



Hope For Incarcerated Parents and Their Children

A Collaborative Approach

- San Diego County Sheriff's Department
- San Diego County Probation Department
- San Diego County Child Welfare Services
- Healthy Relationships of California
- North County Serenity House

Looking back...





Las Colinas Detention and Reentry Facility



- Phase 1 opened August 16, 2014
- Phase 2 completed January 2016
- 45 acres

10th Annual Early Childhood Mental
Health Conference

Las Colinas Detention and Reentry Facility





- Natural Light
- Soothing Colors
- Murals of Local Landmarks



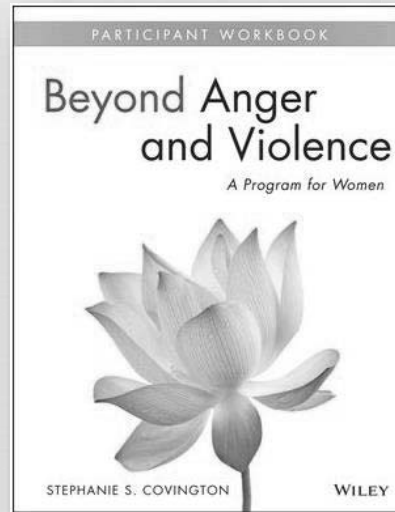
- Enhanced Personal Space
- Normative Environment



Gender Responsiveness



- Contract with Dr. Stephanie Covington
- Evidence Based and Gender Responsive Programming and Implementation
- Acknowledgement that gender makes a difference
- Understanding trauma



Gender Responsive Partners



- Probation Department
- HHSA-Child Welfare Services
- North County Lifeline
- Free to Thrive
- Planned Parenthood
- La Maestra
- Reading Legacies



Gender Responsive Policy and Practice Assessment (GRPPA)



Collaboration between LCDRF and the National Institute of Corrections

Workgroup consisted of:


- Command/ Admin Staff
- Line Sworn Staff
- Counseling
- Probation Officer
- Contracted Instructors
- Justice Involved Representatives



Sworn Staff's Role in Reentry



GR/TI Facility Training



Co-Facilitation of A Woman's Way



Programs Deputy Position



Trustee Worker Deputies



Visit Deputies

Co-Facilitating A Woman's Way Through the Twelve Steps (AWW)



- 8 hour training for sworn and professional staff
- Facilitated by sworn staff and correctional counselors
- Collaboration between sworn and professional staff shows a united front
- Allowed women to see a different side to deputies and law enforcement



Programs / Trustee Worker Deputies



- Consistent deputies
 - Accountability
- Celebrating successes



Family Visitation



- Consistent deputies
- “Bonding” atmosphere
- Murals, toys and activities
- Environment to help the children feel more at home
- Art on walls painted by women in the Trauma Art class



Addressing Individual Needs



- Psych-Social
- Education
- Vocation
- Wellness
- Coordinated Reentry



Psych-Social



- A Woman's Way Through the Twelve Steps
- Beyond Anger and Violence
- Healing Trauma
- Anger Management
- Parenting
- Anti-Theft
- 12 Step Meetings (AA, NA, CODA, Celebrate Recovery)
- Art of Inclusive Communication

Parental Services in Custody



East Mesa Reentry Facility (Men's)

- Parenting Class
- Reading Legacies
- Child Support Services
- Wellness Education
- Child Welfare Services



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Las Colinas Detention & Reentry Facility (Women's)

- Parenting Classes
- Planned Parenthood
- Reading Legacies
- Linkage to Child-Friendly Residential Treatment Programs
- Child Welfare Services (CWS)
 - CWS 101
 - Child Family Team Meetings

Education Opportunities



Grossmont Adult School

- High School Equivalency
- Computer Literacy



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Higher Education



GROSSMONT-CUYAMACA
COMMUNITY COLLEGE DISTRICT



Vocational



- Landscaping



- Sewing



- Culinary Arts



Wellness



- Mobile Mammogram Unit
- Planned Parenthood
- Every Woman Counts
- Yoga
- Medi-Cal enrollment
- California IDs



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Other Programs



- Child Welfare Services
- Human Trafficking Services
- Old Globe Theater
- San Diego Symphony
- National Association of Women Judges
 - Success Inside and Out
 - Book Club
 - Resource Fair



Community Collaboration



Participation in Services 2018



- Reading Legacies: 98
- CWS 101: 148
- Planned Parenthood: 140
- Every Woman Counts: 101
- Ending the Game: 34
- Parenting: 115



Keeping Families Connected



Reading Legacies Partnership Video



Healthy Relationships of California



PROGRAM CONTENT



Raising World Class Kids (RWCK)

- ✓ 16-hour course
- ✓ Available in English or Spanish.
- ✓ Research-based curriculum.

- A unique dual focused, video-based parenting program that helps parents relate effectively to their kids and increase cooperation between the co-parents, whether still together as a couple or not. This innovative 2-part curriculum includes the evidence-based parenting program by Michael Popkin, Ph.D. and the communication skills program developed by World Class Relationships LLC.

