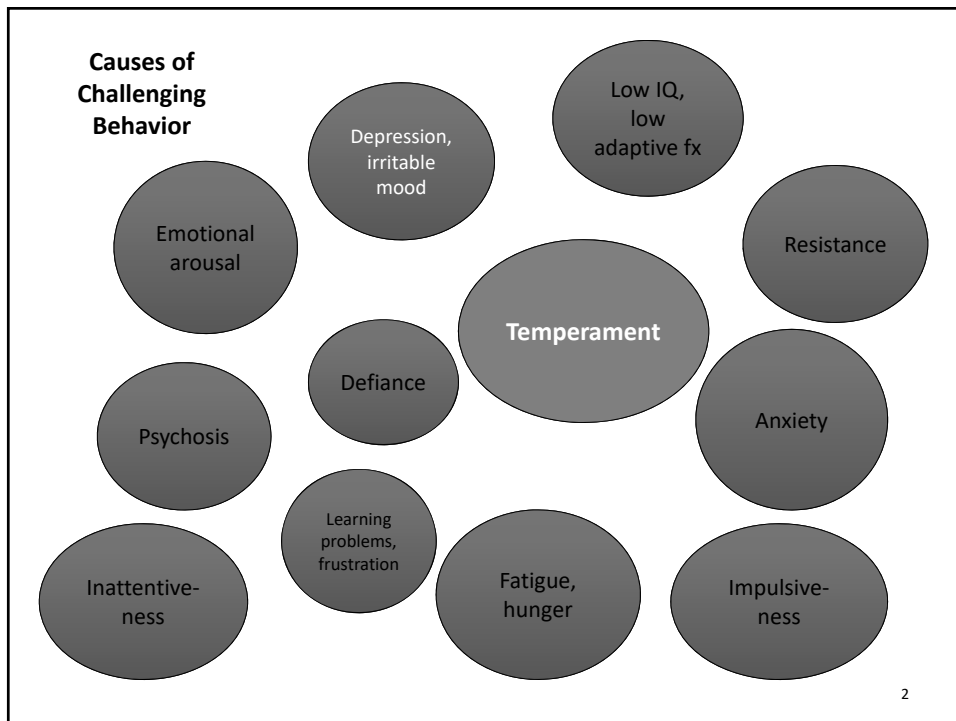


The Role of Temperament in Challenging Behavior: What you need to do

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Temperament- what is it?

- Biological beginnings of your personality- like “shyness”
- Made up of 10 factors
- Factors can change, but not quickly
- The factors can cause problem if there is a “mismatch”
- The problems can cause “secondary problems”

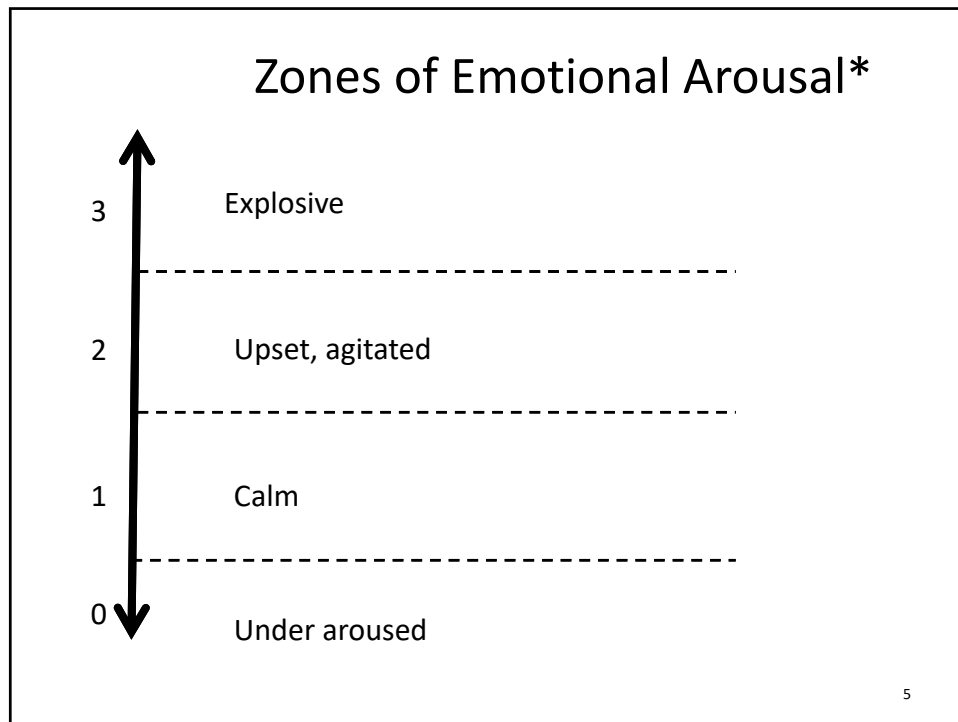
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Types of Temperament Problems

(categories of temperament)

- High activity level
- Distractibility
- Impulsivity
- High intensity of emotions
- Irregular body rhythms
- Negative persistence
- Abnormal sensory threshold
- Rigid response to new situations
- Poor adaptability to change
- Negative mood
- Handouts!

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Handouts for this presentation

- Temperament categories
- Temperament questionnaire
- Temperament chart
- Categories of temperament (descriptions)
- Difficult Traits
- Management of Difficult Traits
- The Decision Tree

Temperamental Mismatch: What is this?

The ability of the Holding Environment
to provide the necessary
accommodation for the child

The Mismatches

- Outgoing Mom and shy child
- Shy, proper Mom and difficult child
- Situations that require normal temperament and self control but have low structure, cueing and rehearsal
 - Line up before school, lunch
 - The time just before and just after soccer practice
- Low structure/high stimulation environments
 - Recess

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Associated Problems

Excessive arousal and dangerous behavior
Social problems
Anxiety

Presentation outline

- Examples of TC
- How to manage it wrong
- How to manage it right
- How to help the child do better in the future
 - When they are under 6
 - As they get older
 - As they become their own young adult

Principles of intervention

- Be thoughtful, not emotional
- Stand back, see if any TC's are active
- Have your intervention ready
- Observe to see if the intervention helped or provoked the TC

You Can't Always Deal With Every Behavior

- The Setting
 - Out in public
 - Observed by many people
 - On an airplane
- Your energy level
 - Just home from work
 - Don't quite know what you are looking at...
- The Decision Tree

What to watch

- Watch Dan and his responses to what I do
- Imagine what you would do in my shoes
- Try to figure out what I am doing wrong



Demonstration: Rowe House, 2002, October