

# INTRODUCTIONS

Introduce yourself as you come into the zoom room!

- Your name
- The age(s) of your child(ren) you care for, and
- Your hopes/dreams for all children



1



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## CROSS-SECTOR CONNECTIONS: ADDRESSING FAMILY NEED THROUGH A HOLISTIC AND STRENGTHS-BASED APPROACH

**PRESENTERS:**  
**LEXIE PALACIO M.A. AND  
ALANA KALINOWSKI, MSW**

September 12, 2020 Early Childhood Mental Health Conference – We Can't Wait

2

## PRESENTER INTRODUCTIONS

**Lexie Palacio, M.A.**  
Community Collaborative Director  
YMCA Childcare Resource Services



**Alana Kalinowski, MSW**  
Director of Partner Integration  
2-1-1 San Diego



3 | ECMHC We Can't Wait | YMCA of San Diego County 2020



3

# WELCOME!

### Zoom Logistics

- Please mute yourself when not speaking.
- Feel free to raise your hand so we can unmute you or type in the chat box.
- If you need to take a break or move, please turn off your camera to minimize distractions and turn it back on once you've settled.
- Feel free to ask me questions privately by chatting to Lexie Palacio. I will keep your questions confidential.






4

## AGENDA

- 1). Icebreaker/Introductions
- 2). Review Learning Objectives
- 3). Family Engagement Strategies
- 4). Strengthening Families Framework & Protective Factors
- 5). Culturally Responsive Practices
- 6). Community Information Exchange
- 7). Partners in Prevention
- 8). Questions



5


## ICEBREAKER

### IMPORTANT OBJECT ACTIVITY:

TAKE SOMETHING THAT YOU CARRY WITH YOU THAT HAS MEANING TO YOU AND HOLD IT IN YOUR HANDS. YOU MAY CHOOSE ANY ITEM, EXCEPT YOUR CELL PHONE. HOLD IT AND THINK ABOUT THE MEANING FOR A MOMENT

IN THE CHAT OR RAISE YOUR HAND TO COME OFF MUTE:

- TELL US WHAT YOUR OBJECT?
- WHY YOU HAVE IT? OR WHAT IS ITS MEANING TO YOU?



6 | ECMHC We Can't Wait | YMCA of San Diego County 2020

6

## CHAT

WHAT DO YOU SEE AS YOUR PRIMARY ROLE/  
FUNCTION AS AN EARLY CARE AND EDUCATION  
PROVIDER? ADD YOUR RESPONSE IN THE CHAT.



7 | ECMHC We Can't Wait | YMCA of San Diego County 2020



7

## POLL

LET'S TAKE A QUICK POLL TO SEE WHO WE  
HAVE WITH US TODAY!



8 | ECMHC We Can't Wait | YMCA of San Diego County 2020



8

## LEARNING OBJECTIVES

The learning objectives for this training are:

- Identify strengths based family engagement strategies.
- Demonstrate the value of connecting with families/caregivers to support authentic partnerships.
- Explore 211/CIE resource connection and category of supports available in San Diego County.

9 | ECMHC We Can't Wait | YMCA of San Diego County 2020



9

## HOW ARE WE DEFINING FAMILY ENGAGEMENT STRATEGIES

Family engagement is a family-centered, strength based approach to establishing and maintaining relationships with families and accomplishing change together.



10 | ECMHC We Can't Wait | YMCA of San Diego County 2020



10

## WHAT DOES IT MEAN TO BE STRENGTHS BASED?

- An individualized, strengths-based approach refers to policies, practice methods, and strategies that identify and draw upon the strengths of children, families, and communities.
- Strengths-based practice involves a shift from a deficit approach, which emphasizes problems and pathology, to a positive partnership with the family.

11 | ECMHC We Can't Wait | YMCA of San Diego County 2020



11

## STRENGTHENING FAMILIES & PROTECTIVE FACTORS

Strengthening Families™ is a research-informed approach to increase family strengths, enhance child development and reduce the likelihood of child abuse and neglect. It is based on engaging families, programs and communities in building five key protective factors:



