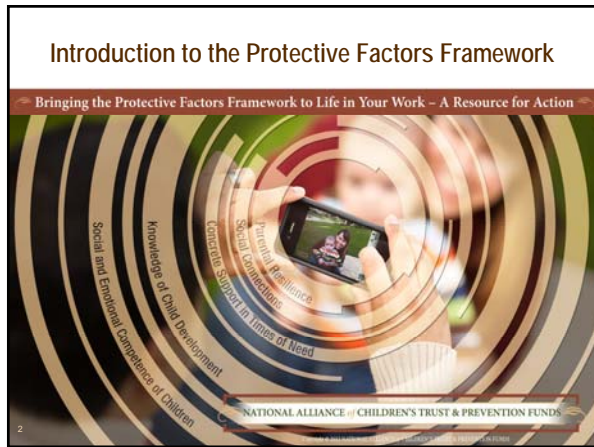


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NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS
Bringing the Protective Factors Framework to Life in Your Work

Outline

1 INTRODUCTION

- Welcome and Introductions
- Goals and Objectives of the Training
- Use of the Protective Factors Framework in Different Fields
- Messaging at the Intersections

2 FOCUS

- Introduction to the Protective Factors Framework
- Strength-Based Theory

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Outline

3 FRAMEWORK

- Introducing the Pathway to Improved Outcomes for Children and Families
- The Research Behind Strengthening Families
- Part of a National and International Movement
- Strategies and Everyday Actions to Build These Protective Factors

4 ACTION

- Understanding and Putting Aside Our Biases
- Culture and Family Strengths
- The Critical Role Parents Play in Strengthening Families

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Essential Elements

- Introduction to the Strengthening Families™ Protective Factors Framework
- Strength-Based Theory
- Five Protective Factors
- Everyday Actions that Build Protective Factors
- Understanding and Putting Aside Our Biases
- The Critical Role Parents Play in Strengthening Families

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Three Common Threads Throughout the Curriculum

1. **The Strengthening Families™ Protective Factors Framework** – Understanding and communicating the importance of how to use the framework as we go about our everyday work.
2. **The importance of culture** – How culture impacts families as they seek to build protective factors and how our own culture shapes how we individually feel, act and think.
3. **The critical role parents play in strengthening families** – Viewing parents as valuable partners in every phase of the work we do.

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Goals

- List five protective factors that help keep families strong and prevent child abuse and neglect.
- Identify multiple strategies and everyday actions that help families to build those protective factors.
- Understand what it means to work with families in a strength-based way.
- Be acquainted with the Strengthening Families Self-Assessment and understand how you might use it.

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HUMAN WALKING PROGRAM

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Strength-Based Theory: Looking at Families Through a Different Lens

Focus on what's strong,
not what's wrong!

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ACES – Adverse Childhood Experiences

Three Types of ACEs:

Abuse	Neglect	Household Dysfunction
Physical	Physical	Mental Illness
Emotional	Emotional	Mother Treated Violently
Sexual		Divorce
		Incarcerated Relative
		Substance Abuse

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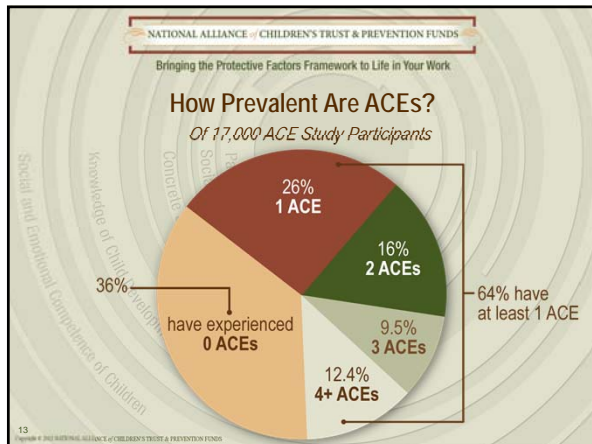
How Prevalent Are ACEs?

