



10<sup>th</sup> Annual Early Childhood Mental Health Conference: We Can't Wait

Conference Schedule: Thursday, September 12, 2019

\*All Sessions have been submitted for CE Approval

\*CME Approved Sessions are Indicated

08/30/19  
PRELIMINARY AGENDA  
Subject to Change

7:00 – 7:45 AM	<b>Breakfast and Registration</b>
7:45 – 8:15 AM	<b>Opening Remarks</b> Jeff Rowe, MD, Child & Adolescent Psychiatrist, Conference Co-Chair
8:15 – 9:00 AM	<b>(CME) A Decade of Progress and a Future of Hope</b> Jeff Rowe, MD, Child & Adolescent Psychiatrist, Conference Co-Chair
9:00 – 10:30 AM	<b>(CME) Hope Rising – How the Science of Hope Can Change Lives – Part One</b> Casey Gwinn, JD, President and Co-Founder of Alliance for HOPE International
10:30 – 10:45 AM	<b>Break and Visit Exhibits</b>
10:45 – 12:15 PM	<b>(CME) Hope Rising – How the Science of Hope Can Change Lives – Part Two</b> Casey Gwinn, JD, President and Co-Founder of Alliance for HOPE International
12:15 – 1:30 PM	<b>Lunch – Visit Exhibits and Bookstore, Book Signing</b>
1:30 – 3:00 PM	<b>Breakout Sessions A</b> <b>A-1 (CME) Diagnosing and Treating Young Children (0-5): Advances Over the Past Decade</b> Jeff Rowe, MD, Child & Adolescent Psychiatrist, Conference Co-Chair, and Christopher Walsh, LMFT, Director of Clinical Operations, Chadwick Center for Children and Families, Rady Children’s Hospital <b>A-2 (CME) When Infants and Toddlers Grieve: Finding Hope After Death</b> Samira Moosavi, CCLS, Children’s Group Coordinator, The Elizabeth Hospice <b>A-3 (CME) Prenatal Trauma and Depression – The Earliest Intervention</b> Ruth P. Newton, PhD, Newton Center for Affect Regulation (NCAR) <b>A-4 The Journey Through Early Childhood Autism</b> Lisa Kaufmann, Breena Hayman, Kara Dodds, Julie Guy, Sandi Anderson, and Joel Anderson, Autism Tree Project Foundation <b>A-5 (CME) Co-Treatment Within the Family System: Treating Trauma Alongside Behavioral Management</b> Kelly Curtis Hughes, LMFT, and Lorri Bauer, MS, Chadwick Center for Children and Families, KidSTART <b>A-6 Hope for Incarcerated Parents and Their Children 0-5</b> Panel moderated by Shannon Jackson, LPCC. Bridget Hanagan, MA, Reentry Supervisor; Jennifer Fox, Deputy Probation Officer; and Amber Leidecker, San Diego County Sherriff’s Department; Patrice Clark, Protective Services Worker, Child Welfare Services, SD County HHSA; Judith Rivera and Alfonso Rivera, Instructors, Healthy Relationships California; Terri Hagmann, CADC II-CA, CSC, Divisional Director, North County Serenity House
3:00 – 3:15 PM	<b>Break and Visit Exhibits</b>
3:15 – 4:45 PM	<b>Breakout Sessions B</b> <b>B-1 (CME) Alexa’s PLAYC: The Impact of True Inclusion in a Community Preschool</b> Allison Jobin, Ph.D., BCBA-D and Nora Camacho, MA, BCBA, LMFT, Rady Children’s Hospital <b>B-2 Managing Childhood Stress in the Classroom through Mindful Practices</b> Jodie Peebles and Veronica Tafoya, Early Education Specialists, San Diego County Office of Education <b>B-3 (CME) Self-Care and Prevention of Burnout and Secondary Trauma</b> Katie Tietz, MS, OTR/L, Rady Children’s Hospital, and Founder of Health Pro Mindset, LLC <b>B-4 Fostering Hope: The Role of Foster Parents</b> Deb Stolz, Foster Adoptive Parent/Parent Trainer <b>B-5 (CME) It’s ADHD! It’s Autism! No – It’s Trauma!</b> Charmi Patel Rao, MD, and Maggie Knight, LMFT, Rady Children’s Hospital, KidSTART <b>B-6 (CME) Hope for Military Families</b> RanDee McClain, LCSW, Program Manager at North Inland Mental Health Center, US Navy Veteran
4:45 PM	<b>Evaluations and Sign Out</b>
5:00 – 7:00 PM	<b>10<sup>th</sup> Anniversary Celebration and Networking Reception</b> <b>Appetizers and No Host Bar</b>



