and families. Ms. Hensler obtained her Masters in Healthcare Administration from the University of Minnesota and has over 25 years of experience in the field.

Kristen Hovious, MS



Saturday, 2:00 PM Breakout G-1

Kristin Hovious is an educator with over two decades of experience in vocational, adult education. She led Chicago's Cortiva Institute as both Education Director and Adjunct Faculty Member from 2006-2017. Her love of anatomy and the science of human development brought her to the work of social emotional learning (SEL). Ms. Hovious is a Certified Positive Discipline Trainer, and served the Positive Discipline Association as a Director and Consultant from 2016-2018. In 2015, Ms. Hovious founded SEL Chicago to help adults learn the skills to create mutually respectful environments with intention. SEL Chicago's clients include Chicago Public Schools, Illinois State University, Columbia College Chicago, and private and parochial schools. She continues to grow in her practice and has recently earned her Master of Science in Psychology at Indiana Institute of Technology. In 2020 she published *Our Brain Book* as a helpful tool for adults and children to learn the science behind self and co-regulation. Ms. Hovious lives in Chicago, IL with her husband and two children.

Chris Isaac, LMFT



Saturday, 2:00 PM Breakout G-3

Chris Isaac is a Trainer/Consultant with the San Diego County Chapter of the American Academy of Pediatrics (AAP-CA3). AAP-CA3 is Central Administration for San Diego County's HFA Multi-Site System, First Steps. In addition to his work with AAP-CA3, Chris also works as a Program Manager for San Diego Youth Services, Bridgeways' program, which provides therapeutic and case management services for youth who are at risk of or involved with juvenile probation. Prior to this, Chris worked for several programs in a variety of capacities dealing with families with children from 0-5. Chris holds his Master of Arts in Counseling Psychology and specializes in Infant and Early Childhood Mental Health. In his free time, Chris enjoys traveling the world and has toured over 25 countries across five continents. He also enjoys surfing, kayaking and fishing, and is an avid hiker.

Speaker and Session

Precious Jackson-Hubbard, MA



Thursday, 3:30 PM Breakout B-3

Biography

Precious has spent 16 years as a K-12 educator and administrator. She is a member of the National Sorority of Phi Delta Kappa Inc., National Council of Negro Women, NAACP, and serves on the boards for San Diego Youth Services and Paving Great Futures. She has received honors including *California Administrator of the Year*, *Teacher of the Year*, *Outstanding African American Educator*, and more. Precious was recognized by her local community as an “Unsung Hero” and inducted into the *Wall of Excellence*. She is a graduate of both Howard University and San Diego State University (SDSU), and is currently a doctoral student and Graduate Assistant at SDSU. In June of 2019 she was featured in the *San Diego Union Tribune* as someone San Diego should know. Precious is a proud wife and mother, and enjoys taking long drives, hosting game nights and listening to music.

Arielle King, MEd, BCBA



Saturday, 10:15 AM Breakout E-1

Arielle King is a behavior specialist at Alexa’s PLAYC at Rady’s Children’s Hospital San Diego. She supervises two inclusion preschool classrooms in the implementation of evidence-based curriculum and manages a caseload of 20 students diagnosed with autism spectrum disorder. She also held positions as a production manager where she trained adults with autism in job skills, a specialist teacher aide focused on autism, a Teach for America self-contained autism classroom teacher, and a habilitation provider, providing home-based therapy for children on the autism spectrum. Arielle received her BA in Psychology and her MEd in Special Education from Arizona State University.

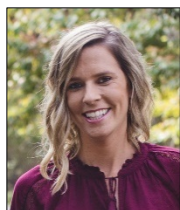
Kea Klatt



Saturday, 12:15 PM Breakout F-4

Kea Klatt is a wife and mother of three boys and currently works as the Head Start Home-Based Supervisor for the Neighborhood House Association Head Start. She has 20 years of experience working with children and families of diverse backgrounds. Kea has a passion for self-improvement and learning, and loves empowering others to become a better version of themselves one day at a time. In her personal time she enjoys crafting and journaling.

