



7<sup>TH</sup> ANNUAL EARLY CHILDHOOD MENTAL HEALTH CONFERENCE: WE CAN'T WAIT  
WHERE NATURE AND NURTURE MEET

09 18-16  
Subject to Change

Conference Schedule: Thursday, September 22, 2016

7:00 – 7:45 AM	<b>Breakfast and Registration</b>
7:45 – 8:30 AM	<b>Opening Remarks</b> Jeff Rowe, MD, Co-Chair, Early Childhood Mental Health (ECMH) Conference Nick Macchione, MS, MPH, FACHE Director and Chief Administrative Officer, County of San Diego Health and Human Services Agency (HHS)
8:30 – 9:00 AM	<b>Setting the Stage for the 7<sup>th</sup> Annual Conference</b> Jeff Rowe, MD, and Ali Freedman, PsyD, Co-Chair, Early Childhood Mental Health Conference
9:00 – 10:30 AM  CME/CE	<b>(CME) Nature vs Nurture – Healthy Brain and Child Development and the Power of Early Experiences</b> Pat R. Levitt, PhD, Provost Professor and Simms/Mann Chair in Developmental Neurogenetics, University of Southern California and Children's Hospital Los Angeles
10:30 – 10:45 AM	<b>Break &amp; Visit Exhibits</b>
10:45 – 12:15 PM  CME/CE	<b>(CME) Keynote: (continued): The Relationship Between Executive Functioning and Resilience</b> Pat R. Levitt, PhD, University of Southern California and Children's Hospital Los Angeles
12:15 – 1:30 PM	<b>Lunch</b> <b>Visit Exhibits</b>
1:30 – 3:00 PM  Breakout Sessions A  All Session CE Approved  CME Approved As Noted	<b>A-1 (CME) Neurobiology of Play</b> Kim Vander Dussen, PsyD, RPT-S <b>A-2 (CME) Psychosocial Consequences of Medical Illness (Kids, Parents, Staff Perspectives)</b> Kirsteen Payne, MSW <b>A-3 (CME) Strategies for Communicating the Science of Brain and Child Development to Colleagues and Families</b> Pat R. Levitt, PhD <b>A-4 Paternal Perinatal Mood and Anxiety Disorders</b> Daniel B. Singley, PhD, ABPP <b>A-5 (CME) In Utero Drug and Alcohol Exposure</b> Christina Chambers, PhD, MPH <b>A-6 The Clinician's Toolbox</b> Denise VonRotz, LMFT, RPT <b>A-7 Nurturing Early Childhood Education and Learning: Building Parent Leadership and University-Community Partnerships to Create a Trauma-Informed Community School</b> Godwin Higa, Dana Brown and Audrey Hokoda, PhD <b>A-8 Part One – Children Who Fail at School But Succeed at Life</b> Mark Katz, PhD
3:00 – 3:15 PM	<b>Break &amp; Visit Exhibits</b>
3:15 – 4:45 PM  Breakout Sessions B  All Session CE Approved  CME Approved As Noted	<b>B-1 Home Visiting: Assisting Kids Exposed to Substances in Utero</b> Donna Swanson-Perrelet, Chris Meucke, Joanne Brady, and Ann Marie Hall-Fiske, PT <b>B-2 (CME) Dyadic Therapy: The Passage into Attachment</b> Ruth Newton, PhD <b>B-3 (CME) The Role of Temperament in Challenging Behavior</b> Jeff Rowe, MD <b>B-4 Services in Support of Families Before, During, and After Incarceration</b> Alyce Belford, PhD, CATC <b>B-5 Bridging Behavioral Health and Faith Based Treatment</b> Jesus Sandoval <b>B-6 The Role of Adverse Childhood Experiences (ACEs)</b> Lisa Grimes Linder, PhD <b>B-7 Supervisors: Supporting Supervisees in Child Mental Health</b> Linda Wong Kerberg, LMFT and Kiefer Rich, LMFT <b>B-8 Part Two -- Children Who Fail at School But Succeed at Life</b> Mark Katz, PhD
4:45 PM	<b>Evaluations and Sign Out</b>



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**Conference Schedule: Thursday Evening CME/CE Program:**  
Pediatric and Child Psychiatry Transdisciplinary Dialogue  
**September 22, 2016 6:00 – 9:00 PM**

**This Evening Session is CME/CE Approved for Up to 2.75 Contact Hours**

5:00 PM	<b>CME/CE Registration</b> <b>Reception and Refreshments</b>
6:00 PM	<b>Behavioral Health Challenges with Very Young Children</b> Facilitators: Pradeep Gidwani, MD, MPH (Pediatrics) and Mark Chenven, MD (Child Psychiatry)
6:30 PM	<b>Understanding and Managing the Emotionally Dysregulated Child</b> Wendy Pavlovich, MD (Pediatrics) and Jeffrey Rowe, MD (Child Psychiatry)
6:45 PM	<b>Small Groups: Discussion and Case Planning</b>
7:15 PM	<b>Large Group Discussion</b>
7:30 PM	<b>Break &amp; Visit Exhibits</b>
7:45 PM	<b>Understanding and Managing the Trauma-Exposed Young Child</b> Donald Miller, MD, MPH, FAAP (Pediatrics) and Charmi Patel Rao, MD (Child Psychiatry)
8:00 PM	<b>Small Groups: Discussion and Case Planning</b>
8:30 PM	<b>Large Group Discussion</b>
8:45 PM	<b>Wrap/Q &amp; A</b>
9:00 PM	<b>Close</b>

