

**H-6 “Is the Family History Helpful?”  
Any Heritable Illnesses in Genetically Related Relatives?**

Sometimes family history gives us clues about what our patient much be experiencing. Examples of heritable conditions are below:

1. ADHD
2. Bipolar
3. Major Depression
4. Anxiety
5. Learning Disabilities
6. Autism Spectrum Disorder
7. Substance Use Disorders

Remember, make sure the “relative” is actually a blood-related relative. Then consider if that relative’s difficulties are similar and therefore inform our diagnosis of our patient.