Maggie Knight, LMFT

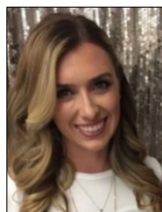


Friday, 1:30 PM Breakout C-4

Maggie Knight is a bilingual (Spanish/English) Licensed Marriage and Family Therapist currently working at the KidSTART Clinic, Chadwick Center for Children and Families at Rady Children’s Hospital San Diego as an early childhood mental health therapist for children 0-5 and their families. She completed her undergraduate degree at San Diego State University with a degree in Psychology and Spanish and completed her Master’s degree at California State University, Fullerton. Maggie has been trained in various treatment modalities, including Parent Child Interaction Therapy, Trauma Assessment Pathway, and Child Parent Psychotherapy. With experience treating children, adolescents, and families, Maggie’s passion has really been working with the 0-5 population supporting healthy attachment and developmental growth.

Speaker and Session

Kristen Krauss, MA



Saturday, 10:15 AM Breakout E-3

Biography

Kristen Krauss has been an Early Education Quality Improvement Support Coach with the San Diego Quality Preschool Initiative for the last five years, supporting early education programs to improve quality. In her role, Kristen supports early education program leaders, support staff and teachers by coaching on early education best practice and facilitating trainings on all aspects related to the Quality Rating Improvement System aligned with the Early Childhood Educator Competencies. Before joining the San Diego team, Kristen spent nine years as a preschool teacher, mentor and site director in Los Angeles, CA. Currently Kristen is a member of the Trauma Sensitive Schools Core Implementation Team with the San Diego County Office of Education, striving to bring awareness to Trauma Sensitive Practices across the county.

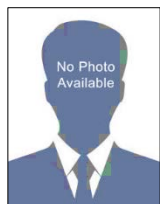
Julia Loman, MS



Friday, 1:30 PM Breakout C-3
Saturday, 2:00 PM Breakout G-5

Julia Loman, MS, has been committed to social change, anti-bias, and multi-cultural practices for her entire career. She has been in the early care and education field for 25 years, working with families and children ages 0-12 in various settings and positions, from classroom teacher to program director. Julia is currently an Early Care and Education Consultant and works as an Education Coordinator for the Head Start Program at the Neighborhood House Association in San Diego, CA. Her passion for social justice and anti-racism was nurtured at a young age by her father, who taught Black Studies. She has woven this passion into everything she does personally and professionally. In addition to her professional work, Julia is the proud parent of a twenty-year-old and bonus mom to a four-year-old, her ultimate child development experiments!

Michael Lombardi, JD



Saturday, 12:15 PM Breakout F-2

Michael Lombardi serves on the Early Childhood Mental Health Conference Planning Committee. He graduated from Rutgers Law School, Newark, NJ, in 1998 and went on to clerk for United States Bankruptcy Chief Judge Rosemary Gambardella. Michael served in the New Jersey Attorney General's Office and the United States Department of Justice before working for Disability Rights California in 2014. He is currently a self-employed attorney, representing youth and their families in special education, regional center services, public benefits, discrimination, foster youth issues, and related matters. Michael also volunteers for various nonprofit organizations to support foster youth and members of the U.S. Military.

Rosa Ana Lozada, LCSW



Thursday, 3:30 PM Breakout B-6
Friday, 3:30 PM Breakout D-6
Saturday, 7:45 AM Welcome

Rosa Ana Lozada, has dedicated nearly 40 years of service and leadership in behavioral health, system change, and advocacy for children, youth, and families. Ms. Lozada leads Harmonium by providing health prevention and intervention services to over 30,000 children, youth, and their families in collaboration with public and private partnerships. She applies her expertise as a licensed clinical social worker to advance integrated holistic approaches that support family centered and culturally responsive services. Ms. Lozada serves on various boards and is a founding member of the California Association of Infant Mental Health. Ms. Lozada has received many proclamations and awards, including the County of San Diego's Behavioral Health Person of the Year Award. Ms. Lozada has written articles for mental health publications, serves as adjunct faculty at local universities, and provides training and consultation on a number of topics that include cultural responsiveness, trauma-informed practices, and system change.

Speaker and Session

Biography

Meghan Lukasik, PhD



Friday, 1:30 PM Breakout C-1

Meghan Lukasik has held various clinical and leadership roles at Rady Children's Hospital San Diego (RCHSD), where she has been a clinical psychologist for over 20 years. Currently she is the Manager of the Developmental Evaluation Clinic, an outpatient general developmental and behavioral assessment clinic affiliated with RCHSD. She is responsible for the development and monitoring of clinical practices, policies and procedures, and personnel performance management, and clinically provides outpatient diagnostic assessment of infants and children. Meghan received her BA in Psychology, with a minor in English, from Loyola Marymount University, her MA in Psychology and her PhD in Clinical Psychology from the California School of Professional Psychology in San Diego.

