

1

How the Good Behavior Game Can Help Children Develop Resilience



Dennis D. Embry, Ph.D. • President/Senior Scientist
PAXIS Institute, Tucson, AZ • September 2020



2

CONFLICT OF INTEREST



I, Dennis D. Embry, am president/senior scientist of PAXIS Institute that holds all copyrights and trademarks associated with the scientifically proven strategies Good Behavior Game® and PAX Tools™ that can reduce lifetime mental, emotional, behavioral and mental disorders while increase academic, economic, and social advantages while reducing lifetime historic, racial, and ethnic disparities in the world. All research on these practices are independent, and are required to publish and/or release results—especially if a finding is null or iatrogenic.



3

What is the epic event in America that is the worst from which to create lifetime resiliency for our children?

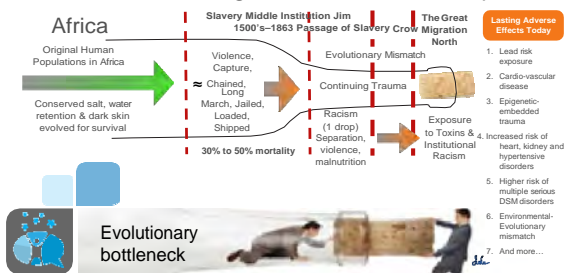


'The Tunnel' near where slaves bound for America were shipped from Nigeria.

Wall Street Journal, AFOLABI SOTUNDE/REUTERS

4

African Slaves Brought to the Western Hemisphere



5



Tikkun Olam—The Repair of the World
If you see what needs to be repaired and how to repair it, then you have found a piece of the world that God has left for you to complete. But if you only see what is wrong and what is ugly in the world, then it is you yourself that needs repair.

—MENACHEM MENDEL SCHNEERSON

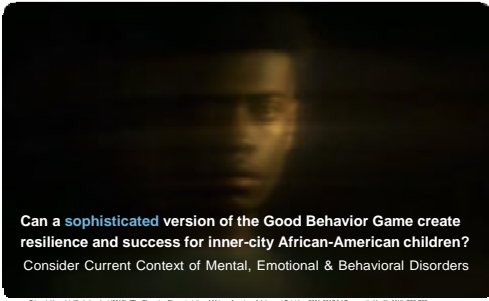
The old man...
Hugs a boy, his grandson. The old man is in his 90's. He will not live to see his great-grandson.

The old man was a slave, as were his siblings and mother, and her mother before who was raped by the son-in-law of a very wealthy plantation owner in Kentucky. Raping slaves was a way to make money. The family fled from Kentucky to Lawrence several months before Quantrill's Raid.

The old man and fought in the Civil War, and his son pretended to be White to enter medical school. The boy in photo—his his grandson who is...

My father.
I am the great-grandson of a freed slave and look white. My father "made" me attend Black Church as a little boy.

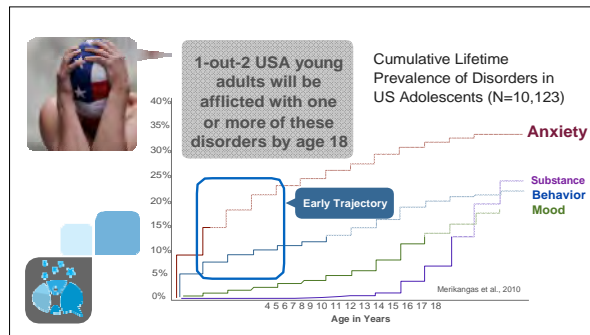
6



Can a sophisticated version of the Good Behavior Game create resilience and success for inner-city African-American children?
Consider Current Context of Mental, Emotional & Behavioral Disorders

Price, J. N. and J. R. Kohnstetter (2019). "The Changing Characteristics of African-American Adolescents, 2001-2017." *Community Health* 44(1): 156-163. <https://doi.org/10.1007/s10992-018-9444-4>

