

Music Therapy Presentation Outline

Title: Let's Rock! Music Strategies to Enhance Early Childhood Development

1. Introductions
2. Overview
3. Music therapy definition
4. Music and brain research
 - a. Speech and language
 - b. Cognition
 - c. Sensorimotor
 - d. Emotion
5. 5 Ways to use music for early childhood development
 - a. Sing to teach skills or give directions
 - b. Move to music
 - c. Use music for coping skills/relaxation
 - d. Use instruments or technology
 - e. Use visuals with music
6. Resources
7. Q&A