**Parental Resilience**



**Social Connections**



**Knowledge of Child Development**



**Social and Emotional Competence**

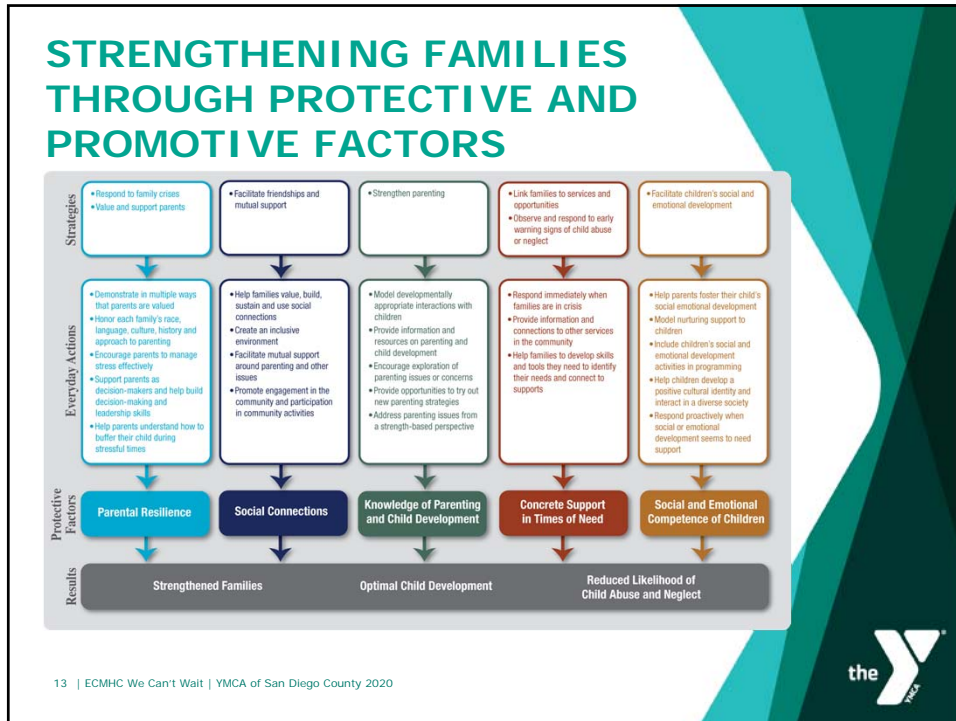


**Concrete support in times of need**

12 | ECMHC We Can't Wait | YMCA of San Diego County 2020



12



13

LET'S HAVE A CONVERSATION

**DISCUSSION: WHAT ARE SOME WAYS YOUR PROGRAMS UTILIZE A STRENGTHS BASED APPROACH?**

14 | ECMHC We Can't Wait | YMCA of San Diego County 2020

14

## HOLDING STRENGTHS BASED APPROACHES IN MIND

- Thinking about the families you work with, what are some of their strengths? They...
  - Want what's best for their child/children
  - Are open to receiving resources
  - Know their child's strengths and needs (are the experts)
  - Are resilient
  - Have HOPE



15 | ECMHC We Can't Wait | YMCA of San Diego County 2020



15

## CULTURALLY RESPONSIVE PRACTICES

Culturally responsive practice is often defined as using the experiences and perspectives of children and their families as a tool to support them more effectively. As this approach is child and family centered, it sets the stage for critical relationship building



16 | ECMHC We Can't Wait | YMCA of San Diego County 2020



16



## HOW DOES CULTURE/BIAS PLAY A ROLE WHEN WORKING WITH FAMILIES?

As we consider the work we do with families, ask yourself these questions:

1. How does your own culture shape how you feel, how you react and what you say or think?
2. How does culture impact what you are teaching or how you work with families?

17 | Community of Connections in a Digital World | YMCA of San Diego County 2020



17

## DISCUSSION:

**IN WHAT WAYS HAVE YOU ASSESSED OR EVALUATED THE STRENGTHS AND NEEDS OF THE FAMILIES IN YOUR CARE?**

**WHAT IS YOUR PROCESS FOR SUPPORTING FAMILIES IN ACCESSING RESOURCES AND SUPPORTS?**

**WHAT COULD THIS CONVERSATION SOUND LIKE WITH FAMILIES?**

**WHAT ARE BARRIERS/CHALLENGES YOU FACE WHEN DEVELOPING POSITIVE RELATIONSHIPS WITH FAMILIES?**

LET'S HAVE A CONVERSATION



18 | ECMHC We Can't Wait | YMCA of San Diego County 2020



18



**Community Information Exchange (CIE)**

An **ecosystem** comprised of multidisciplinary network partners that use a **shared language**, **resource database**, and **integrated technology platform** to provide enhanced service delivery and community planning.



19



**Benefits of a CIE**



The diagram consists of three concentric circles on a dark blue background. The innermost circle is dark blue and contains a white icon of a person, labeled "Individual and Family (Micro)". The middle circle is light blue and contains a white icon of two people, labeled "Agency (Meso)". The outermost circle is yellow and contains a white icon of a building, labeled "Community (Macro)".