Leslie Manriquez, LMFT



Saturday, 10:15 AM Breakout E-6
Saturday, 12:15 PM Breakout F-6

Leslie is a bilingual (English and Spanish) licensed marriage and family therapist, currently working with families of children between the ages of 0-5. She has been working for over 13 years with families in the mental health field in the non-profit sector. She mainly practices attachment-based therapies as she believes that healthy relationships play a key role in improving overall well-being. Leslie has experience in working with families of diverse backgrounds that have been impacted by trauma. Additionally, she has received formal training in Eye Movement Desensitization and Reprocessing (EMDR) and Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT).

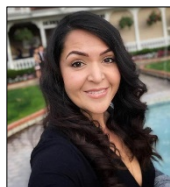
Danyelle Mitchell, MAEd



Saturday, 12:15 PM Breakout F-4

Danyelle Mitchell is the Early Head Start (EHS) Home-Based Supervisor at the Neighborhood House Association in San Diego, where she oversees the Services to Pregnant Women (SPW) program and the EHS Home-Based home visitors. She is a dedicated wife and mother of one son. She graduated with her Associate of Arts degree in Child Development, a Bachelor of Arts in Human Services, and a Master of Arts in Adult Educations. In her free time, she like to craft in her craft lab and spend time with family.

Melanie Morones, LMFT, ATR,
ECMHS



Thursday, 3:30 PM Breakout B-3

Melanie Morones, MFT/ATR, began her career in south central Los Angeles, providing intensive early intervention mental health services to youth and their families, and as a facilitator in the Early Intervention Training Institute where she was selected to be in the first cohort to complete and join the rosters of the Child Parent Psychotherapy family. She holds an adjunct faculty position at Loyola Marymount University, providing group and individual Clinical Art Therapy supervision to emerging providers. Melanie currently works for San Diego Youth Services, Our Safe Place, where she is the program manager of an outpatient clinic and four drop-in centers throughout San Diego County that focus on the health and well-being of QT+ youth, families, and allies. Her roots, combined with intentionally sought diverse professional experiences, have cultivated a frame of compassionate curiosity and cultural reverence that is the foundation of both her clinical work and approach to life.

Speaker and Session

Kelly C. Motadel, MD, MPH

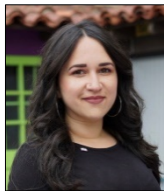


Friday, 3:30 PM Breakout D-1

Biography

Kelly Motadel, MD, MPH, is the Child Health Officer for the County of San Diego. She plays a critical role in planning and providing medical direction to Child Welfare Services, First 5 San Diego, and other county programs related to children's health. Previously, she was the Chief Medical Officer at the Vista Community Clinic (VCC), a Federally Qualified Health Center serving 70,000 patients annually across San Diego, Riverside and Orange Counties. In 2019 she was a founding member of TIME'S UP Healthcare and completed the Carol Emmott Fellowship, a national recognition program for exceptional female healthcare leaders. Recently, she was appointed to the Medi-Cal Children's Health Advisory Panel as well as the American Academy of Pediatrics's Border Strategy Team. Dr. Motadel completed her pediatric training through the University of California San Francisco at Fresno program. She holds an MD degree from the University of California San Diego, an MPH from California State University Fresno, and a BA degree from Yale University.

Brandi Paniagua, MAEd



Thursday, 3:30 PM Breakout B-4
Saturday, 10:15 AM Breakout E-5

Brandi Paniagua is currently a Coordinator and Trainer with Partners in Prevention, a community-based grant that is stewarded by the YMCA of San Diego County's Childcare Resource Service. She has a passion for education and equity, and has pursued education as her focus in higher learning. As a lifelong San Diegan, she is committed to the community she grew up in, and passionate about family voice and choice, shared language, continuous quality improvement and self-reflection, and prioritizing the dignity of all people.