10<sup>th</sup> Annual Early Childhood Mental Health Conference: We Can't Wait

Conference Schedule: Friday, September 13, 2019

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08/30/19  
PRELIMINARY AGENDA  
Subject to Change

7:00 – 8:00 AM	<b>Breakfast and Registration</b>
8:00 – 9:00 AM	<b>(CME) Continuing the Dialogue</b> Ali Freedman, PsyD, Co-Chair, ECMH Planning Committee Patrick Frias, MD, President and CEO, Rady's Children's Hospital, San Diego, CA Dale Flemming, Vocalist, Retired Director, Office of Strategy and Innovation, San Diego County HHSA
9:00 – 10:00 AM	<b>(CME) How are the Children?</b> Victor Rivers, Actor, Athlete, Activist, Author, National Spokesperson for the National Network to End Domestic Violence
10:00- 10:15 AM	<b>Break and Visit Exhibits</b>
10:15 – 11:15 AM	<b>(CME) Uplifting the Voices of the Silenced</b> Samantha Fuentes, Stoneman Douglas School Shooting Survivor
11:15 – 12:15 PM	<b>(CME) Protective Factors: Internal and External (Science and Early Intervention)</b> Jeff Rowe, MD, Child & Adolescent Psychiatrist, Conference Co-Chair, and Pradeep Gidwani, MD, MPH, Medical Director HDS and First Steps
12:15 – 1:30 PM	<b>Lunch – Visit Exhibits and Bookstore</b>
1:30 – 3:00 PM  <i>Breakout Sessions C</i>	<b>C-1 (CME) Trauma in Clinical Care: Pediatricians Share What We All Can do to Help Children and Families</b> Wendy Pavlovich, MD, MHS, Family Health Centers of San Diego, and Pradeep Gidwani, MD, MPH, Medical Director HDS and First Steps, American Academy of Pediatrics, CA Chapter 3 <b>C-2 (CME) Function Junction: Understanding Executive Function in Children 0-5</b> Lorri Bauer, MS, and Kristen Eberly, LCSW, Rady Children's Hospital <b>C-3 Hope for Grandfamilies through Nature-Based Solutions and Other Supportive Strategies</b> Pam Plimpton, MSW, Intergenerational Coordinator, Aging and Independent Services, County of San Diego, and Melissa Brooks, MSW, Program Director, YMCA of San Diego <b>C-4 Successful Reunification of Families</b> Shelly Paule, MSW, LCSW, Karla Morales, MSW and Krystal Glowack, Child Welfare Services Policy Analysts, Child Welfare Services, San Diego Health and Human Services Agency <b>C-5 What Schools Can Do to Support Special Education Students: Empowering Families to Advocate for Children</b> - Michael Lombardi, Clients' Rights Advocate Attorney, Disability Rights CA and Marta Leyva, MA, Educational Consultant, La Voz de Victoria <b>C-6 Reflections from Survivors of Foster Care: Intergenerational Trauma and Healing</b> Sarah Pauter, MPPA, Founder and CEO of Phenomenal Families
3:00 – 3:15 PM	<b>Break and Visit Exhibits</b>
3:15 – 4:45 PM  <i>Breakout Sessions D</i>	<b>D-1 (CME) Hope for Children with Developmental Psychopathology and Trauma</b> Jeff Rowe, MD, Child & Adolescent Psychiatrist, Conference Co-Chair <b>D-2 (CME) Exploring the Therapist's Role in Infant-Family &amp; Early Childhood Mental Health: Parallel Process in Action</b> Christopher Walsh, LMFT, Director of Clinical Operations, Chadwick Center for Children and Families <b>D-3 (CME) Motivational Interviewing: A Relationship-Based Approach to Engage Parents of Young Children</b> Miriah de Matos, MA, MPH, Senior Project Specialist, Healthy Development & First 5 First Steps <b>D-4 Child Welfare Services: Child and Family Strengthening</b> Kimberly Giardina, DSW, MSW, Acting Director, Child Welfare Services, County of San Diego Health & Human Services Agency <b>D-5 (CME) Caring for the Caregivers: Vicarious Trauma, Resilience and Wellness</b> Babbi Winegarden, PhD, MHPE, Senior Clinical Psychologist, Child Welfare Services, County of San Diego Health & Human Services <b>D-6 It's All About the Relationship! Using a Relationship-Based Approach to Create Powerful Changes</b> Chris Vinceneux, OTR/L, Occupational Therapist and Life Coach, Life Guide Coaching, Inc.
4:45 PM	<b>Evaluations and Sign Out</b>



