



9th Annual Early Childhood Mental Health Conference: We Can't Wait

Conference Schedule: Thursday, September 13, 2018



7:00 – 7:45 AM	Breakfast and Registration	09 07 18
7:45 – 8:30 AM	Opening Remarks Jeff Rowe, MD, Co-Chair, ECMH Planning Committee, Supervising Psychiatrist, County of San Diego Omar Passons, MPH, Esq., Attorney and Youth Advocate Nathan Fletcher, Former State Assembly Member and Professor of Practice, UC San Diego	FINAL AGENDA
8:30 – 9:00 AM	(CME) Setting the Stage Jeff Rowe, MD, Co-Chair, ECMH Planning Committee Supervising Psychiatrist, County of San Diego	
9:00 – 10:30 AM	(CME) Integrating Historical Trauma into a Multicultural Infant Mental Health Framework – Part One Chandra Ghosh Ippen, PhD, Associate Director, Child Trauma Research Program, University of California, San Francisco and the Director of Dissemination for Child-Parent Psychotherapy (CPP)	
10:30 – 10:45 AM	Break and Visit Exhibits	
10:45 – 12:15 PM	(CME) Integrating Historical Trauma into a Multicultural Infant Mental Health Framework – Part Two Chandra Ghosh Ippen, PhD, Associate Director, Child Trauma Research Program, University of California, San Francisco and the Director of Dissemination for Child-Parent Psychotherapy (CPP)	
12:15 – 1:15 PM	Lunch – Visit Exhibits and Bookstore, Book Signing	
1:15 – 3:15 PM	Breakout Sessions A A-1 (CME) Engagement with Children and Families from the Middle East – Dilkhwa Ahmed, MS, Executive Director, License to Freedom A-2 (CME) Engagement with Children and Families from the Latino Culture – Pam Wright, LCSW, Clinical Director, Susie Fux-Warner, LMFT, Crystal Perez Alvarez, AMFT, South Bay Community Services, Andrea Gonzalez, LCSW, Program Manager, Episcopal Community Services, Para Las Familias, Alba Callejas, MSW, Chula Vista Community Collaborative and Margot Gonzalez, Development Specialist, Rady Children’s Hospital A-3 (CME) Engagement with Children and Families from East Africa – Gebaynesh Gashaw-Gant, PsyD, Psychologist and Independent Consultant A-4 (CME) Engagement with Children and Families from Asia and the Pacific Islands – Michelle Ly, LMFT, Director of Child and Adolescent Mental Health Division, UPAC	
3:15 – 3:30 PM	Break and Visit Exhibits	
3:30 – 5:00 PM	Breakout Sessions B B-1 (CME) The Impact of Trauma and Nurture on Child Development (and Behavior) – Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services and First Steps, American Academy of Pediatrics–California Chapter 3 B-2 (CME) And Then They All Die: Common Play Themes Observed in Child-Parent Psychotherapy with Families Who Have Experienced Domestic Violence – Chandra Ghosh Ippen, PhD, Associate Director, Child Trauma Research Program, University of California, San Francisco and the Director of Dissemination for Child-Parent Psychotherapy (CPP) B-3 (CME) Engagement of African American Families – Marilyn M. English, MS, Director, Zelalem Hagos, MSW, LCSW, Therapist, Patricia (Pat) Bevelyn, MSW and Carol Bess, MS – Board Members, Project Save Our Children (African American Wellness Center for Children & Families) B-4 (CME) When Sensory Gets in the Way: An Interdisciplinary Approach to Treatment – Cindy Linder, RN, BSN, Regional Coordinator and Lauren Mathson, MA, Healthy Developmental Services Palomar Health, and Elva Vera, MA, LMFT, Motiva Associates B-5 (CME) The Dad Factor: Father Engagement Programming 101 – Daniel Singley, PhD, Director, The Center for Men’s Excellence B-6 (CME) The Impact of Community Violence on Infants and Young Children – Wendy Pavlovich, MD, MHS, Director of Pediatric Outpatient Training Family Health Centers of San Diego, and Rosa Ana Lozada, LCSW, CEO, Harmonium B-7 Art Therapy with Young Children – Melanie Walker, LMFT, ECMHS, ATR, Assistant Director, San Diego Center for Children B-8 (CME) Intergenerational Trauma and Resiliency in Transitional Age Youth Parenting Young Children Steven Wells, MC, Protective Services Program Manager, Child Welfare Services – Extended Foster Care, County of San Diego Health and Human Services Agency	
5:00 PM	Evaluations and Sign Out	
5:00 – 7:00 PM	Networking Reception with No Host Bar	