Charmi Patel Rao, MD



Friday, 1:30 PM Breakout C-1

Charmi Patel Rao, MD is board certified in adult psychiatry and child and adolescent psychiatry. She received her undergraduate degree from the University of California, Riverside, her medical degree from UC Irvine, completed her internship and residency at UC San Diego and her fellowship at UC San Francisco and UC San Diego. Dr. Rao has developed an interest in early childhood mental health and co-morbid mental health/developmental delays. She is the Supervising Psychiatrist for Juvenile Forensics with the County of San Diego Behavioral Health Services and oversees behavioral health services for youth in the juvenile detention facilities. Dr. Rao is also a Health Sciences Assistant Clinical Professor for UC San Diego Department of Psychiatry.

Wendy Pavlovich, MD, MHS



Thursday, 3:30 PM Breakout B-2

Wendy Pavlovich, MD, MHS is a general pediatrician and medical educator at Family Health Centers of San Diego and serves as pediatric outpatient training director. She currently chairs the American Academy of Pediatrics, California Chapter 3 Committee on Adverse Childhood Experiences and Trauma-Informed Care. She completed her pediatric internship and residency training at the Boston Children's Hospital/Boston Medical Center Combine Pediatric Residency Program. She earned her medical degree from Tufts University School of Medicine and her Master's in Health Sciences from Johns Hopkins Bloomberg School of Public Health.

Speaker and Session

Aisha Pope, LCSW



Thursday, 3:30 PM Breakout B-3
Friday, 1:30 PM Breakout C-5

Biography

Aisha Pope, LCSW, has worked in San Diego County's Children's Behavioral Health System of Care for the last 20 years. Ms. Pope has provided therapeutic services and clinical supervision in a variety of settings including outpatient, inpatient, residential, community/home based, private practice, and now telehealth. She currently works for San Diego Center for Children as a Program Director in the Foster Family Agency Stabilization and Treatment (FFAST) Program, and has a private practice where she specializes in supporting BIPOC, youth 0-5, couples, and those needing support with parenting. She also currently co-chairs the county's CYFSOC Early Childhood Mental Health Subcommittee. Ms. Pope is proud to be a Rostered Provider in Child Parent Psychotherapy (CPP) and a Certified Positive Discipline Trainer (CPDT). She is passionate about helping families grow their connections to each other and community, reach their goals, and improve their resilience.

Arianne Porras



Saturday, 10:15 AM Breakout E-4
Saturday, 2:00 PM Breakout G-2

Arianne Porras is a consultant and trainer for the YMCA of San Diego County Childcare Resource Service. Arianne is passionate about the ways she has been able to serve her hometown. Her role includes two different forms of community engagement. She provides Early Childhood Mental Health Consultation to Spanish speaking families with children ages 0-5, where she can empower caregivers to best nurture their child's development. She also supports capacity building through training for agencies in San Diego so they can provide families with a trauma-informed and culturally responsive service delivery.

Jessica Pryce, PhD, MSW



Thursday, 8:45 AM Keynote
Thursday, 10:00 AM Keynote
Thursday, 11:15 AM Keynote
Thursday, 1:30 PM Breakout A-3

Dr. Pryce is an Assistant Professor at Florida State University and currently the Executive Director of the Florida Institute for Child Welfare. For the past 10 years she has been involved in multiple aspects of child welfare, including direct practice, teaching, training, policy and research. She has published on child welfare-related topics, such as training and education, racial disparity and anti-poverty practices, and has presented her research at over 50 national and international conferences. She is the author of several op-eds focused on racial disparity and effective strategies to impact racial disproportionality within child welfare. Her TED Talk on Implicit Racial Bias in Decision-Making has been viewed over 1.3 million times.

Dr. Pryce has worked on the frontlines of child welfare, conducted primary research, been a policy advisor to Florida's legislature and taught graduate courses in child welfare. She was a Child Protective Caseworker with the Department of Children and Families and the Deputy Director of the University at Albany's New York State Education Consortium. In 2019 she was appointed to the Advisory Board of the National Child Welfare Workforce Institute where she consults and advises on leadership and workforce interventions. Dr. Pryce currently sits on the Florida Dependency Court Improvement Panel, alongside judges and advocates who are working towards a more trauma-informed approach within the judicial system. Her paramount goal includes re-building and leading a child welfare system that focuses on strengthening families instead of pulling them apart.