Percentage of ACE Study Participants that Experienced a Specific ACE

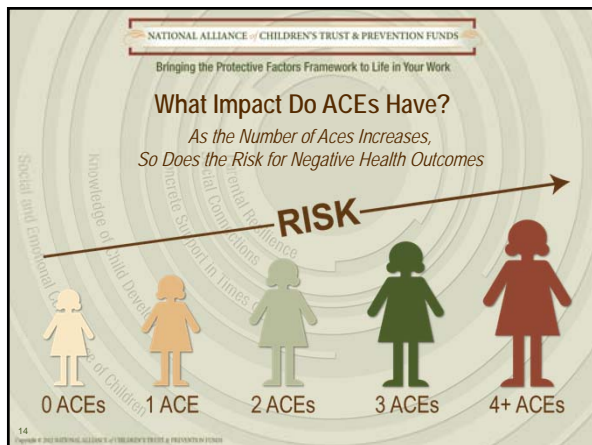
Abuse	Physical Abuse	28.3%
	Sexual Abuse	20.7%
	Emotional Abuse	10.6%
Neglect	Emotional Neglect	14.8%
	Physical Neglect	9.9%
Household Dysfunction	Substance Abuse	26.9%
	Parental Divorce	23.3%
	Mental Illness	19.4%
	Mother Treated Violently	12.7%
	Incarcerated Relative	4.7%

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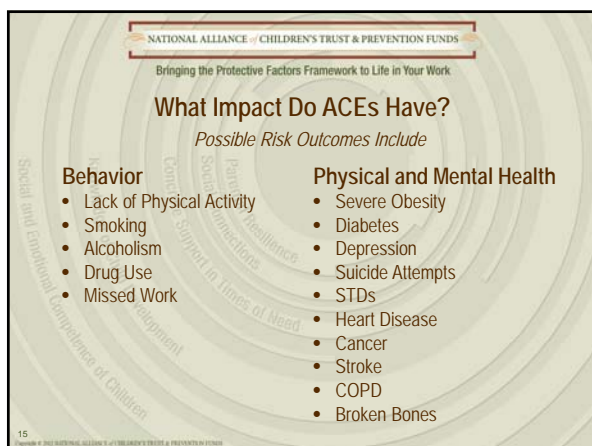
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Learn More About the ACE Study

<http://www.acestudy.org/home>
and
<http://www.cdc.gov/violenceprevention/acestudy>

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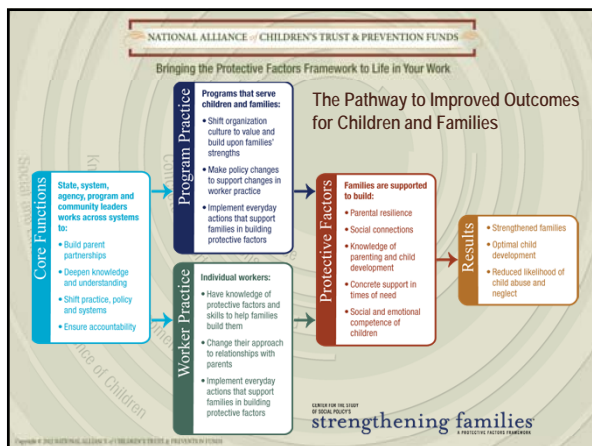
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Bringing the Protective Factors Framework to Life in Your Work

Protective Factors

- ① Parental Resilience
- ② Social Connections
- ③ Knowledge of Parenting and Child Development
- ④ Concrete Support in Times of Need
- ⑤ Social and Emotional Competence of Children

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Families Are Supported to Build

Protective Factor	Definition
Parental Resilience	The ability to recover from difficult life experiences, and often to be strengthened by and even transformed by those experiences.
Social Connections	Positive relationships that provide emotional, informational, instrumental and spiritual support.
Knowledge of Parenting and Child Development	Understanding child development and parenting strategies that support physical, cognitive, language, social and emotional development.
Concrete Support In Times of Need	Access to concrete support and services that address a family's needs and help minimize stress caused by challenges.
Social and Emotional Competence of Children	Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships.

