



12th Annual Early Childhood Mental Health Conference: We Can't Wait
Emerging from COVID, Conflict and Chaos:
Creating a Resilient Future for our Children and Communities

Conference Schedule: Thursday, September 23, 2021

All Times are PST • All Sessions Submitted for CE • CME Session Application Indicated

07/07/21
Subject to Change

7:30 – 8:00 AM	Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:45 AM	Welcome and Opening Remarks Allison Freedman, PsyD, MBA, ECMH Conference Co-Chair
8:45 – 9:45 AM	(CME) Historical Context and Evolutionary Change vs. Revolutionary Change Jessica Pryce, PhD, MSW, Assistant Professor of Social Work and Director, Florida Institute for Child Welfare, Florida State University, Tallahassee, FL
9:45 – 10:00 AM	Break
10:00 – 11:00 AM	(CME) Power Privilege Mindset Shifting Jessica Pryce, PhD, MSW, Assistant Professor of Social Work and Director, Florida Institute for Child Welfare, Florida State University, Tallahassee, FL
11:00 – 11:15 AM	Break
11:15 – 12:15 PM	(CME) Applying Anti-Racism Principles to Child and Family Wellbeing Jessica Pryce, PhD, MSW, Assistant Professor of Social Work and Director, Florida Institute for Child Welfare, Florida State University, Tallahassee, FL
12:15 – 1:30 PM	Lunch and Virtual Exhibits
1:30 – 3:00 PM	<p>A-1 (CME) Complex Trauma in Young Children (General Audience) Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</p> <p>A-2 (CME) Understanding the Impact of In-Utero Substance Exposure and Implementing Concrete Care Strategies in Caring for Substance Exposed Infants and Toddlers Ashley Rambeau, LCSW, Safe Home Study Supervisor, Angels Foster Family Network</p> <p>A-3 Women of Color as Leaders Jessica Pryce, PhD, MSW, Director, Florida Institute for Child Welfare, Florida State University, Tallahassee, FL</p> <p>A-4 Caring for the Caregivers: Vicarious Trauma, Resilience and Wellness Babbi Winegarden, PhD, MHPE, Behavioral Health Program Coordinator, Child Welfare Services, County of San Diego Health and Human Services</p> <p>A-5 Getting to the Finish Line: Parent Engagement Strategies that Work Lily Valmidiano, MPH, CHES, Project Director and Site Supervisor, American Academy of Pediatrics, CA, Chapter 3</p>
3:00 – 3:30 PM	Break and Virtual Exhibits
3:30 – 5:00 PM	<p>B-1 (CME) Complex Trauma in Young Children (Advanced Audience) Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</p> <p>B-2 (CME) Pairing ACEs and Positive Factors Wendy Pavlovich, MD, MHS, Family Health Centers of San Diego and Aimee Zeitz, LMFT, Regional Director of Quality Family Engagement YMCA San Diego</p> <p>B-3 Having the Difficult Conversations Aisha Pope, LCSW, Program Director, FFAST, San Diego Center for Children, Precious Jackson-Hubbard, Principal, Bell Middle School and Melanie Morones, MFT, ATR, ECMHS, Program Manager, Our Safe Place, San Diego Youth Services</p> <p>B-4 Early Beginning: Preventing ACEs and Building Resiliency Christie Yorty, Social Services Program Director, and Brandi Paniagua, Coordinator and Trainer and YMCA Children Resource Service, YMCA of San Diego County</p> <p>B-5 Helping Parents Move Beyond the Impact of their Own ACEs Natalie Elms, Manager and Cinnamon Harper, Care Coordinator, KidSTART, Rady Children's Hospital</p> <p>B-6 Caring for the Caregivers: Vicarious Trauma, Resilience and Wellness (En Espanol) Maggie Knight, LMFT and Kristen Sylvester, LCSW, RPT, KidSTART, Rady Children's Hospital</p>
5:00 – 6:00 PM	Virtual Exhibits



12th Annual Early Childhood Mental Health Conference: We Can't Wait
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Conference Schedule: Friday, September 24, 2021