Speaker and Session

Ashley Rambeau. MS, LCSW



Thursday, 1:30 PM Breakout A-2

Biography

Ashley Rambeau earned a Bachelor's degree with majors in Psychology and Gender Studies from Pacific Lutheran University, a Master of Social Work from Loyola University Chicago, and a Master of Science in Child Development from the Erikson Institute, with specializations in infancy and clinical treatment with children and families. She has post-graduate training in the sequelae of trauma, the short and long-term effects of substance exposure in utero, various trauma treatment models, clinical issues in foster care and adoption, and mindfulness. For the past 12 years Ms. Rambeau has worked with children and families involved with the child welfare system and has more than 14 years of experience working with children, who have been substance exposed, and their primary caregivers. She currently works as a Supervisor at Angels Foster Family Network and has a growing private practice.

Ale Ricardez, MA



Thursday, 3:30 PM Breakout B-6

A multi-cultural, bilingual (English/Spanish) healthcare strategist, innovator, and community connector, Ale's career builds on 25 years of experience bringing diverse groups together to create innovative community-based and data-driven solutions to health equity challenges. With a focus on synthesizing qualitative and quantitative data points from an equity and business perspective, Ale has led impactful and innovative social capital investment for health and community resiliency initiatives in San Diego County.

Involved in community-framed participatory development strategies, Ale co-founded the Coalition of Indigenous Communities (COICO), served as a representative of the Institute of Mexicans Abroad (IME), and serves on local non-profit boards. She earned a Master of Arts in Urban Planning from the Luskin School of Public Affairs at UCLA and currently is working on a Master of Healthcare Administration at the University of Arizona. Ale is also a published author with a chapter in *The Ties That Bind Us: Mexican Immigrants in San Diego County* (U.S.-Mexico Contemporary Perspectives Series, 23) and is a contributor in other publications on immigration, civic engagement, and gender.

Ale currently is the Community Engagement Manager for Blue Shield of California Promise. Originally from a small village in Oaxaca, Mexico, Ale self-identifies as indigenous, and is an avid hiker and amateur photographer.

Kimberly Rodgers, MA



Friday, 10:00 AM Keynote
Friday, 11:15 AM Keynote

Kimberly Rodgers is the Program and Communications Manager of the Center for Community Resilience at the Milken Institute of Public Health, The George Washington University, Washington, DC. She provides technical assistance and capacity-building support to a national collaborative of localized networks working to address the Pair of ACEs. She develops tools, resources, and presentations to help cross-sector organizations foster equity through program, practice, and policy change. Kimberly is also the Communications Manager of the National Association of County and City Health Officials headquartered in Washington, DC. Kimberly received a BA in Communication and a BA in Psychology from the University of Maryland and an MA in Strategic Communication from George Mason University.

Speaker and Session

Biography

Jeff Rowe, MD



Thursday, 1:30 PM Breakout A-1
Thursday, 3:30 PM Breakout B-1
Friday, 3:30 PM Breakout D-4
Saturday, 7:45 AM Welcome

Dr. Jeff Rowe is a Child and Adolescent Psychiatrist in private practice and an Associate Clinical Professor in Psychiatry at the University of California San Diego School of Medicine. Dr. Rowe is a clinician, teacher, and consultant. He treats children and youth with all types of mental health difficulties, attends Individualized Educational Plan (IEP) meetings, teaches residents and medical students, and gives lectures to parent groups about a variety of topics. He is well versed in medication therapies, individual psycho-therapy, family psychotherapy, behavior modification, group therapy, and school consultation. For many years Dr. Rowe assisted the County of San Diego Behavioral Health Services in the development of new mental health treatment programs, supervised the County's Child Psychiatrists, and provided clinical consultation to the Juvenile Court. He is also the co-chair of the Early Childhood Mental Health Conference.

Bianca Ruiz



Friday, 1:30 PM Breakout C-4

Bianca Ruiz is a child and family specialist for the KidSTART program, Chadwick Center for Children and Families, Rady Children's Hospital San Diego. Her medical specialization is case manager/care coordinator in which she provides case management services and assists individuals in gaining access to needed medical, social, educational, and/or other services. She assists caregivers with activities of daily living, overcoming cultural barriers, and conducting home visits. She offers coaching on community resources, as well as referrals to outside agencies for the child, caregiver, and extended family members. In assisting children and families, Bianca creates a caring and safe environment during services and serves as a support person for both the client and clinician.