20



**14 Domains: Risk Rating Scale**

- Shared Language (ESOL)
- Housing Stability
- Health Management
- Nutrition & Food Security
- Financial Wellness and Benefits
- Activities of Daily Living
- Social & Community Connection
- Legal & Criminal Justice
- Primary Care and Prevention
- Safety & Disaster
- Utility & Technology
- Transportation
- Education & Human Development
- Personal Care & Household Goods
- Employment Development

**CRISIS CRITICAL VULNERABLE STABLE SAFE THRIVING**

IMMEDIACY


KNOWLEDGE AND UTILIZATION

BARRIERS AND SUPPORTS





21

## LEVERAGING THE CIE INFRASTRUCTURE



**CIE AS A TECHNICAL SOLUTION**

- Shared, holistic, longitudinal record
- Aligned infrastructure
- Shared values/vision and approaches

**Technology Platform**

**MDM**  
Master Data Management

- Deletes and merges duplicate records
- Ensures the accuracy, completeness, and consistency of multiple domains of enterprise data


**ETL**  
Extract Transform Load

- Fetches data from a database
- Converts the data for the new database
- Loads into the new database

**CIE shared client record**


- Alerts
- Single Sign on

22 | ECMHC We Can't Wait | YMCA of San Diego County 2020




22

## LEVERAGING THE CIE INFRASTRUCTURE



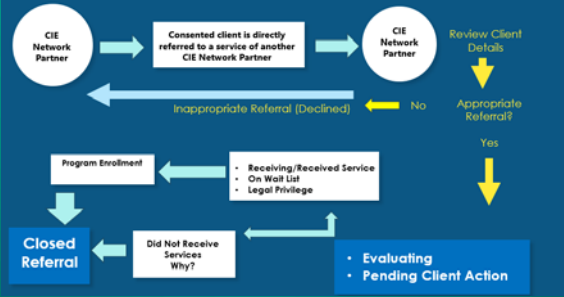
Community Information Exchange



CIE CROSS-SECTOR COORDINATION

- Closed-loop direct referrals
- More informed interventions
- Client outcomes


### Resource Database and Bi-directional Referrals




23 | ECMHC We Can't Wait | YMCA of San Diego County 2020

23

## LEVERAGING THE CIE INFRASTRUCTURE

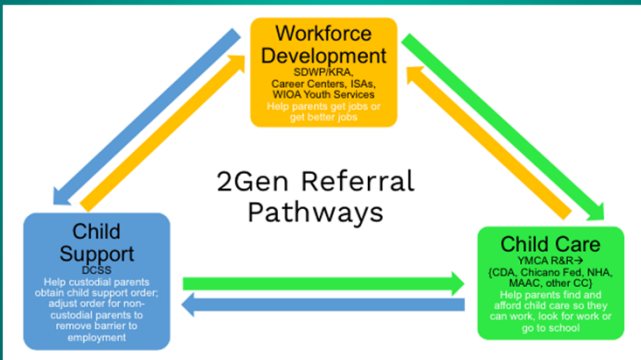


Community Information Exchange



Example use case: 2Gen collaborative referral pathway

### 2Gen Referral Pathways



24 | ECMHC We Can't Wait | YMCA of San Diego County 2020

24

## CONSIDERATIONS FOR CIE ADOPTION AND UTILIZATION

1. AGENCY READINESS
2. AGENCY AND COMMUNITY CAPACITY
3. PRIORITIZATION & COMMITMENT
4. COLLABORATIVE TIMING & ALIGNMENT
5. SYSTEM TECHNOLOGY
6. FUNDING, PROGRAM DESIGN, REPORTING AND PROCESSES



Community Information Exchange



2-1-1  
SAN DIEGO/IMPERIAL



the Y

25 | ECMHC We Can't Wait | YMCA of San Diego County 2020


25




**Partners in Prevention: Thriving families through a connected community**

26

# ANY QUESTIONS?



*Questions are the path to learning*




27 | ECMHC We Can't Wait | YMCA of San Diego County 2020

27

## RESOURCES

1. Center for the study of social policy - <https://cssp.Org/our-work/project/strengthening-families/>
2. Children's trust fund alliance - <https://ctfalliance.Org/partnering-with-parents/anppc/#resources>
3. Pyramid Model - <https://www.pyramidmodel.org>
4. Culturally Responsive and Relevant Teaching and Learning
5. <https://tkcalifornia.org/wp-content/uploads/2017/07/crrtl-family-conversations-handout.pdf>
6. 2-1-1 San Diego - <https://211sandiego.org/>
7. YMCA Childcare Resource Services - <https://www.ymcasd.org/community-support/childcare-resource-service>



28 | ECMHC We Can't Wait | YMCA of San Diego County 2020

28



29