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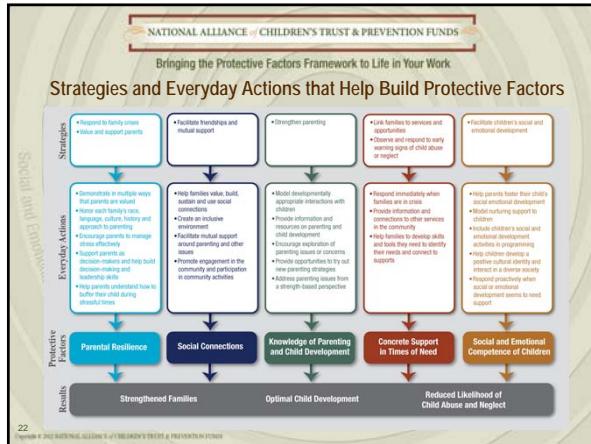
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Learn More About the Protective Factors

- Explore the Alliance online training – with a course on each Protective Factor – free of charge on the Alliance website:
<http://ctfalliance.org/online/training.htm>
- Discover resource materials about the Protective Factors on the Center for the Study of Social Policy website:
<http://www.cssp.org/reform/strengtheningfamilies/about#protective-factors-framework>
 - Research briefs about each Protective Factor
 - Core meanings of the Protective Factors
 - PowerPoint slides about the Protective Factors
 - The research behind the Protective Factors

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 Bringing the Protective Factors Framework to Life in Your Work
Strengthening Families™ Self-Assessment
 Center for the Study of Social Policy (CSSP)
<http://www.cssp.org/reform/strengtheningfamilies/practice#program-self-assessments>

Program Self-Assessments

The Strengthening Families Program Self-Assessment outlines how the protective factors can be supported through small but significant changes in program practice.

- About the Strengthening Families Program Self-Assessments
- PowerPoint presentation about the Program Self-Assessments
- PowerPoint presentation about recent evolutions to the Program Self-Assessments

Four versions of the Self-Assessment are available for the types of programs and agencies that most often implement Strengthening Families.

- Program Self-Assessment for Center-Based Early Care and Education Programs
- Program Self-Assessment for Family Child Care Providers
- Program Self-Assessment for Home Visiting Programs
- Program Self-Assessment for Community-Based Programs

Each of the self-assessments are available as part of an online data system. The online system includes additional tools designed to help programs to track and analyze their self-assessment results and support state-level administrators in aggregating data across many programs.

- About the Strengthening Families Online Data System - coming soon
- Access the online system

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 Bringing the Protective Factors Framework to Life in Your Work
Understanding and Putting Aside Our Biases

Parental Resilience
Social Connections
Knowledge of Parenting and Child Development
Concrete Support in Times of Need
Social and Emotional Competence of Children


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Protective Factors Are Dependent on Culture

As we consider each Protective Factor, ask yourself these three questions:

1. How does culture impact this Protective Factor in a family?
2. How does your own culture shape how you feel, how you react and what you say or think?
3. How does culture impact what you are teaching?



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Why Is It Important to Build Partnerships with Families?



- The family is the center of a child's life; working with parents gives us a more holistic view of how to support and strengthen that family.
- Highly involved families almost double the positive odds for their children in education, health promotion and social-emotional development.


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Why Do Parents Get Involved?

- They believe the issue is important to them and their family.
- They believe they have something to contribute.
- They believe they will be listened to and their contributions respected.
- They believe that their participation will make a difference.




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How Do Parents Stay Involved?



- Multiple opportunities for participation, from a small contribution of time to progressively larger contributions of time and effort.
- Families receive sufficient advanced notice.
- Their participation is facilitated by: child care, transportation, dinner, some form of compensation, educational benefits.