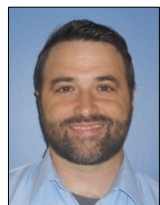
Carolyn Sawyer, MD



Friday, 3:30 PM Breakout D-2

Carolyn Sawyer, MD, is an Assistant Professor of Pediatrics at the University of California San Diego. She received her BS in Biological Sciences with an emphasis in Neurobiology, Physiology and Behavior from the University of California, Davis, and her MD from the University of California, San Diego School of Medicine. Dr. Sawyer is also the Rotation Director of the Developmental-Behavioral Pediatrics Rotation, UC San Diego Residency, the Rotation Director of NICU (Newborn Intensive Care Unit) Follow-Up Rotation, UC San Diego Neonatology Fellowship, and the Medical Director, UC San Diego NICU Follow-Up and Early Development Clinic. Her research and areas of interest include neurodevelopment of children born very preterm, effects of early life events and exposures on long-term neurodevelopment, and the study of executive functions in preschool children born pre-term.

Jason Schweitzer, MD, MSW



Friday, 3:30 PM Breakout D-5

Dr. Jason Schweitzer is a board-certified child and adolescent psychiatrist and social worker who has worked in the behavioral health field for the past 20 years. His interests include helping primary care pediatrics clinics provide high quality mental health services, working with youth and families at risk of homelessness, and community outreach to increase access to mental health care. He is from the East Coast but has been living in San Diego for the past 5 years after coming to the University of California San Diego for training in Child Psychiatry. Dr. Schweitzer is fluent in Spanish.

Speaker and Session

Biography

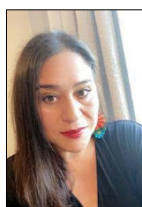
Edgar Sierra, LMFT



Saturday, 10:15 AM Breakout E-6
Saturday, 12:15 PM Breakout F-6

Edgar Sierra was born in Michoacan, Mexico and immigrated to the United States at the age of 18 with the goal of obtaining a post-secondary education in the field of psychology. He graduated from Cal State San Marcos with a dual Bachelor of Arts degree in Psychology and Gender Studies and received his master's degree in Marriage and Family Therapy from the California School of Professional Psychology at Alliant International University. Two years after receiving his California Board of Behavioral Science license, he became an AAMFT approved Clinical Supervisor. In 2020 Edgar accepted a position at Episcopal Community Services, working as the Program Manager and Clinical Supervisor at Para Las Familias, an outpatient behavioral clinic.

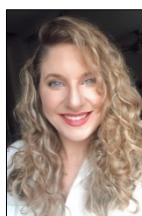
Nubia Soto, MS, MBA



Saturday, 12:15 PM Breakout F-1
Saturday, 2:00 PM Breakout G-6

Nubia Soto has been a program director with South Bay Community Services for eight years and is now overseeing Mi Escuelita, a therapeutic preschool for children exposed to domestic violence or abuse. She has been in the social services field for over 18 years and previously worked with at-risk foster youth at a residential facility. Nubia has dedicated her career to working with foster youth and in the prevention and intervention of child abuse. Nubia is a certified Domestic Violence Counselor and holds a Psychology degree from San Diego State University as well as a Master's in Business Administration from Phoenix University.

Brettney Stanley, BS



Saturday, 2:00 PM Breakout G-4

Brettney Stanley is an Early Education Quality Improvement Support Coach and has worked for the San Diego County Office of Education (SDCOE) for the last three years. In her role, Brettney provides coaching and technical assistance to early education program leaders to help them build sustainable, high-quality practices, as well as professional development for early learning and care providers across San Diego County. Before her work with SDCOE, she spent nine years in the field of early education as a preschool teacher, mentor, and program manager. She is passionate about supporting authentic learning for all children and holds an Early Childhood Social-Emotional and Behavioral Intervention Specialist Graduate Certificate and a BS in Child and Family Development from San Diego State University.

Jennifer Tuteur, MD



Friday, 3:30 PM Breakout D-1

Dr. Jennifer Tuteur is a board-certified Family Physician and serves as the Deputy Chief Medical Officer for the County of San Diego's Health and Human Services Agency. In this role, she actively supports access to quality, timely and evidence-based care in San Diego's communities. She is passionate about improving the health of underserved communities. Dr. Tuteur earned her BA from Yale University and her MD at the University of Missouri- Columbia. She was awarded a Health Policy Fellowship with the American Medical Student Association, later working as a Program Analyst in the Office of the Surgeon General. She completed her residency training in Family and Community Medicine in Minnesota and moved to San Diego and served as the Medical Director of Imperial Beach Community Clinic, Medical Director of the County Medical Services/Low Income Health Program and as Medical Director of Sharp Health Plan.