7



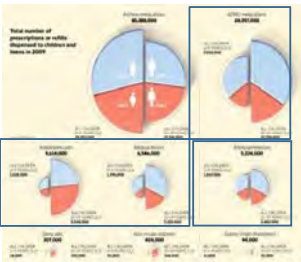
8

The US had 75 million children and teens 2009

40.4 million kids had one psychotropic med in 2009

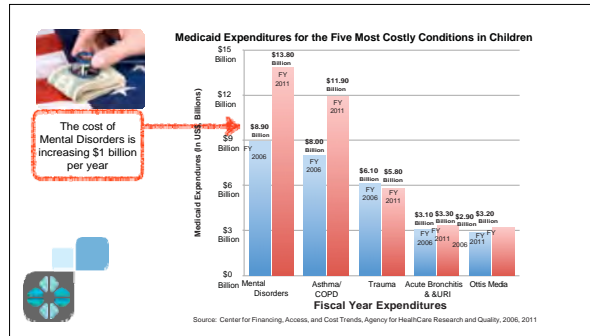
Hypertensives are also used in psychiatry

Wall Street Journal, 12-28-2010

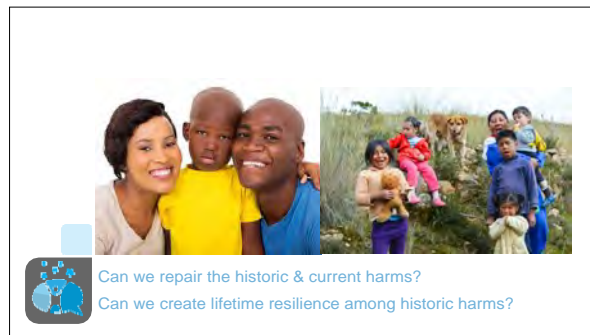


Use Hashtag: #SaveAllKids

9



10



11

Begin with the end in mind...
help children thrive in any setting

Available at www.pubmed.gov or your handouts for this event

Copyright © 2010, PAXUS Institute. Licensed for use by accredited PAXUS Trainers only.

12

More Strategies to Spread Self-, Co- and Group-Regulation

Use PAX GAME 3x-5x per day

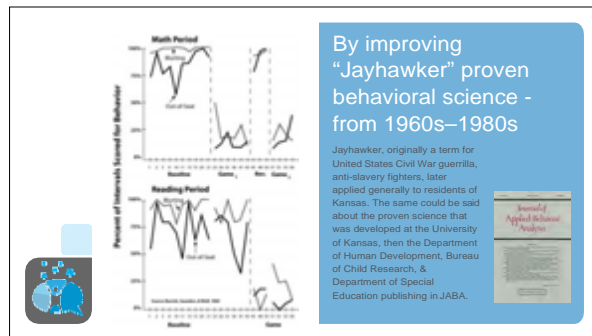
4 + 5 = PAX GBG

4: PAX CUES
10. OK / Not OK
9. PAX Hands-Fast
8. PAX Voices
7. Thotters
6. PAX Silx
5. Beat the Tower
4. Wacky Pizzas
3. PAX Quiet
2. PAX Leader
1. PAX Vision

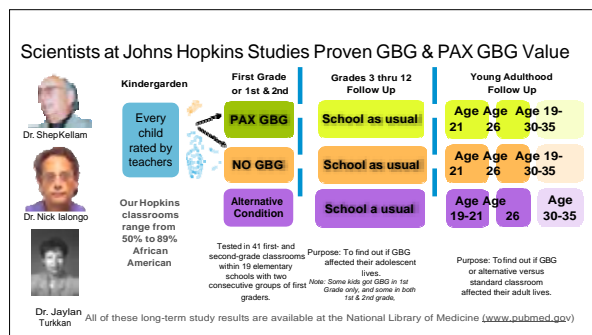
5: PAX GBG
All Evidence Based Games
Well Taught & Learned

The PAX GBG recipe is scalable practical, proven recipe that reliably works in tens of thousands of classrooms.