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How Do Parents Stay Involved?

- Families are listened to: their ideas are supported and respected.
- They do not experience retribution as a result of their participation.
- Family participation has an impact.
- Their participation is consciously and visibly appreciated.



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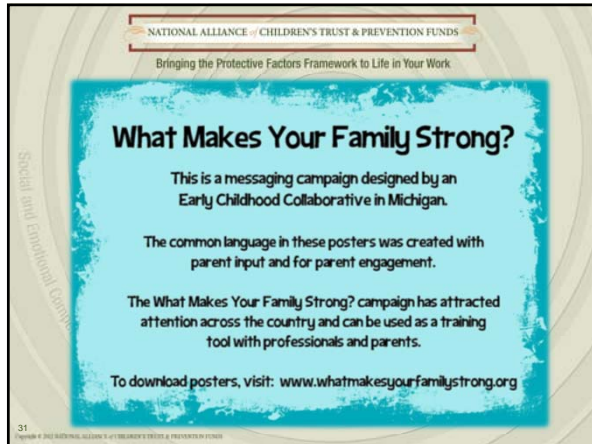
Getting Started – Engaging Parents



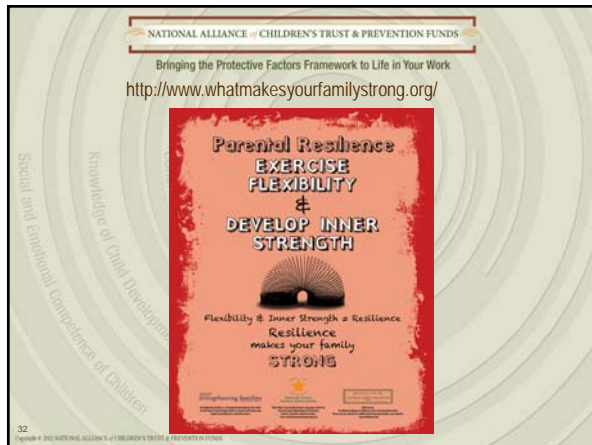
- Ask parents what they want and need from your program.
- Frame it in terms of the protective factors:
 - What's hard about parenting?
 - How can we be a more welcoming place for parents, where families feel comfortable asking for help or advice?
 - How can we reach out to and support families when they are overwhelmed, stressed or isolated?
 - How can we make it easier for parents to connect to each other?