Speaker and Session

Biography

A lifetime learner, Dr. Tuteur has participated in the Harvard/Tides Foundation Medical Director Fellowship, UC San Diego's "Addressing the Health Needs of the Underserved," and California Health Care Foundation's Health Care Leadership Program. She has served in leadership roles in the Council of Community Clinics locally, the California Primary Care Association in Sacramento, and regionally with the Western Clinicians Network and the Pacific West Cluster Collaborative. Dr. Tuteur also loves to teach and served as a Volunteer Clinical Instructor, UC San Diego Department of Family Medicine and Public Health, for nearly a decade. She serves as a Board Member of Mama's Kitchen and Be There San Diego, and volunteers with friends and family in many capacities throughout her community. She enjoys and is grateful for time spent hiking, skiing and being outdoors with her children.

Elizabeth Valles, DNP, CPNP-PC



Elizabeth Valles is a Pediatric Nurse Practitioner in the Cardiac Neurodevelopmental Clinic and the High Risk Infant Follow-Up Clinic at Rady Children's Hospital, San Diego. She provides ongoing assessments and increased awareness of risks for mental health and behavioral health in children with congenital heart disease (CHD). She also provides neurodevelopmental assessment of children from four months to three years old that are at-risk for developmental delays, and dispenses education to families on developmental and language stimulation as well as other infant and toddler care topics. Elizabeth has also given lectures and presentations on child heart disease issues at Rady Children's Hospital and a number of conferences, symposiums, and institute meetings.

Friday, 3:30 PM Breakout D-2

Lily Valmidiano, MPH, CHES



Lily Valmidiano, MPH, CHES is a Project Director and Site Supervisor at the American Academy of Pediatrics, California Chapter 3. She has worked in program management, planning, and evaluation for over 24 years. Lily's current work focuses on the development and implementation of Healthy Development Services, a comprehensive developmental and behavioral system of care for young children. She provides oversight of the development of referral pathways and guidelines, curriculum implementation, training of frontline providers, and quality assurance efforts. She previously was the Associate Director of Education and Programs at the American Lung Association of San Diego and Imperial Counties and conducted child health services research at the Center for Child Health Outcomes at Children's Hospital, San Diego. Lily holds a Master's of Public Health from San Diego State University and a Bachelor's in Health Sciences with an emphasis in Community Health Education from the University of Arizona.

Thursday, 1:30 PM Breakout A-5

Christopher Walsh, LMFT



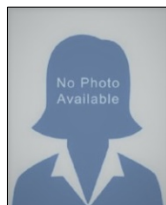
Christopher Walsh is a licensed Marriage and Family Therapist with over 25 years of experience in the field of mental health, serving as an administrator, consultant, educator and provider of psychotherapy to families in the San Diego area. He currently is the Clinical Supervisor at Community Resource Center in Encinitas. Chris has provided numerous trainings in Reflective Practice to mental health and allied health professionals over the last decade. Chris sits on several community advisory boards, including the Early Childhood Mental Health Leaders Committee.

Friday, 3:30 PM Breakout D-4

Speaker and Session

Biography

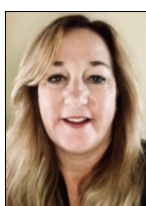
Kania Webster



Kania Webster is a foster/adoptive resource parent, with two birth children and five adopted children, and has been fostering children for 18 years. She is a trainer for Foster Adopted Kinship Care and Education (FAKCE) program through Grossmont Cuyamaca Community College District and coordinator for the Trauma-Informed Pre-Service (TIPS) online education. Kania is also a resource parent mentor.

Saturday, 12:15 PM Breakout F-5

Dana Weevie, MEd



Dana Weevie has been in the Early Childhood field for over 35 years. During that time she has served in many roles, including teaching, administration, parent educator, presenter, trainer, director mentor and coach. Her varied roles led to many professional development opportunities to obtain certifications. Because of these opportunities, Dana found her passion working in social emotional development, early childhood environments and family strengthening. During these unprecedented times it has become evident to ensure early childhood settings are equitable and inclusive of all children and families.

