

# Therapeutic Parenting



# Therapeutic Parenting



**HOW HARD CAN IT BE?**

# Therapeutic Parenting

What Does That Even Mean?

Why do some little ones need it?

What does it look like when they don't get it?

What is the cost to the:

- Child
- Family
- Professional
- The World



# Therapeutic Parenting

## The Period of PURPLE Crying



The Letters in **PURPLE** Stand for

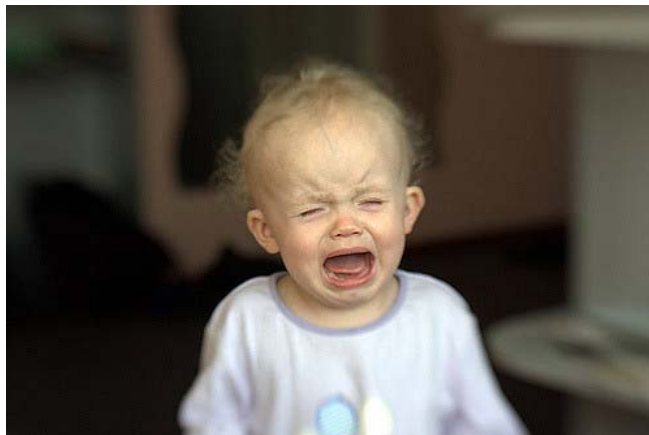
<b>P</b>	<b>U</b>	<b>R</b>	<b>P</b>	<b>L</b>	<b>E</b>
<b>PEAK OF CRYING</b>	<b>UNEXPECTED</b>	<b>RESISTS SOOTHING</b>	<b>PAIN-LIKE FACE</b>	<b>LONG LASTING</b>	<b>EVENING</b>
Your baby may cry more each week. The most at 2 months, then less at 3-5 months	Crying can come and go and you don't know why	Your baby may not stop crying, no matter what you try	A crying baby may look like they are in pain, even when they are not	Crying can last as much as 5 hours a day, or more	Your baby may cry more in the late afternoon and evening

## Therapeutic Parenting



Trauma

## Therapeutic Parenting



Dis-regulation

## Therapeutic Parenting



### ***BORN ADDICTED***

*Therapeutic Care and Handling  
of Babies Prenatally Exposed to Drugs and Alcohol*

## Therapeutic Parenting

Transitions,  
Strangers  
& Mom



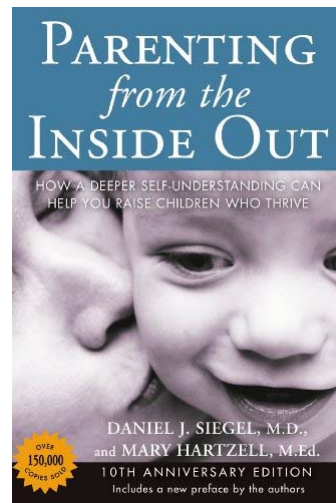
## Therapeutic Parenting

- Who are you working with?
- Parents in family of origin
- Parents reunifying from out of home care
- Kinship & Non Related Family Member
- Foster Parents
- Pre-Post Adoptive Parents



## Therapeutic Parenting

What's in your bag?





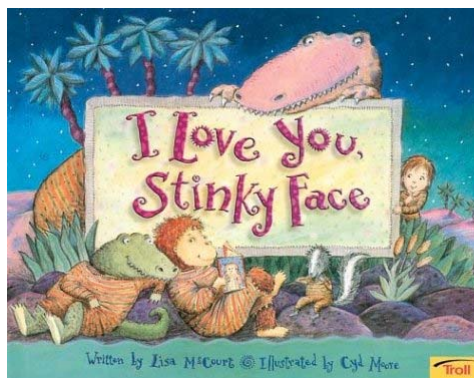
## Therapeutic Parenting

**Attunement** - means being in tune with the child—  
knowing how to read his or her cues and how to  
respond appropriately to them.



Learning the language of babies and children

## Therapeutic Parenting

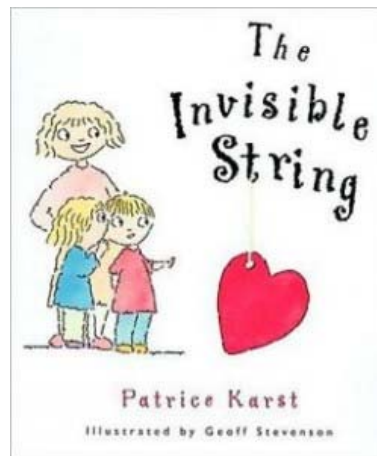


**Commitment** –  
needs a little hope and lots of acceptance

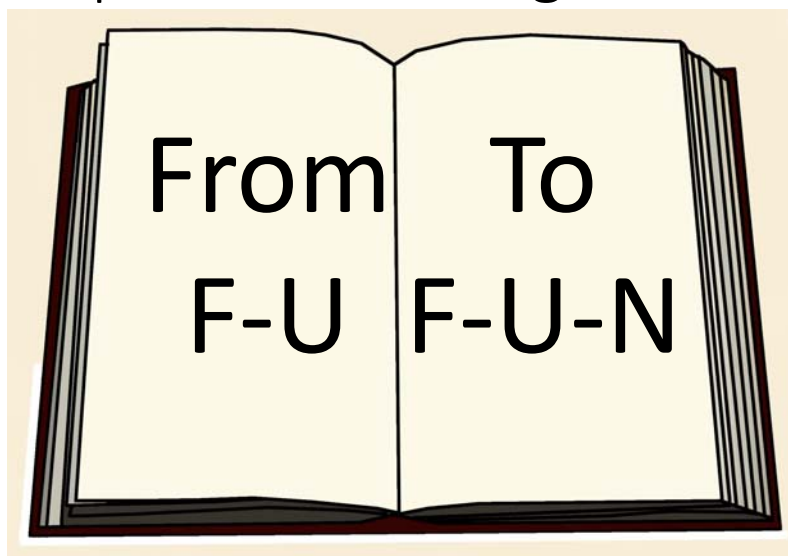


## Therapeutic Parenting

Helping caregivers to  
acknowledge, accept,  
strengthen and use  
children's connections  
to heal



## Therapeutic Parenting



Interventions that empower parents...



## Therapeutic Parenting

Social - Emotional Development:

- Attachment,
- Power &
- Safety



## Attachment Parenting



Don't Pick Up The Rope

## Therapeutic Parenting

Playfulness and Joy



Relational  
Experience  
Of Play

## Therapeutic Parenting



Respite



The Therapeutic Kind

## Baby Basics & Beyond

Final Thoughts

Questions ?

Thank you