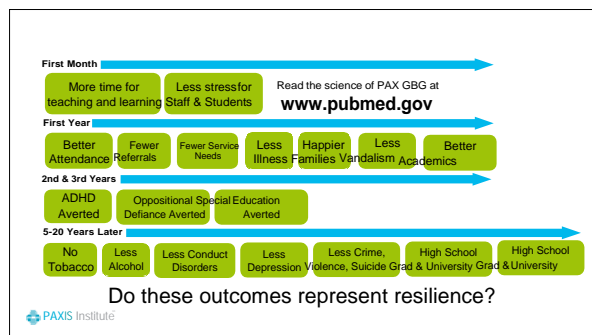
13



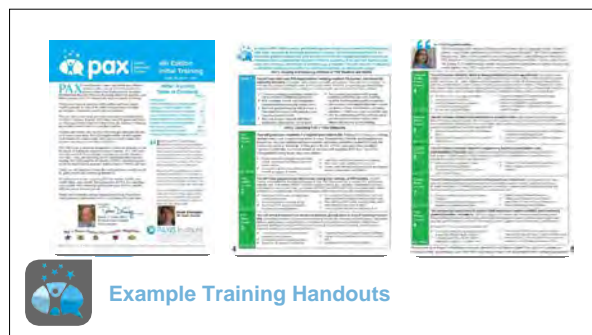
14



15



16

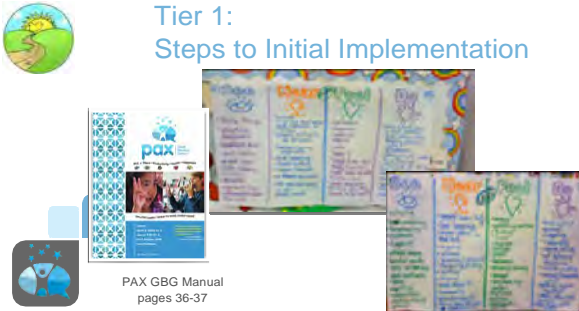




Population-level prevention requires “bullet-proof” implementation

Copyright © 2016, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

17

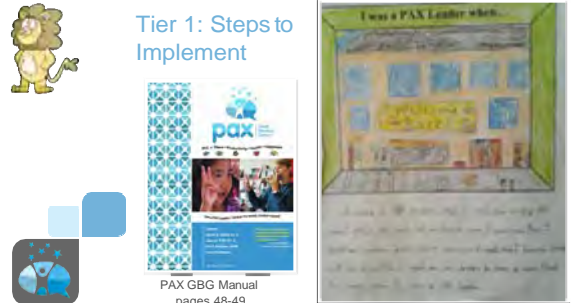


**Tier 1:
Steps to Initial Implementation**

PAX GBG Manual
pages 36-37

Copyright © 2016, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

18



Tier 1: Steps to Implement

PAX GBG Manual
pages 48-49

Copyright © 2016, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

19

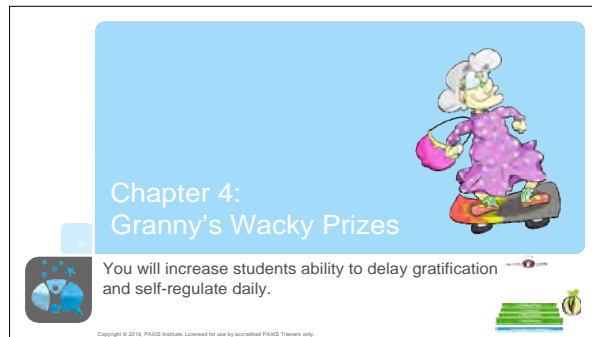


Tier 1: Steps to Implement

PAX GBG Manual
page 54

Copyright © 2016, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

20

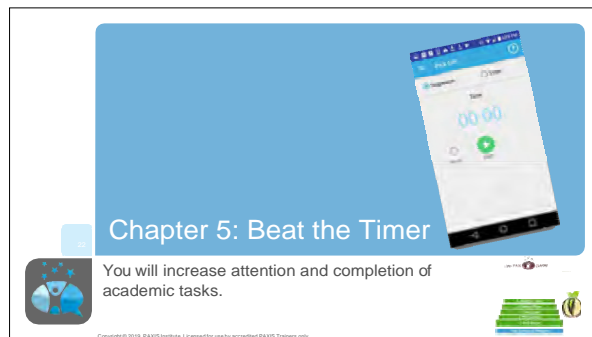


Chapter 4: Granny's Wacky Prizes

You will increase students ability to delay gratification and self-regulate daily.

Copyright © 2019, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

21

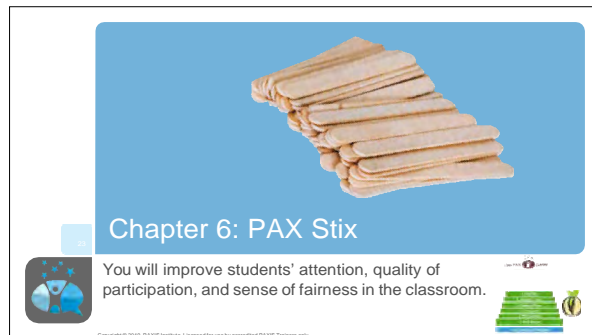


Chapter 5: Beat the Timer

You will increase attention and completion of academic tasks.

Copyright © 2019, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

22

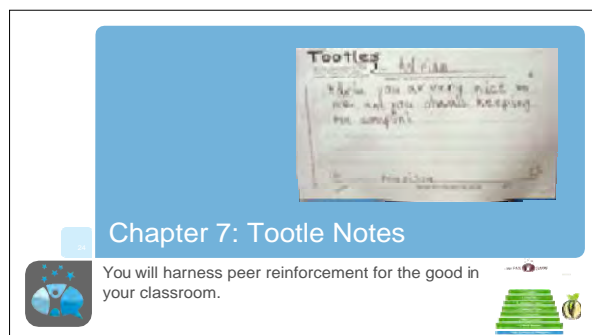


Chapter 6: PAX Stix

