



Stacy Everson, RN, CFLE, CDDN

Executive Director/Founder
SEEDS Educational Services, Inc.
seedseducation.org



First, we need to understand SEXUALITY



- 1. Sexuality begins at birth and ends at death
- 2. Sexuality is about genetics, social, environmental, family, religion, and experiences.
- 3. Sexuality encompasses our life experiences and our interpretation of our world
- 4. Sexuality = how we see ourselves, and others
- 5. Sexuality deals with all of life

3

Sexuality & Historic Ignorance

- 1614 First medical diagnosis recorded = mental retardation and cause was "overindulgence in sexual pleasure" (Kempton & Kahn, 1991)
- 2. 1880- 1940 Eugenics Movement = people with ID = "sexual perverts" & "habitual criminals"
- 3. 1940's institutions = forget them and try again = Sterilization & STI's
- 4. 1980's Abuse measured "It became clear people with ID need more training as they frequently were more susceptible to exploitation (Sobsey, 1994)

Myths Regarding Sexuality and ID

People with disabilities **Can't** understand
People with disabilities can't have a **"Real"** relationship
People with disabilities should always be

"Nice" and "Happy

People with disabilities **Should** respect authority
People with disabilities are **Defenseless** and **Powerless**People with disabilities are **Asexual**

5

Vulnerability

Protect from Social-Sexual Education

Protect from decision making

Protect from society

Protect from relationship understanding



Sexual Bx. Problems of People with I.D.

Lack of adequate information

Lack of opportunity for appropriate sexual expression

History of sexual abuse/exposure

Part of their disability/personality

Impulse control problem

Unusual arousal/attractions

I want to...

7

Other Issues...

When people are not provided with accurate information about social-sexual behavioral norms, they are likely to demonstrate inappropriate social-sexual behavior.

Research shows that

Children with intellectual disabilities are **7** x's more likely to have records of sexual abuse than their non-disabled peers (NPR, 2017).

Children with behavior problems have an even higher risk (Shakeshaft, 2004).



9

Sexual abuse of people with ID

People with ID maintain a high vulnerability to sexual abuse throughout their adulthood.

Adults with ID continue to be targeted for sexual abuse at rates similar to those of children with ID.

64% of adult females and **50%** of adult males with ID report being the target of sexual exploitation (Zemp, 2002).

And More

80% of these people will be assaulted more than **10X's** in their lifetime.

10-20% of school aged children in public school will be exposed to sexual misconduct.

Figures for students with developmental disabilities the statistics are up to 40%.

11

How Many Times?" Color. Sound. Approx. Running Time: 5-40 Cupyright 2007 Seeds Educational Services, Inc.







Research indicates issues due to:

Compliance

Naivety

Perceived as likely to keep a secret

Easily controlled without physical force

Lack of social support networks

Lack of accurate information about sexuality.

Does not have relationship awareness and understanding (Shakeshaft 2004)

13

How Can This Happen

Just say "YES"!!!!

Yes = Compliance

Growth and Development

What's "normal" !!!!!!

People With Disabilities

0-5 Potty training, role modeling

0-5 Therapies

5-10 B-day Parties, Sleep overs

5-10 Learn disabled, Different than others

10-15 Friends hang out, dances, date

10-15 Learn Compliance or else

15-22 Education, Dating, etc...

15-22 Get into trouble, sneak, run away,

internet

15



Basic Victim Information

- 1. Abused by father (5-6 yrs. old)
- 2. Sexual trauma continues into foster care/group home
- 3. Enters school with sexualized behaviors/aggression
- 4. Runs away by 14-15 yrs. old
- 5. Picked up by pimp within 48 hours
- 6. Sex Worker will have sex minimum 15/day
- 7. Average age between 6-24
- 8. Average worker will earn for pimp \$250,000 yr
- 9. Pimp can earn 20 X his/her cost if he sell her if she is pretty. Because she is trained and broken in

Furthermore	
ID Sex Worker	Perp Traits
Easily manipulated	Women
Unable to access help	"Cuckooing"= gain entrance into house being support staff and then explo
Sheltered and Isolated	Pimp = Boyfriend = That's what you do

17

State by State:

Human Traffic STATS

California in top 5 states

Human Trafficking:

30% girls with ID

12-14 years

Run away

Unsupervised internet

Strangers cars

https:crowsnestpete.com 2015/10/19

Reid.J.A. (2018) Sex Trafficking of Girls with ID Mixed Methods Study. Sage . Vol 30(2) 107-131

California Sex Education Regulations

For School:

AB329 To provide comprehensive and age appropriate sexuality education.

In Residential:

Under nursing regulation sexuality education is required

In work place:

Mandatory sexual harassment and other sexual issues required training

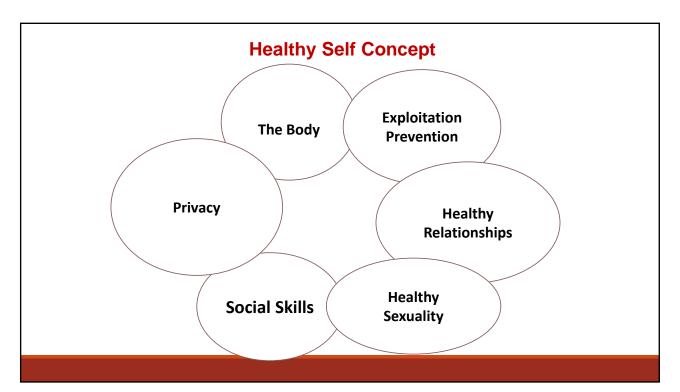
There is hope!!

Knowledge of sexuality, abuse, and self-protection reduces the risk of sexual abuse. (So-kum Tang & Kit-shan Lee, 1999)

Assertiveness training is related to the practice of self-protection skills in real life situations (Haseltine & Miltenberger, 1990).

Social skills training reduces the incident of sexually inappropriate behaviors (Farmer & Pollock, 2003).

19





Learning About the Body & Growing Up

What You Can Do

Social-Sexual Education For ALL

Abuse Awareness Education For All

Know & Report Abuse

23

ARRAY OF COLORS









SEEDS Educational Services, Inc. A not-for-profit corporation

Mission Statement:

Through education, SEEDS, assists people with developmental disabilities to relate effectively with others in their communities and build meaningful and safe relationships.

Office: 619-299-3161 Website: seedseducation.org

27

Resources

Farmer, E., & Pollock, S. (2003). Managing sexually abused and/or abusing children in substitute care. *Child and Family Social Work*, 8, 101-112.

Kempton, W., & Kahn, E. (1991). Sexuality and people with intellectual disabilities: A historical perspective. Sexuality and Disability, 9(2), 93-111.

Haseltine, B., & Miltenberger, R.G. (1990). Teaching self-protection skills to persons with mental retardation. *American Journal on Mental Retardation*, 95(2), 188-197.

Reid.J.A. (2018) Sex Trafficking of Girls with ID Mixed Methods Study. Sage . Vol 30(2) 107-131

Shakeshaft, C. (2004). The special education muckraker. Huntington, NY: Dee Alpert Publisher.

Sobsey, D. (1994) Violence and Abuse in the Lives of People With Disabilities: The End of Silence Acceptance? Author(s):, Page Count: 466

So-kum Tang, C., & Kit-shan Lee, Y. (1999). Knowledge on sexual abuse and self protection skills: A study on female Chinese adolescents with mild mental retardation. *Child Abuse & Neglect*, 23, 269-279.

Zemp, A. (2002). Sexualized violence against people with developmental disabilities in institutions. *Praxis der Kinderpsychologie und Kinderpsychiatrie*, 51(8), 610-625.