10<sup>th</sup> Annual Early Childhood Mental Health Conference: We Can't Wait

Conference Schedule: Saturday September 14, 2018

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08/30/19  
PRELIMINARY AGENDA  
Subject to Change

7:00 – 7:45 AM	<b>Breakfast and Registration</b>
7:45 – 8:00 AM	<b>Supporting Schools Supporting Children</b> Alethea Arguilez, Executive Director, First Five San Diego
8:00– 9:00 AM	<b>(CME) I Am the Child That the Village Raised: How Teachers, Coaches &amp; Schools Can Transform Lives</b> Victor Rivers, Actor, Athlete, Activist, Author, National Spokesperson for the National Network to End Domestic Violence
9:00 – 10:00 AM	<b>(CME) Creating Programs in Schools for Girls who Have Endured Trauma</b> Samantha Fuentes, Stoneman Douglas School Shooting Survivor
10:00 – 10:15 AM	<b>Break</b>
10:15 – 11:15 AM	<p><b>E-1 En Español: Fortaleciendo a las familias: 5 factores protectores</b> <i>(Repeats in English – F-1)</i> Katia Solorzano, YMCA Childcare Resource Service</p> <p><b>E-2 Real World Techniques to Support the Reduction of Challenging Behaviors</b> <i>(Repeats in Spanish – F-2)</i> Martha Garcia de Montes and Gabriela Luna, San Diego Office of Education</p> <p><b>E-3 (CME) Supporting Young Minds in a Digitally Enmeshed Era</b> <i>(Repeats in F-3)</i> Karla Withrow, Professional Development Coordinator, Mt. San Jacinto College, San Jacinto, CA</p> <p><b>E-4 (CME) Connecting Art, Behavior and Mental Health</b> Vanessa Mejia, MS, BCBA, Founder and CEO, My Colors Speak, Inc.</p> <p><b>E-5 What Schools Can Do to Support Special Education Students: Empowering Families to Advocate for Children</b> Michael Lombardi, Clients’ Rights Advocate Attorney, Disability Rights CA and Marta Leyva, MA, Educational Consultant, La Voz de Victoria</p>
11:15 – 11:30 AM	<b>Break</b>
11:30 AM –12:30 PM	<p><b>F-1 Strengthening Families: 5 Protective Factors</b> <i>(repeat of E-1 in English)</i> Ariane Porras, YMCA Childcare Resource Service</p> <p><b>F-2 En Español: Técnicas real para apoyar la reducción de comportamientos retantes</b> <i>(Repeat of E-2 in Spanish)</i> Martha Garcia de Montes and Gabriela Luna, San Diego Office of Education</p> <p><b>F-3 (CME) Supporting Young Minds in a Digitally Enmeshed Era</b> <i>(Repeat of E-3)</i> Karla Withrow, Professional Development Coordinator, Mt. San Jacinto College, San Jacinto, CA</p> <p><b>F-4 (CME) What's at the Core of Trauma Sensitive Schools?</b> Kristen Krauss, Early Education Specialist and Jena Kubiak Coordinator, Early Education Programs and Services, San Diego County Office of Education</p> <p><b>F-5 Preschool Expulsion- What's needed to reverse the trend?</b> Aimee Zeitz, MA, Regional Director of Quality Family Management, YMCA Childcare Resource Center</p>
12:30 PM	<b>Evaluations and Sign Out</b>