

OBJECTIVES

- 1. Explore how kinship family feedback can guide comprehensive support efforts to support grandparents raising their grandchildren, other kinship caregivers, and the children in their care.
- 2. Examine specific kinship support strategies including enhanced outreach, family enrichment opportunities, peer networks, and emergency crisis funds.
- 3. Identify opportunities and potential partnerships in your local communities to support and provide services to kinship families.







United States

- Approximately 2.6 million children (3.5% of U.S. children)
- Proportion has doubled since the 1970s

San Diego County

- Over 21,000 grandparents = living with / responsible for
- Approximately 5,000 grandparents = fully responsible for

KINSHIP FAMILIES





Often, the situations that led to grandparents taking primary responsibility are not happy ones

- Poverty
- Abuse
- Parental incarceration
- Drug addiction
- Illness and death







WHO ARE THESE RELATIVES?

Many are:

- Older Adults over the age of 60
- On a Limited income
- Disabled
- African American or Hispanic



KINSHIP FAMILIES





POTENTIAL CHALLENGES FOR KINSHIP FAMILIES

- Financial stress
- Legal/Systems issues
- Insufficient or unaffordable respite
- Role changes
- Previous lives turned upside down
- Physical and mental health issues







BENEFITS ASSOCIATED WITH FAMILY-BASED CARE

- More frequent contact with parents
- Fewer negative emotions associated with removal from their homes
- Not moved as frequently
- Surrounded by people who love them



KINSHIP FAMILIES





KINSHIP SUPPORT SERVICES IN SAN DIEGO COUNTY

Identifying needs, resources, and solutions for grandparents raising grandchildren and other kinship caregivers





**CONTRACTEGIC PRIORITIES OTHER STRATEGIC PRIORITIES Outreach Service Provider Training Symposiums Respite Opportunities Family Enrichment Activities **Family Enrichment Activities Symposium Activities **Family Enrichment Activities **Total Respondence of Activities **Total Respondenc







YMCA KINSHIP SUPPORT PROGRAM

Funded by the Child Welfare Services and Aging & Independence Services departments of the County Health and Human Services Agency; Serve kinship caregivers throughout San Diego County

Services include:

- Navigation and Case Management
- Support Groups
- Respite Care
- Emergency Funding
- Family Activities



KINSHIP FAMILIES





NAVIGATION AND CASE MANAGEMENT

7 Full-time Kinship Navigators and 3-6 part-time MSW Interns

Home visiting and telephone support

Assessment of needs and Case Plan development

Information and referral

- Guardianship and adoption
- Public benefits
- Childcare resources
- Mental health services
- School resources







SUPPORT GROUPS

Weekly groups facilitated by a Kinship Navigator

Provide peer support, mentoring, education, and resources

Formal training (via partnership with Grossmont College Foster Adoptive & Kinship Care Education Program)

Childcare

Light meal



KINSHIP FAMILIES





RESPITE CARE

Temporary break or rest for kinship caregivers (age 55 and over) via payment for:

- Childcare
- AM/PM care
- Day camps
- Overnight camps
- Special needs camps







EMERGENCY FUNDS

One-time funding to purchase items or services that remove barriers to making or maintaining stable kinship placements.

Emergency funds are often used for:

- Cribs/Beds
- Dressers
- Pool Fences
- Security Deposits
- Rental Payments
- Childcare
- Utility Bills
- · Baby supplies/clothing



KINSHIP FAMILIES





FAMILY ACTIVITIES

Fun, free events for kinship caregivers and children

Caregivers can bond with their own children and network with other caregivers in their community

One per quarter in a different region of the county

Examples include:

- Horse of the Sun Ranch
- Mission Trails Regional Park
- Mission Bay Park BBQ
- Chula Vista Nature Center







ACCESSING KINSHIP SUPPORT SERVICES

You can help clients access Kinship Support Services by:

Completing and submitting a referral form

Giving out our flyer



KINSHIP FAMILIES





ADDITIONAL RESOURCES

California

Kinship Support Services Program http://www.edgewood.org/kssp/ 1-800-KIN-0047

- National
 - Generations United

www.gu.org

Grandfamilies.org www.grandfamilies.org (see State Fact Sheets under Resources)





A QUESTION FOR YOU

WHAT ARE OPPORTUNITIES IN YOUR OWN LOCAL **COMMUNITIES TO SUPPORT KINSHIP FAMILIES?**

QUESTIONS FOR US?

KINSHIP FAMILIES





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