



CALIFORNIA CENTER
for Infant-Family and Early Childhood Mental Health
at WestEd Center for Prevention & Early Intervention

COMING SOON:

International Certificate of Core Competency in Reflective Practice & Supervision

*Would you like professional recognition for the reflective practice and supervision that you already provide?
Would you like to build your capacity to provide reflective practice and supervision?*

It is widely acknowledged that the reflective practice and supervision relationship is a critical feature in guiding multi-disciplinary work with young children and their families and offers needed support to professionals engaged in the work. Build your expertise and promote your experience in providing reflective practice and supervision through a **certificate of core competency** as a **reflective practice supervisor** with the California Center for Infant-Family and Early Childhood Mental Health.

WHAT IS THE INTERNATIONAL CERTIFICATE OF CORE COMPETENCY IN REFLECTIVE PRACTICE & SUPERVISION?

Increasingly, programs serving very young children and their families mandate reflective practice and supervision with limited opportunities for training and support to develop these skills. Many individuals would benefit from a better understanding of what is required for basic levels of competence in reflective practice and supervision and how to develop these skills. Further, the skills required to provide reflective practice and supervision have not been fully defined and there is no formalized process to recognize individuals with the expertise needed to provide reflective practice and supervision. Through development of its *California Compendium of Training Guidelines, Personnel Competencies, and Professional Endorsement Criteria for Infant-Family and Early Childhood Mental Health*, the California Center established a standard of excellence for the provision of infant-family and early childhood mental health care services. Based on more than 25 years of experience of developing standards for reflective practice facilitation and supervision, the California Center is pleased to fill the void of formal recognition of reflective practice and supervision expertise by offering its new **International Certificate of Core Competency in Reflective Practice & Supervision (IC³-RPS)*** to those professionals who have demonstrated a foundational level of expertise and experience in reflective practice and supervision.

*This certificate is not intended to replace any endorsement process that exists for service providers.

**Candidates should select reflective practice supervisors who meet the endorsement requirements in their state.

ADVANTAGES OF THE INTERNATIONAL CERTIFICATE OF CORE COMPETENCY IN REFLECTIVE PRACTICE & SUPERVISION

- The certificate is a formal and public way of validating one's expertise in reflective practice.
- The certificate requirements can drive the quality of reflective practice and supervision in the state or local organization, including the need for appropriate professional development focused on reflective practice and supervision.
- Reflective practice and supervision can serve as a mechanism to improve staff retention.
- Professionals gain competence, validation, and recognition of their ability to provide high quality reflective practice and supervision.
- Agencies can be confident that they are hiring someone who has demonstrated a specific level of expertise and experience in reflective practice and supervision.

HOW DO I OBTAIN THE IC³-RPS?

Through a simple, online application process, candidates create a portfolio that includes details of their education and experience, which is then evaluated by a panel of experts. Letters of recommendation are requested from individuals who have received reflective practice and supervision from the applicant and *from those who have provided reflective practice and supervision to the applicant*. The candidate will receive two vignettes with questions, to respond within a specific time frame. The WestEd Center for Prevention & Early Intervention (CPEI) serves as the administrator of the certificate process.

WHO WILL BENEFIT?

Multidisciplinary practitioners, supervisors, and trainers who already use or are interested in expanding reflective practice and supervision in their community, agency, and program roles will benefit from obtaining an **International Certificate of Core Competency in Reflective Practice & Supervision**. These individuals have a wide range of roles and work in settings including:

- Head Start
- Early Head Start
- Early intervention
- Early childhood education
- Child welfare services
- Home visiting
- Mental health
- Public health
- Nursing

WHAT IS THE CALIFORNIA CENTER FOR INFANT-FAMILY AND EARLY CHILDHOOD MENTAL HEALTH?

The California Center for Infant-Family and Early Childhood Mental Health at WestEd Center for Prevention & Early Intervention is a collaboration comprised of leadership from multiple infant and early childhood programs across California promoting high quality, transdisciplinary systems of care with a primary focus on relationships. The center offers an array of services designed to promote the mental health of children under age five by addressing systems, organizational issues, and personnel training. The California Center has provided leadership since 2003 in establishing standards for reflective practice facilitation and reflective supervision.

FURTHER INFORMATION

State programs and agency supervisors interested in a customized reflective practice and supervision certificate of core competency package for your state or large system are invited to consult with leaders from the California Center on how best to integrate such a program into your agency's workforce development system. Contact Monica Mathur-Kalluri at cacenter-ecmh@wested.org or (916) 827-0311. Individuals interested in certification can take advantage of the application online, as well as the details and directions you need by visiting cacenter-ecmh.org.

CALIFORNIA CENTER FOR INFANT-FAMILY AND EARLY CHILDHOOD MENTAL HEALTH

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