Handout 4

# in south African define Community

When asked what make a community said “Among the tribes of northern Natal in South Africa, the most common greeting, equivalent to “hello” in English, is the expression ‘Sawu Bona’. It literally means I see you. If you are a member of the tribe, you might reply by saying ’Sikhona’ (I am here). The order of the exchange is important: until you see me, I do not exist. It is as if when you see me, you bring me into existence.

This meaning, implicit in the language, is part of the spirit of ubuntu, a frame of mind prevalent among native Africans living below the Sahara. The word ubuntu stems from the folk saying, Umuntu ngumuntu nagabantu, which Zulu literally translates as: “a person is a person because of other people.’ If you grow up with tis perspective, your identity is based upon that fact that you are seen-that the people around you are seen-that the people around you respect and acknowledge you as a person

Universal Goals

* Security: Not just safety, but also having comfort.
* Significance: Being able to identify your own worth.
* Belonging: A sense of connections with other in your relationships, family, social circles, friends, community and society.