

“We Didn’t Wait”: A decade of progress, a future of hope

Jeffrey Rowe, MD
2019

1

Keynote Presenters over the years:

- Gene Nathan
- Kristin Gist
- Mark Chenven
- Chris Walsh (2x)
- Mary McKay
- Jeff Rowe (2x)
- Ira Chasnoff
- Tina Chambers
- Pat Levitt
- Katie Hirst
- Ali Freedman (2x)
- James Garbarino
- Mark Katz (2x)
- Pradeep Gidwani (2x)
- Bruce Perry (2x)
- Tina Payne Bryce
- Jane Nelson
- Ruth Newton
- Chandra Ghosh Ippen (2x)
- Kristi Brandt
- Gretchen Mallios
- Renee Sievert

2

We have covered some very important issues

- Attachment
- Engagement
- Development
- Behavioral management
- In utero exposure to drugs
- Neurological development and self regulation
- Impact of trauma on the developing child
- Role of early trauma in later violent behavior
- Importance of earliest relationships
- Developmental psychopathology
- Cultural perspectives and issues for families seeking care in the US
- Accessing services in our complicated systems
- Clinical professionals and Early Care and Education professionals working together
- The role Equine Therapy can have in working with trauma survivors

3

Wonderful attendees!

- 170 in the first year
- >750 last year
 - ½ of whom were first time attenders
- High levels of
 - Enthusiasm
 - Intellectual curiosity
 - Cultural and clinical expertise

4

This year is our 10th Anniversary!

- When we started, we had no idea of what we were getting into.
 - Everyone was so excited after that conference, it led to the development of 2 additional committees and the commitment of financial support from the County of San Diego, First 5 Commission, and the AAP CA3
 - It also resulted in an expanded Program Planning Committee that met monthly (with the support of their agency) to prepare the next conferences.
- Our theme of “We Can’t Wait” has turned into “We Didn’t Wait”!
 - ECMH system of care has been seeping into the fabric of training (SDSU, UCSD, Alliant University), clinical care (Healthy Developmental Services, KidSTART Center and Clinic, many clinical programs)

5

Advocacy Efforts

- Members of the ECMH Leaders Collaborative have advanced advocacy efforts around _____ -
 - Last year, we engaged the audience in legislative activities with a letter writing campaign
- This year....

6

So, clearly, something was started in 2010

- We, as an ECMH community, are proud that we didn't wait
- We are humbled that there is an audience for what we are able to present that hungers to learn and do more for young children and their caregivers
- Are excited that so many people have taken it upon themselves to get involved, educated, and provide care for this population

7

Mark Katz, Ph.D.

Keynote presenter in 2014 and 2017

8

Chandra Ghosh Ippen, Ph.D.

Keynote presenter 2015 and 2018

9

Bruce Perry, MD, Ph.D.

Keynote presenter 2014 and 2015

10

Summary #1

- So, we haven't waited
 - Many trained clinicians in multiple areas of ECMH
 - Many clinical programs available in San Diego area
 - A vibrant conference
 - Committees that meet year round to continue the work
 - Support from institutions
 - County of San Diego
 - First 5 San Diego
 - SDSU
 - UCSD
 - Alliant University

11

Summary #2

- Many children have been helped, many families supported
- Trauma has been faced, people have gotten better
- Developmental problems have been detected and rehabilitated

- For me, learning about development, what can go wrong, the ways to set it right or support difficulties, has been invigorating and exciting
 - Some of the lessons I learned in training have been revised
 - New learning keeps happening, new discoveries for me (and I hope you)

12

Summary #3

- We have developed a clinical community that is something to be proud of- and we want to improve our knowledge, our skills, and the access to good clinical care for young children and their families
- Please enjoy the next 3 days of this conference.
- In a way, this conference, our 10th anniversary, is a celebration of the work, commitment, and creativity of our community