**Conference Schedule: Friday, September 23, 2016**

7:00 - 7:45 AM	<b>Breakfast and Registration</b>
7:45 – 9:00 AM	<b>Opening Remarks</b> <b>Jeff Rowe, MD</b> , Co-Chair, Early Childhood Mental Health (ECMH) Conference <b>Laura Vleugels, MD</b> , Supervising Child and Adolescent Psychiatrist for Behavioral Health Services, County of San Diego Health and Human Services Agency (HHSA)
9:00 – 10:30 AM	<b>(CME) Voices of Youth – Surviving ACES</b> <b>Ali Freedman, PsyD, Arthur Soriano, Jose Sandoval, and Panel of Youth Presenters</b>
10:30- 10:45 AM	<b>Break &amp; Visit Exhibits</b>
10:45 –12:15 PM	<b>(CME) Tracing the Developmental Pathways of Troubled Youth</b> <b>James Garbarino, PhD</b> Author, Psychologist, Expert on Violence & Children
12:15 – 1:30 PM	<b>Lunch</b> <b>Visit Exhibits</b>
1:30 – 3:00 PM	<p><b>C-1 (CME) Why Parents are the Solution and Not the Problem</b> James Garbarino, PhD</p> <p><b>C-2 (CME) Two Sides of the Same Coin: How Autism and Trauma are Similar</b> Charmi Patel Rao, MD</p> <p><b>C-3 Strategies to Strengthen Brain Pathways in Children</b> Chris Meucke, Vincentia Schroeter, PhD, LMFT, CBT and Liz Maruchau, LCSW</p> <p><b>C-4 Using Sensory Processing and Regulation in the Young Child</b> Brooke Olson, OTR/L</p> <p><b>C-5 Nurturing Healthy Attachment</b> Christopher Walsh, LMFT</p>

*Breakout Sessions C*

All Session CE Approved  
CME Approved As Noted



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Conference Schedule: Friday, September 23, 2016  
(Continued)

1:30 – 3:00 PM All Session CE Approved CME Approved As Noted	<p><b>C-6 Mental Health/Mental Illness in Refugee Children</b> Erica Bouris, PhD</p> <p><b>C-7 Reflective Practice in Speech and Language Therapy</b> Shari Garrett, MS, CCC-SP</p> <p><b>C-8 Self-Care and Prevention of Burnout and Secondary Trauma</b> Dawn Herring, MS, LMFT</p>
3:00 – 3:15 PM	<b>Break &amp; Visit Exhibits</b>
3:15 – 4:45 PM  <i>Breakout Sessions D</i>  All Session CE Approved CME Approved As Noted	<p><b>D-1 Maternal Drug Use: From Removal to Reunification</b> Jean Avila, Terry Aperule, CATC I, Angela Rowe, LCSW, Terri Hagmann , CATC II, CSC and Shelly Paule, MSW, LCSW</p> <p><b>D-2 (CME) Nurture from Genetics and Epigenetics to the Community</b> Pradeep Gidwani, MD, MPH</p> <p><b>D-3 (CME) Maternal Depression</b> Alison Reminick, MD</p> <p><b>D-4 Pregnant and Parenting Youth in Foster Care</b> Barry Fox, LMFT and Sarah Pauter, MA</p> <p><b>D-5 The Many Sides of Foster Care: A Panel of Perspectives</b> Jacquie Pusateri, Claire Marquez and Panel of Parents, Clinicians, Child Welfare Workers, and Former Foster Youth</p> <p><b>D-6 Play Therapy for Little Ones</b> Laurie Hall, LCSW</p> <p><b>D-7 Positive Behavioral Supports in the Pre-School Environment</b> Berenice Salas, MA, IMFT, Charles Wigle, LMFT, LPCC and Elva Vera, MA, IMFT</p> <p><b>D-8 Self-Care and Prevention of Burnout and Secondary Trauma</b> Dawn Herring, MS, LMFT</p>
4:45 PM	<p><b>Evaluations and Sign Out</b> <b>Book Signing Until 6:00 PM</b></p>

Conference Schedule: Saturday, September 24, 2016  
Special Event!

This Session is CME/CE Approved for Up to 3.0 Contact Hours

7:00 – 7:45 AM	<b>Breakfast and Registration</b>
7:45 – 8:30 AM	<p><b>Opening Remarks</b> <b>Ali Freedman, PsyD</b>, Co-Chair, Early Childhood Mental Health (ECMH) Conference Regional Vice President of Fred Finch Youth Center</p>
8:30 – 10:00 AM	<p><b>A Case-Based Approach -- Deconstructing Delinquency</b> <b>James Garbarino, PhD</b> Author, Psychologist, Expert on Violence &amp; Children Holds the Maude C. Clarke Chair in Humanistic Psychology and was founding Director of the Center for the Human Rights of Children at Loyola University Chicago. Previously he was Elizabeth Lee Vincent Professor of Human Development and Co-Director of the Family Life Development Center at Cornell University</p>
10:00 – 10:15 AM	<b>Break</b>
10:15 – 11:45 AM	<p><b>A Case-Based Approach -- Deconstructing Delinquency</b> <b>James Garbarino, PhD</b> Continuation of Morning Session</p>
11:45 AM	<b>Closing Remarks</b>
12:00 PM	<b>Evaluations and Sign Out</b>