Saturday, 12:15 PM Breakout F-3

Marian E. Williams, PhD



Marian Williams, PhD, Professor of Clinical Pediatrics and Psychology at the Keck School of Medicine of the University of Southern California, is a licensed psychologist, specializing in infant-family and early childhood mental health and developmental disabilities in children. She is President of the California Association for Infant Mental Health and an Expert Faculty member for ZERO TO THREE. In her work at Children's Hospital Los Angeles, Dr. Williams is Program Area Lead for the Early Childhood Mental Health Program, Director of the Stein Tikun Olam Infant-Family Mental Health Initiative, and served as the training and technical assistance lead for First Connections, a 6-year project funded by First 5 LA, focused on increasing developmental screening and linkage to developmental services for underserved children and families. She is passionate about expanding services for young children and their families experiencing complex challenges related to early medical hospitalization, developmental delay, and social-emotional needs. Dr. Williams conducts research on early identification of autism and other developmental disabilities, and improving access to care.

Friday, 3:30 PM Breakout D-3

Speaker and Session

Biography

Babbi Winegarden, PhD, MHPE



Thursday, 1:30 PM Breakout A-4

Dr. Babbi Winegarden is the Behavioral Health Program Coordinator for San Diego County Child Welfare Services where she provides a leadership role in the mental health services provided to children and families that become a part of the child welfare system. She also has a special interest in vicarious trauma as it affects child welfare workers. Dr. Winegarden was licensed by the California Board of Psychology in 1994. She received her PhD from the University of Wisconsin–Milwaukee in Clinical Psychology in 1989. She completed her internship at the Palo Alto VAMC focusing on neuropsychology and post-traumatic stress disorder, followed by two years of Fellowship training in Neuropsychology at the Palo Alto VAMC and Stanford University Medical Center. She has worked in Medical Education at the University of Illinois, Chicago and the UC San Diego School of Medicine. Her primary research has focused on the reliability and validity of assessment tools as well as their potential disparate impact. Her clinical work has focused on the treatment of trauma, depression, anxiety, grief and loss, and rehabilitation.

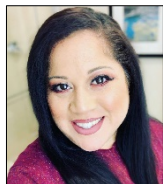
Dawn Yazzie, MA, NCC



Saturday, 8:15 AM Keynote

Dawn A. Yazzie, MA, NCC, is an Early Childhood Mental Health Consultant on the Navajo Nation and also works for the Center of Excellence for Infant and Early Childhood Mental Health Consultation (IECMHC) as a technical assistance provider to Tribal communities building their IECMHC programs. She partners with the Children's Equity Project in advocating for accessible and equitable Early Childhood Education (ECE) systems. Dawn provides early childhood mental health consultation to ECE centers, home visitors, and Family, Friend and Neighbor staff on the Navajo Nation, and incorporates traditional Navajo cultural perspectives into her work locally and nationally. She earned her MA in Counseling Psychology from Northern Arizona University.

Christie Yorty



Thursday, 3:30 PM Breakout B-4
Saturday, 10:15 AM Breakout E-5

Christie Yorty holds a bachelor's degree in Social Work from San Diego State University as well as certificates in Trauma-Informed Care and Strengthening Families Framework. She currently is the Strengthening Families Social Services Program Director for the YMCA Childcare Resource Services. Christie leads the standardization of internal systems in onboarding and training, staff engagement, strength-based service delivery and whole person wellness. Child abuse prevention is a passion of hers and she strives to keep all children happy, healthy and thriving.

Aimee Zeitz, MA



Thursday, 3:30 PM Breakout B-2

Aimee Zeitz has twenty years of experience in non-profit leadership, built on a foundation of strategic partnerships and authentic collaboration. In 2017, she joined the YMCA Childcare Resource Service, a social services branch of the YMCA of San Diego County. She currently serves as the Regional Director of Strategic Advancement, supporting programs across the agency in providing comprehensive, family-centered services as well as oversight of multiple early childhood mental health programs. She also serves as the Project Director for Partners in Prevention, a local collaborative effort to increase child and family well-being and prevent child abuse and neglect. Aimee attended Smith College, earning her BA in Anthropology, followed by her Master's Degree in Marriage and Family Therapy from San Diego State University.
