## Improving Educational Outcomes for Students by Integrating Diagnosis With School Practice

<u>Objective:</u> Attendees will leave understanding the importance of and strategies for collaboration between school personnel and clinicians / supporting professionals in order to create a safe learning environment and improved academic outcomes for children who have been exposed to adverse life experiences / trauma.

- 1) Effect of adverse experiences / trauma on the brain
  - a) "Fight or Flight" vs "Thinking Brain"
  - b) Negative impact on psychological processing
    - i) Storage, coding, retrieval, and application
    - ii) Anxiety, executive dysfunction, long term memory deficits
- 2) The educational experience is holistic
  - a) The Learning Child
    - i) Academic challenges
      - (1) Poor academic performance
      - (2) "Learning disabled" vs. "lazy & unmotivated"
    - ii) Personal experiences
      - (1) May disrupt learning
      - (2) May serve to support instruction
  - b) The Emotional Child
    - i) Behavioral Challenges
      - (1) Misdiagnosis (ADHD/ADD)
      - (2) "Bad Kid"
    - ii) Relational Challenges
      - (1) Adult-student
      - (2) Student-student
- 3) Improving Academic Outcomes and Student Resiliency
  - a) Conversations by supporting professionals
    - i) Reaching out to school staff/teachers
      - (1) Increase understanding and compassion
      - (2) Staff reactions
      - (3) Shift perspectives
      - (4) Making recommendations
    - ii) Confidential conversations and HIPPA
      - (1) ACES scores
      - (2) Acknowledge the impact of adverse life experiences
      - (3) Do not define the child by his/her adverse experiences
    - iii) Ongoing collaboration
      - (1) Supporting professionals (social workers, therapists, other providers, parents/caretakers)
      - (2) Communicating educationally related concerns
      - (3) Making appropriate recommendations

- b) The school environment
  - i) 1/3 of a child's time
  - ii) Creating a safe school
  - iii) Creating a safe classroom
    - (1) Maslow's hierarchy of needs
    - (2) Psychological and physical safety precedes learning
- c) Building resiliency
  - i) Teacher-student and other meaningful adult interactions
    - (1) You've had this student before
    - (2) In loco parentis
    - (3) Be approachable
    - (4) Be the "one"
  - ii) Student to student
    - (1) Foster respect
    - (2) Create inclusion
- 4) Application
  - a) Scenarios
  - b) Foreseeing potential pitfalls
  - c) Generation of ideas
  - d) Helpful templates