You will improve students' attention, quality of participation, and sense of fairness in the classroom.

Copyright © 2019, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

23



Chapter 7: Tootle Notes

You will harness peer reinforcement for the good in your classroom.

Copyright © 2019, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

24

**Chapter 8:
PAX Voices**

You will manage sound levels to reduce ADHD and trauma reactions (ACEs).

Copyright © 2019, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

25

**Chapter 9:
PAX Hands and Feet**

You will use simple prompts to reduce physical injuries, drama and bullying during transitions.

Copyright © 2019, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

26

Chapter 10: OK/Not OK

You will use simple visual cues to reduce nagging, scolding or reprimanding.

Copyright © 2019, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

27

Unit 3: The PAX Game

You will increase academic success, prosocial behavior and reduce student psychiatric disorders and teacher stress.

Copyright © 2019, PAXIS Institute. Licensed for use by accredited PAXIS Trainers only.

28

Tier 1: Steps to Implement



29

Play “The Game” 3-5 a day during classroom activity

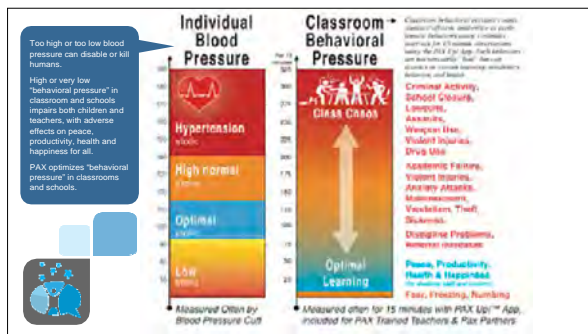
This is a 45 minute PAX GBG during cooperative learning from writing a poem in 5th grade