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07/07/21
Subject to Change

7:30 – 8:00 AM	Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:45 AM	Continuing the Dialogue Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services, American Academy of Pediatrics, California Chapter 3
8:45 – 9:45 AM	(CME) Building Community Resilience: Pair of ACEs in Coalition Building and Fostering Equity Wendy Ellis, DrPH, Assistant Professor in Global Health and Director of the Center for Community Resilience Milken Institute School of Public Health, George Washington University, Washington, DC
9:45 – 10:00 AM	Break
10:00 – 11:00 AM	(CME) Pair of ACEs and Fostering Equity Tools Wendy Ellis, DrPH, Assistant Professor in Global Health and Director of the Center for Community Resilience Milken Institute School of Public Health, George Washington University, Washington, DC
11:00 – 11:15 AM	Break
11:15 – 12:15 AM	(CME) Conversations on Fostering Equity for Prevention of Childhood Adversity Wendy Ellis, DrPH, Assistant Professor in Global Health and Director of the Center for Community Resilience Milken Institute School of Public Health, George Washington University, Washington, DC
12:15 – 1:30 PM	Lunch and Virtual Exhibits
1:30 – 3:00 PM	<p>C-1 (CME) Expert Consultation for Complex Cases Charmi Patel Rao, MD, Supervising Psychiatrist for Juvenile Forensic Services, Children, Youth and Families, Behavioral Health Services, County of San Diego Health and Human Services Agency and Meghan Lukasik, PhD, Rady Children’s Hospital, KidSTART</p> <p>C-2 (CME) Maternal and Paternal Mental Health: Mood Disorders That Should Not be Missed Simerjeet (Simi) Brar, MD, Rady’s Children’s Hospital</p> <p>C-3 Race and Equity in Early Care and Education- What Is Your Responsibility? Julia Loman, Senior Education Coordinator, Neighborhood House Association</p> <p>C-4 Helping Parents Move Beyond the Impact of their Own ACEs (En Espanol) TBD</p> <p>C-5 Disrupting Brilliance: Moving from Implicit Bias to Belonging and Significance LaTysa Flowers, CPDCT, Cultural Responsiveness and Equity Consultant Founder of Parents Empowerment Services</p>
3:00 – 3:30 PM	Break and Virtual Exhibits
3:30 – 5:00 PM	<p>D-1 (CME) Social Influences of Health: Race Disparities, Poverty and Access to the Classroom Kelly Motadel, MD, MPH Child Health Officer, and Jennifer Tuteur, MD, Deputy Chief Medical Officer, HHS, San Diego County</p> <p>D-2 (CME) From Fetus to Five: The Stress Response in Medically Complex Children Carolyn Sawyer, MD, Assistant Professor of Pediatrics, UCSD and Elizabeth Valles, DNP, CPNP-PC, NP-C, Rady Children’s Hospital</p> <p>D-3 (CME) The Challenges of Delivering Mental Health Services for Children 0-5 with ID/DD Marian E. Williams, PhD, Associate Professor of Clinical Pediatrics and Psychology, Keck School of Medicine, University of Southern CA</p> <p>D-4 Understanding Attachment Styles in Caregivers Christopher Walsh, LMFT, Community Resource Center, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</p> <p>D-5 (CME) Mental Health Integration in Primary Care: Early Identification to Improve Emotional Well-being of Children Jason Schweitzer, MD, Assistant Clinical Professor, UCSD Department of Psychiatry, Lauren Gist, MD, MPH, and Domonique Hensler, MHA, Rady Children’s Hospital</p> <p>D-6 Reflective Practice for Leaders and Supervisors: Integrating Reflective Practice into your Vision and Leadership Rosa Ana Lozada, LCSW, CEO, Harmonium and Christine Cole, LCSW, IMH-E, Infant Early Childhood Mental Health Program Manager, Washington State Health Care Authority</p>
5:00 – 6:00 PM	Virtual Exhibits