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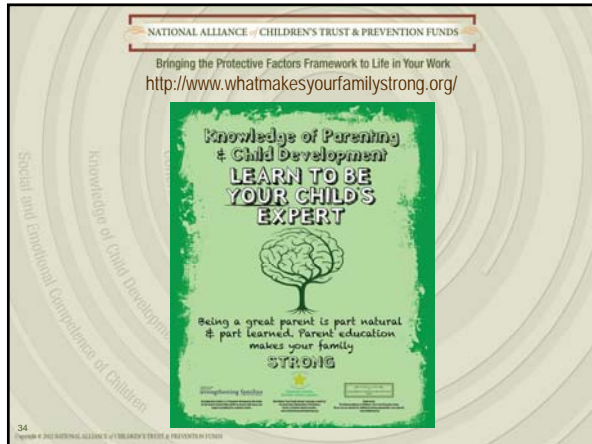
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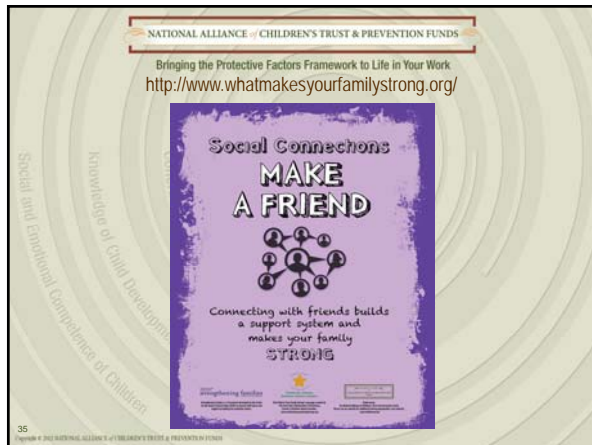
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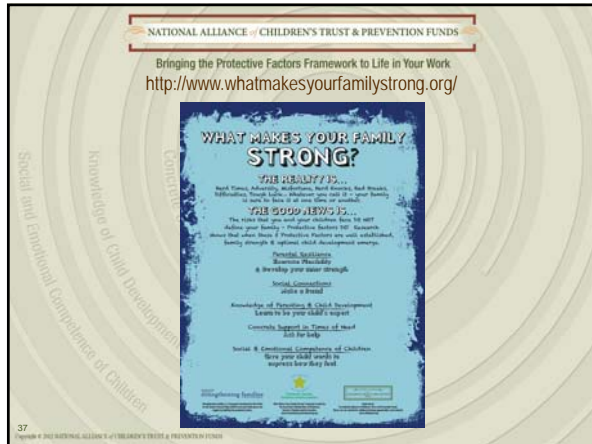
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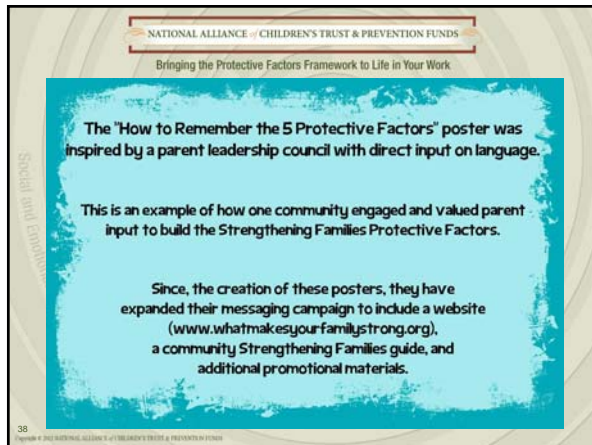
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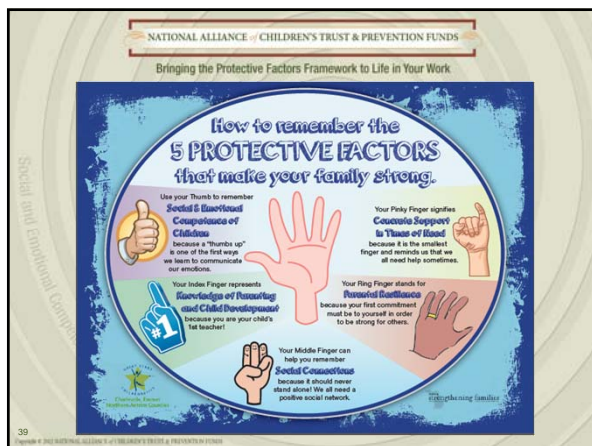
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Essential Elements

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2-Hour Introduction

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NATIONAL ALLIANCE
CHILDREN'S TRUST & PREVENTION FUNDS
www.ctfalliance.org

The National Alliance of Children's Trust and Prevention Funds:

- Ensures all states have a strong and effective children's trust or prevention fund capable of leading and investing in strategies, policies and best practices that prevent child abuse and neglect before it occurs.
- Initiates and engages in national efforts that help state children's trust and prevention funds in strengthening families to prevent child abuse and neglect.
- Promotes and supports a system of services, laws, practices and attitudes that supports families by enabling them to provide their children with safe, healthy and nurturing childhoods.

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Bringing the Protective Factors Framework to Life in Your Work

Contact

If you have questions about *Bringing the Protective Factors Framework to Life in Your Work*, please contact the Alliance at:
info@ctfalliance.org

If you are interested in participating in a Training for Trainers for *Bringing the Protective Factors Framework to Life in Your Work*, please contact the Alliance at:
tot@ctfalliance.org

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