






OBJECTIVES



- Discover how to utilize technology to build and strengthen relationships with children and families
- Reflect on diverse family's needs and how to meet them from a distance
- Explore best practices in a virtual setting



RESPONDING TO A PANDEMIC


“...[while] we are staying apart from each other *physically*, it’s even more important to connect *socially*, to protect our emotional well-being.”

-Center on the Developing Child, Harvard University

REFLECTION

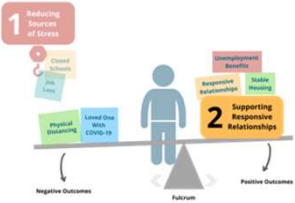
- Think about what you experienced as you tried to connect with others.
- How was this experience impacted by the relationships you already had with them?



RESPONSIVE RELATIONSHIPS

Interactions

- Vary depending on family's needs
- Attuned communication
"I understand you"
- Ask open-ended questions with a purpose



Three Ways to Build Resilience Amid the COVID-19 Pandemic. (2020, August 10). Center on the Developing Child at Harvard University.



PROTECTIVE FACTORS



Strengthening Families: A Guide to Protective Factors. (2020, April 14). YMCA. <https://www.ymca.org/about-ymca-center/social-services/strengthening-families-ymca-protective-factors>



MAKING CONNECTIONS



The only way to the child, is through the family



ASSESSING FAMILY NEEDS

- Forms of Communication
- Support/Training
- Surveys/Polls
- Equitable Access





Moving forward, what steps might you take to provide equitable access to all families?



Equality doesn't mean Equity




ENGAGEMENT STRATEGIES

- Responsive Relationships
- Social Emotional Support
- Routines
- Developmentally Appropriate
- Meaningful
- Aesthetics




Choosing Media Content for Young Children Using the E-AIMS Model (2018), ZERO TO THREE. <https://www.zerotothree.org/resources/2533-choosing-media-content>.
© 2018 by the Center for the Study of Child, Youth, & Family.



VIRTUAL PLANNING


<ul style="list-style-type: none"> <input type="checkbox"/> Assess family needs <input type="checkbox"/> Determine the platform and stick to it <input type="checkbox"/> Establish consistent routines <input type="checkbox"/> Decide on appropriate media content 	<ul style="list-style-type: none"> <input type="checkbox"/> Set expectations for family participation <input type="checkbox"/> Consider staff development needs <input type="checkbox"/> FERPA <input type="checkbox"/> Digital Action Plan
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Figure 1. © 2020 March 10). 18 strategies for online teaching during a pandemic outbreak. Retrieved August 14, 2020 from



CONSIDERATIONS FOR CAREGIVERS

- This is all new for everyone
- Have self-compassion
- Reframe
- Unplug when you need to
- Embrace uncertainties



Slideman, K. (2019, May 28). Viewing the Classroom Through a Trauma-informed Lens. TEDx*



MOVING BEYOND THE PANDEMIC

- How can we keep these connections and strengthen our relationships outside of the virtual world?
- What tools can we continue to use?

