



Transgender 101
**Cultural Responsiveness While Serving
LGBTQ+ Youth**


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Learning Objectives

- Ability to distinguish between sexual orientation, gender identity, gender expression and related LGBTQ terms
- Recognition of the impact of accepting and rejecting behaviors on LGBTQ youth
- Awareness of preventing bias from becoming barriers
- Capacity to reframe the “coming out process” for LGBTQ youth, their families and their environments as “letting in”

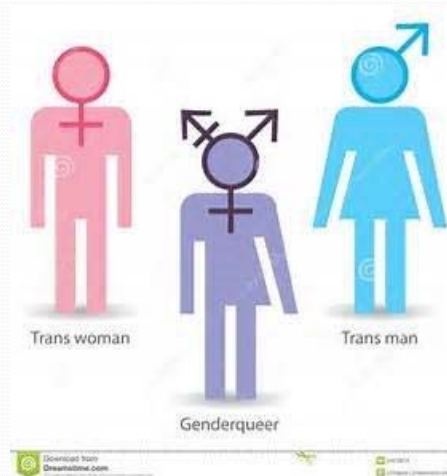




Working Agreements

How do we want to learn?

- Safe space to have open non-judgmental discussions
- Respect and honor each other's privacy through confidentiality
- Put any bias aside to promote healthy learning environment
- Do your best to remain self aware of any bias that may arise during today's session
- It is ok to ask questions if any bias arises, to avoid making assumptions



LGBTQ+

Video

LGBT 101: An Introduction To The Queer Community

[LGBT 101 Introduction.htm](#)

By Margalit Schindler August 1, 2016



SOGIE

Sexual Orientation Gender Identity and Expression

Gender Identity vs. Sexual Orientation

Though commonly misunderstood, gender identity and sexual orientation are very different. **Sexual orientation** is whom you are physically and emotionally attracted to, while **Gender identity** refers to how someone thinks about or views themselves, which can be male, female, neither or somewhere in-between.

In other words, **Gender** is who we go to bed *as*; **Sexuality** is who we go to bed *with*.



SOGIE



What is Gender Expression/Presentation?

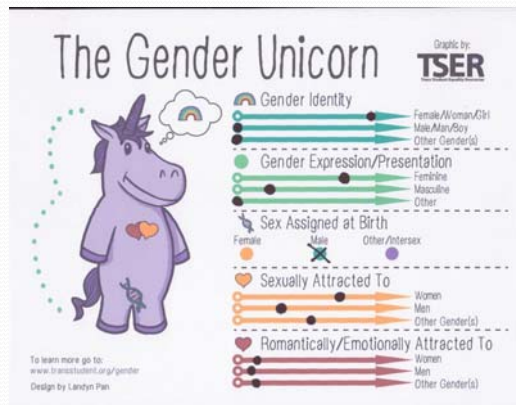
The physical manifestation of one's gender identity through clothing, hairstyle, voice, body shape, etc. Most transgender people seek to make their gender expression (how they look) match their gender identity (who they are)

How is Sex Assigned at Birth?

The assignment and classification of people as male, female, intersex, or another sex based on a combination of anatomy, hormones, and chromosomes



SOGIE Example



Gender Grammar


| Problem | Correction | Reason |
|-------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| "transgendered" (adjective) | transgender | Only adjectives that are derived from nouns and/or verbs (unlike transgender) end in "ed." |
| "intersexed" | intersex | Only adjectives that are derived from nouns and/or verbs (unlike intersex) end in "ed." |
| "transgendered" (verb) | transition | Only verbs can have "ed" added onto the end of the word to become a participle. Transgender is an adjective, not a verb. One does not "transgender," they transition. |
| "a transgender," "transgenders" | a transgender person, transgender people | Transgender is not a noun. "Jake is a transgender" is not only grammatically incorrect, but can be offensive. |
| "sex change," "sex reassignment surgery," "gender reassignment surgery" | gender affirming surgery, genital reconstruction surgery, genital reassignment surgery | Surgery does not change one's sex or gender, only genitalia. |

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Design by Londyn Pinn

For more information,
go to transstudent.org/graphics


TSER
Transgender Educational Resources





Frequently Asked Question


At what age is gender identity typically formed?

Many experts in the field believe that awareness of gender identity is experienced in infancy, solidifies around age three, and then gets reinforced in adolescence through how we teach youth about who boys and girls are expected to be.









Video

The Wittington Family: Ryland's Story

[Ryland's Story.htm](#)

By Hillary Wittington

May 27, 2014



Book:

RAISING RYLAND



LGBTQ Youth In Care

Los Angeles LGBT Center and Williams Institute - Study 2016

- LA County: 1 out of 5 children/youth in care are LGBTQ
- 13.6% LGBTQ youth are in foster care compared to 7.2% in general population
- 5.6% of trans youth in care compared to 2.25% in general population



Alarming Statistics

Los Angeles LGBT Center and Williams Institute - Study 2016

- 40% of LGBTQ youth are homeless because of **Family Rejection**
- Every three days a trans person is **murdered**



The Hard Truth!

Los Angeles LGBT Center and Williams Institute - Study 2016

LGBTQ foster youth are 2x as likely to live in a group facility rather than with a loving family



LGBTQ+ Youth Face Bias And Discrimination In Foster Care

'The unacceptable reality is that LGBTQ youth – after facing trauma and maltreatment from their families or caregivers – too often enter a foster care system that is ill-equipped to competently meet their needs and subjects them to further bias and discrimination.'

-Williams Institute 2016



Transphobia

- Transgender and gender non-conforming youth often face serious physical, emotional, and sexual abuse in group homes, detention centers, and correctional institutions
- Because staff members are often unsure of how to provide respectful and supportive services to these youth, they may unknowingly subject them to situations that are discriminatory and harmful



LGBTQ+ Youth in the Foster Care System

In 2015, California Senate Bill 731 amended Section 16006 of the Welfare and Institutions Code to read: *Children and non-minor dependents in out-of-home-care shall be placed according to their gender identity, regardless of the gender or sex listed in their court or child welfare records.*



Video

Cultural Competence and LGBTQ+ Kids

[Cultural Competence and LGBTQ Kids.htm](#)

By Youth Today March 31, 2016



“Coming out” to “Letting in”



Have a Conversation

- Determine preferred name and pronouns like you would to gather other demographics such as ethnicity/race information
- If the youth's gender expression/appearance/presentation does not clearly indicate what pronouns should be used, the staff member should discreetly and politely ask the youth for their preferred pronouns and name
- Staff should inform other staff of the preferred pronoun - do not place the burden on the youth



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Pronouns: He or She whatever you see.....☺