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7:00 – 8:00 AM	Breakfast and Registration	09 07 18
8:00 – 9:00 AM	(CME) Continuing the Dialogue - Ali Freedman, PsyD, Co-Chair, ECMH Planning Committee Superintendent Cindy Marten, San Diego Unified School District	FINAL AGENDA
9:00 – 10:45 AM	(CME) Voices: Minding the Gap in Services Moderator Ali Freedman, PsyD, Co-Chair, ECMH Planning Committee Cindy Marten, Superintendent, San Diego Unified School District <ul style="list-style-type: none"> • Immigrants, Refugees & Survivors of Violence – Dilkhwaz Ahmed, MS, Executive Director, License to Freedom • Military Families – Susan M. Calvi, MSW, Military Family Specialist, Positive Parenting Program, Jewish Family Service of San Diego • LGBTQI+ in Families – Luck Pecas Luckey, BA, Senior Protective Services Worker, Child Welfare Services, County of San Diego 	
10:45- 11:00 AM	Break and Visit Exhibits	
11:00 –12:15 PM	(CME) Engagement of Families from Different Cultures and Background Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services and First Steps, American Academy of Pediatrics–California Chapter 3	
12:15 – 1:30 PM	Lunch – Visit Exhibits and Bookstore	
1:30 – 3:00 PM	Breakout Sessions C C-1 (CME) Developmental Psychopathology and Trauma – Jeff Rowe, MD, Co-Chair, ECMH Planning Committee, Supervising Psychiatrist, County of San Diego C-2 (CME) Blanketed By Blame: Engaging Immigrant Survivors of Violence and Their Communities Dilkhwaz Ahmed, MS, Executive Director, License to Freedom C-3 (CME) Families Living in Fear of Deportation – Kate Clark, Esq., Supervising Immigration Attorney, Jewish Family Service of San Diego C-4 Grandfamilies and Other Kinship Families: Exploring Strategies of Support Pam Plimpton, MSW, Intergenerational Coordinator, Aging and Independent Services, County of San Diego, and Melissa Brooks, MSW, Program Director, YMCA of San Diego C-5 (CME) Practices and Tools for Engaging Families – Pradeep Gidwani, MD, MPH, Medical Director, Healthy Development Services & First Steps, American Academy of Pediatrics–California Chapter 3 C-6 (CME) The Impact of Technology on Young Children – Lisa Linder, PhD, Assistant Professor, Clinical Psychologist, Department of Child and Family Development, San Diego State University C-7 What Schools Can Do to Support Special Education Students – Seth Schwartz, JD, Managing Partner, Law Offices of Schwartz & Storey C-8 (CME) Engaging LGBTQI+ Children and Families – Luck Pecas Luckey, BA, Senior Protective Services Worker, Child Welfare Services, County of San Diego	
3:00 – 3:15 PM	Break and Visit Exhibits	
3:15 – 4:45 PM	Breakout Sessions D D-1 (CME) To Give or To Not Give Medication: That is the Question – Charmi Patel-Rao, MD, Child and Adolescent Psychiatrist, Rady Children’s Hospital San Diego, and Vista Hill Foundation D-2 (CME) Tribal Family and Community Engagement – Tom Lidot, Consultant, National Capacity Building Center for Tribes (Children’s Bureau), Co-Founder of Tribal STAR (Successful Transitions for Adult Readiness) at the Academy for Professional Excellence, San Diego State University D-3 (CME) Engaging Military Families – Debbie Bilka, Family Support Specialist, SAY San Diego (Social Advocates for Youth), Healthy Start Military Family Resource Center, and Marissa Velasquez, Family Support Specialist, SAY San Diego / First 5 First Steps D-4 The Dynamic Use of Self in Clinical Practice – Heidi Stern-Ellis, LCSW, Clinical Supervisor and Christopher Walsh, LMFT, Director of Clinical Operations, Chadwick Center for Children and Families, Rady Children’s Hospital San Diego D-5 (CME) Lessons from War Zones – Supporting Young Children & Families Impacted by Traumatic Stress Josh Feder, MD, Child and Family Psychiatry D-6 When Infants and Toddlers Grieve: Understanding and Supporting Young Children After a Death Melissa Lunardini, MA, Children’s Bereavement Manager, The Elizabeth Hospice D-7 (CME) Vicarious Trauma and Wellness – Babbi Winegarden, PhD, MHPE, Senior Clinical Psychologist, Child Welfare Services, County of San Diego Health & Human Services D-8 Motivational Interviewing: A Relationship-Based Approach to Engage Parents – Miriah de Matos, MA, MPH, Senior Project Specialist, Healthy Development Services and First 5 First Steps, American Academy of Pediatrics–California Chapter 3	
4:45 PM	Evaluations and Sign Out	