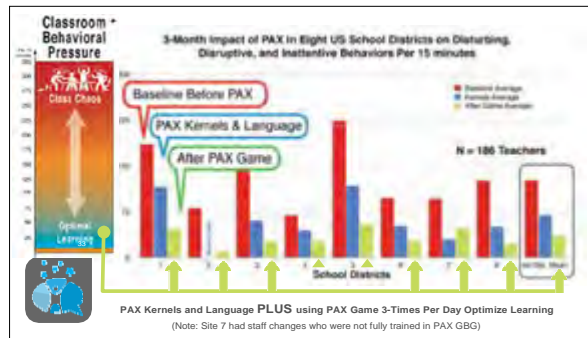
30



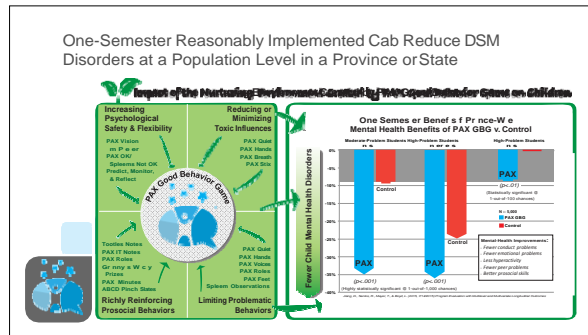
31



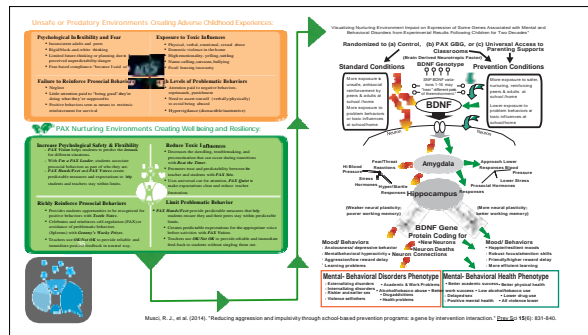
32



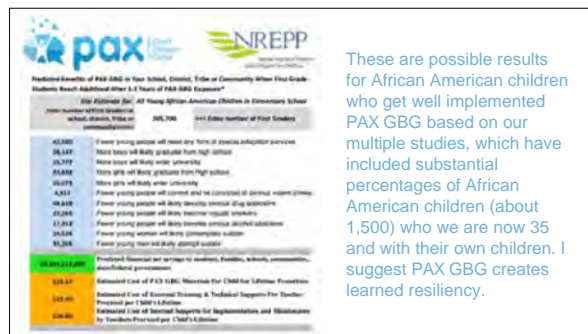
33



34



35



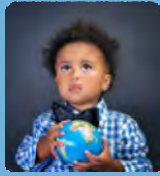
These are possible results for African American children who get well implemented PAX GBG based on our multiple studies, which have included substantial percentages of African American children (about 1,500) who we are now 35 and with their own children. I suggest PAX GBG creates learned resiliency.

36

37

Tikkun Olam:

We can repair the sins and harms of slavery, oppression & ACEs with powerful, proven 50 year-old science that began with a flock of Jayhawks wanted to better the world...



Let me know if you think PAX GBG promotes resiliency.



Dennis D. Embry, Ph.D., president/senior scientist • dde@paxis.org
PAXIS Institute • www.paxis.org • info@paxis.org • 1-520-299-6770

38

Independent videos you may access about PAX GBG



PAX = Peace • Productivity • Health • Happiness

PAXIS produced <http://bit.ly/What-Is-PAX-Video-Intro>

Independent video <http://bit.ly/8-District-Success-Video>

Independent video <http://bit.ly/Syracuse-Video-1>

Independent video <http://bit.ly/Syracuse-Video-2>

Independent video <http://bit.ly/Ohio-Summit-County-PAX>

Independent video <http://bit.ly/Hillsboro-Superintendent>

Independent video <http://bit.ly/PAXManitoba-CBC-News>

Please visit www.paxis.org for more info.