PROGRAM CONTENT



Topics Covered in RWCK Include:

- Becoming a World Class Parent
- Building Blocks for Successful Communication
- How Parents and Kids Can Speak and Be Heard
- Making Your Family a Winning Team
- Bringing Out Character in Your Kids
- What Kids Need from Those Who Love Them
- Understanding Your Child and Supporting School Success
- Making Good Choices in the Real World

Psychosocial Focus: Family Life & Parenting; Relationships

Learning Modalities: In-class presentations, video presentations, discussions, exercises, and homework.

Participants Receive: *RWCK Participant Workbook, Communication Skills for a World Class Relationship booklet (RWCK version). Active Parenting Parent's Guide.*

HOW INCARCERATED MOTHERS BENEFIT



TESTIMONIAL:

- *“As a mother that has made a lot of mistakes it is huge to me to feel comfortable enough to share these things to fully obtain new skills to move forward and become an active parent. I love the workbooks and textbook, along with the videos. I felt like I was in a really well coordinated class. Thank you for this opportunity.”*

–Margarita P.

HOW INCARCERATED MOTHERS BENEFIT



Survey Item	Pre-test Mean	Post-test Mean		Then Mean	Post-test Mean
I listen carefully to understand what others are thinking and feeling.	4.27***	4.60***		3.24***	4.61***
I share my feelings in a respectful way.	4.10***	4.47***		3.25***	4.52***
When I have a conflict with someone, I work to resolve the problem successfully for both of us.	3.95**	4.32**		3.11***	4.41***
I feel confident in my parenting.	3.77***	4.49***		3.31***	4.56***
I understand how to discipline my child(ren) in an age-appropriate way.	3.91***	4.56***		3.25***	4.65***
I know how to resolve disagreements with my co-parent.	3.68***	4.33***		2.94***	4.36***

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Statistically Significant Differences between Pre-test/Post-test and Retrospective on Curriculum

N=161 Pre-test and Post-test surveys

N=88 Retrospective Pre-tests/Post-tests

** $p < .05$ ** $p < .01$ *** $p < .001$*

Kanya's Story



Success

Pathway to success has helped me put a purpose in my life, it uplift my self-esteem and my self-confidence. I now know what I'm capable of and I know that nothing can stop me from achieving my dreams. I spent 5 years in jail, taking every class I could, but it wasn't until they offered college courses through Grossmont College that I realized that just because I made a mistake didn't mean that I didn't deserve a better future. While in custody I completed 19 credits with a 3.9 GPA and I made it to the Deans list. Now I'm attending Grossmont College full-time and I'm working part-time. I can say that now I'm walking in a pathway to success in my life.

- Kanya Zepeda



GROSSMONT
COLLEGE

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Neighborhoods
For Kids
East County

Neighborhoods For Kids



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EAST REGION
COUNTY OF SAN DIEGO • HEALTH AND HUMAN SERVICES AGENCY



Neighborhoods For Kids

- Stationed at LCDRF two days out of the week to serve as a liaison between the Women, Child Welfare staff in collaboration with sworn staff.
- The collaboration with Probation, ensures that services are not duplicated and that the women's voices are being heard.
- Facilitation of Child Family Team Meetings, planning for pregnant women, safety planning for PSW's, CWS 101 Education



Neighborhoods
For Kids
East County

Neighborhoods For Kids

- Data Collection
- Las Colinas provided a list of women for the past year
- A request was sent to the data unit to compare the women's names with names of referrals and cases open
- Results indicated:
 - Of the 809 women on the Las Colinas list, a match was found for 233 CWS clients with referrals and/or case history in the last 12 months.
 - Of those, 174 had referral history within the past year and 74 were associated with a case open within the last year (52 mothers are on both lists). (Data gathered from March 2016 through March 2017)



Neighborhoods
For Kids
East County

Neighborhoods For Kids

What's Working Well:

- Responding to requests:
- June 2019: 63 requests
- July 2019: 61 requests
- August 2019: 52 requests
- Face to Face contact between women and CWS Liaison:
- June 2019: 39 women
- July 2019: 35 women
- August 2019: 33 women

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Neighborhoods
For Kids
East County

Neighborhoods For Kids

Other Duties:

- Safety Planning
- Consents to treat
- PPAU Noticing
- Interviews with women who are in Intake
- Coordinating visitation
- Coordinating phone calls with out of County PSW's

The Balanced Approach



Behavior Management (Supervision Strategy)

- 4th waiver searches
- Drug testing
- Driven by court orders
- Compliance checks

Behavior Shaping (Treatment Plan)

- Dynamic case plans driven by assessment
- Use of rewards and responses
- Quality contacts
- Motivational Interviewing



Collaborative Courts



- Drug Court
- Behavioral Health Court
 - Reentry Court
- Mandatory Supervision Court



Mandatory Supervision Offender (MSO) Court



- For offenders serving a portion of their local prison term in the community under Mandatory Supervision
- First involvement at Pre-Release Hearing followed by Post-Release and regularly scheduled Review Hearings
- Judge, DA, Public Defender, Probation and Correctional Counseling are all present
- Other MSOs are present

MSO Reentry Services



- EBP approach to collaboratively address criminogenic risks and needs of offenders while in custody
- Prepare them for their reintegration into society for the community portion of their sentence



Seamless Transition



- Using identified risks and needs to provide linkages to the community
- Addressing criminogenic needs through targeted interventions
 - Residential Substance Use Disorder Treatment
- “Safety Net”
 - Community Transitions Center



North County Serenity House



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Angelica's Story



Questions?