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Conference Schedule: Saturday September 15, 2018

09 07 18

FINAL AGENDA

7:00 – 7:45 AM	Breakfast and Registration
7:45 – 8:00 AM	Leveraging the Playing Field Among Professionals for Maximum Positive Impact Marta Leyva, MA, Educational Consultant, Voz de Victoria, Educational Consulting & Advocacy, Ali Freedman, PsyD, Co-Chair, ECMH Planning Committee Alfredo Aguirre, LCSW, Director of Behavioral Health Services, SD County HHSA
8:00– 9:00 AM	(CME) Working Together: The Role of Development in Our Work Jeff Rowe, MD, Co-Chair, ECMH Planning Committee, Supervising Psychiatrist, County of San Diego
9:00 – 9:15 AM	Break
9:15 – 10:30 AM	<p>Breakout Sessions</p> <p>E-1 No Preschooler Left Behind: Collaborative Engagement in Preventing Suspension and Expulsion Lily Cosico-Berge, PsyD, Associate Vice President, Children Youth & Family Services, Clinical Psychologist and Shannon J. Hyde, LMFT, Mental Health Coordinator, Head Start/Early Head Start, Neighborhood House Association</p> <p>E-2 Real World Techniques to Help with Behavior Management in the Preschool Classroom – Denise VonRotz, LMFT, RPT, IFECMHS, RPF II, Private Practice</p> <p>E-3 (CME) Child Abuse Reporting: Building Capacity in Identifying Barriers, Misconceptions and Fears That Prevent Child Abuse Reporting in Early Childhood Settings – Lexie Palacio, MA, Regional Lead, First 5 Healthy Development Services North Central, Chrissie Martinez, Centralized Child Welfare Services, County of San Diego Health & Human Services Agency, and Ed Stanfield, Association Director, Child & Youth Development, YMCA of San Diego County</p> <p>E-4 (CME) Resources to Meet the Challenge: The Collective Impact of the Early Childhood Village Kim Flowers, LCSW, Director of Family Support Services, Annie Schmidt, MS, Site Supervisor, Chanthy Allman, BA, Disabilities Coordinator, and Judith Calleros, Neighborhood House Association Head Start</p> <p>E-5 Effective Discipline Policies That Support Social-Emotional Competence – Sascha Longstreth, PhD, Associate Professor, and Sarah Garrity, EdD, Associate Professor, San Diego State University</p>
10:30 – 10:45 AM	Break
10:45 AM – 12:00 PM	<p>Breakout Sessions Repeat</p> <p>F-1 No Preschooler Left Behind: Collaborative Engagement in Preventing Suspension & Expulsion Lily Cosico-Berge, PsyD, Associate Vice President, Children Youth & Family Services, Clinical Psychologist and Shannon J. Hyde, LMFT, Mental Health Coordinator, Head Start/Early Head Start, Neighborhood House Association</p> <p>F-2 Real World Techniques to Help with Behavior Management in the Preschool Classroom Denise VonRotz, LMFT, RPT-S, Private Practice</p> <p>F-3 (CME) Child Abuse Reporting: Building Capacity in Identifying Barriers, Misconceptions and Fears That Prevent Child Abuse Reporting in Early Childhood Settings – Lexie Palacio, MA, Regional Lead, First 5 Healthy Development Services North Central, Chrissie Martinez, Centralized Child Welfare Services, County of San Diego Health & Human Services Agency, and Ed Stanfield, Association Director, Child & Youth Development, YMCA of San Diego County</p> <p>F-4 (CME) Resources to Meet the Challenge: The Collective Impact of the Early Childhood Village Kim Flowers, LCSW, Director of Family Support Services, Annie Schmidt, MS, Site Supervisor, Chanthy Allman, BA, Disabilities Coordinator, and Judith Calleros, Neighborhood House Association Head Start</p> <p>F-5 Effective Discipline Policies That Support Social-Emotional Competence Sascha Longstreth, PhD, Associate Professor, and Sarah Garrity, EdD, Associate Professor, San Diego State University</p>
12:00 Noon	Evaluations and Sign Out