12th Annual Early Childhood Mental Health Conference: We Can't Wait
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Conference Schedule: Saturday September 25, 2021

07/07/21
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7:15 – 7:45 AM	Zoom Help Desk Open – Sign in early if you have questions or need assistance!
7:45 – 8:15 AM	Opening Remarks and Setting the Stage – Emerging from COVID Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair, and Rosa Ana Lozada, LCSW, CEO, Harmonium (In English and Spanish)
8:15 – 9:45 AM	Acknowledging Historical Trauma and Resilience in our Work with Young Children and Families Dawn Yazzie, MA, NCC, Early Childhood Mental Health Consultant, Navajo Nation Technical Assistance Specialist, Center of Excellence (CoE) for Infant and Early Childhood Mental Health Consultation (IECMHC)
9:45 – 10:15 AM	Break
10:15 – 11:45 AM	E-1 Autism Acceptance: Our Words Matter Nora Camacho, LMFT, BCBA and Arielle King BCBA, Alexa's PLAYC , Rady Children's Hospital E-2 (CME) Developmental and Social Emotional Screening in Primary Care Lauren Gist, MD, MPH, Rady's Children's Hospital, San Diego E-3 Debunking Self-Care Kristen Krauss, Early Education Quality Improvement Support Coach, San Diego County Office of Education E-4 What is Your Body Telling You? Stress Awareness During a Pandemic (In English) Ariane Porras, Consultant and Trainer, YMCA San Diego, County E-5 Early Beginning: Preventing ACEs and Building Resiliency Christie Yorty, Social Services Program Director, and Brandi Paniagua, Coordinator and Trainer and YMCA Children Resource Service, YMCA of San Diego County E-6 The Importance of Parent/Child Attachment in the Latino Community (En Espanol) Edgar Sierra, LMFT and Leslie Manriquez, LMFT, Episcopal Community Services
11:45 – 12:15 PM	Lunch
12:15 – 1:45 PM	F-1 The Benefits of Incorporating Mindfulness into Early Childhood Education (En Espanol) TBD, South Bay Community Services (Mi Escuelita) F-2 Access to Developmental Services During COVID and Beyond Michael Lombardi, JD, Client's Rights, Advocate/Attorney and Shari Garrett, MS, CCC-SP, Manager, Speech and Language Pathology Department, Rady Children's Hospital F-3 Promoting Equity and Anti-Bias in Early Education Settings Denisse Camargo and Dana Weevie, Early Education Quality Improvement, San Diego County Office of Education F-4 Finding Joy in the Classroom Melissa Beninger, San Marcos Unified School District F-5 Caring for Children with Fetal Alcohol Spectrum Disorders and Other In-Utero Exposure. Kania Webster and Patty Boles, Foster and Kinship Care Education Program, Grossmont College F-6 The Importance of Parent/Child Attachment in the Latino Community (English) Edgar Sierra, LMFT and Leslie Manriquez, LMFT, Episcopal Community Services
1:45 – 2:00 PM	Break
2:00 – 3:30 PM	G-1 Disrupting Brilliance: Moving from Implicit Bias to Belonging and Significance LaTysa Flowers, CPDCT, Cultural Responsiveness and Equity Consultant Founder of Parents Empowerment Services G-2 What is Your Body Telling You? Stress Awareness During a Pandemic (En Espanol) Ariane Porras, Consultant and Trainer, YMCA of San Diego County G-3 Reflective Practice to Promote Diversity, Equity and Inclusion in Early Childhood Systems Kim Flowers, LCSW, Director of Family Support Services, Neighborhood House Association G-4 Meeting the Needs of All Learners: Rethinking the Classroom Experience Brettney Stanley & Vanessa Arcinas, Early Education Quality Improvement Support Coaches, San Diego County Office of Education G-5 Race and Equity in Early Care and Education- What is your Responsibility? Julia Loman, Senior Education Coordinator, Neighborhood House Association G-6 The Benefits of Incorporating Mindfulness into Early Childhood Education (In English) Stacey Musso, South Bay Community Services (Mi Escuelita)