



6TH ANNUAL EARLY CHILDHOOD MENTAL HEALTH CONFERENCE: WE CAN'T WAIT
 TRAUMA-INFORMED CARE: A LIFELONG PERSPECTIVE FOR LIVING WELL

Conference Schedule: Thursday, September 17, 2015

09-11-15
 Final

7:00 – 7:45 AM	Breakfast and Registration
7:45 – 8:30 AM	Opening Remarks Jeff Rowe, MD , Co-Chair, Early Childhood Mental Health (ECMH) Conference Nick Macchione, MS, MPH, FACHE Director, County of San Diego Health and Human Services Agency (HHS)
8:30 – 9:00 AM	Setting the Stage for the 6th Annual Conference Jeff Rowe, MD , and Ali Freedman, PsyD , Co-Chair, Early Childhood Mental Health Conference
9:00 – 10:30 AM	(CME) Keynote: What Young Children Know: Lessons Learned Through Child-Parent Psychotherapy Chandra Ghosh Ippen, PhD Associate Research Director of the Child Trauma Research Program at the University of California, San Francisco and the Early Trauma Treatment Network
10:30 – 10:45 AM	Break & Visit Exhibits
10:45 – 12:15 PM	(CME) Keynote: Building Bridges: Core Concepts for Enhancing Diversity-Informed Practice Chandra Ghosh Ippen, PhD
12:15 – 1:30 PM	Lunch Visit Exhibits & Poster Sessions
1:30 – 3:00 PM	A-1 Reflective Practice (Part 1) Kim Flowers, LCSW, IF-ECMH, RPF-II, Christopher Walsh, LMFT, and Nicole Kent, PhD, LMFT A-2 (CME) From Concept to Practice: Applying a Cultural Framework as We Work with Diverse Families Chandra Ghosh Ippen, PhD A-3 The Clinician’s Toolbox Denise VonRotz, LMFT, RPT A-4 (CME) Maternal Depression: A Child’s Perspective Dean E. Sidelinger, MD, MEd, FAAP A-5 The Role of Adverse Childhood Experiences in the Challenging Behavior of Young Children: Identifying, Supporting, and Advocating from a Trauma-Informed Perspective Lisa Grimes Linder, PhD A-6 Nonverbal Cues in Affect Regulation Marilee Burgeson, MA, CCC-SLP A-7 Mi Escuela: Therapeutic Preschool Program for Children Exposed to DV Pam Wright, LCSW A-8 Youth Voice: Building Positive Relationships with Law Enforcement Rosa Ana Lozada, LCSW, Dana Brown and Panelists including speakers from Mid-City Police Division, Be Real Curriculum Developers, Youth Voice Leaders, and Credible Messengers
3:00 – 3:15 PM	Break & Visit Exhibits
3:15 – 4:45 PM	B-1 Reflective Practice (Part 2) Kim Flowers, LCSW, IF-ECMH, RPF-II, Christopher Walsh, LMFT, and Nicole Kent, PhD, LMFT B-2 (CME) Integrative Regulation Therapy Ruth Newton, PhD B-3 (CME) Neurobiological Effects of Trauma: Genetics and Epigenetics and Emerging Concepts Jeff Rowe, MD and Pradeep Gidwani, MD, MPH B-4 Transitioning Children: Moving Children During the First Few Years of Life Deb Stolz, Amber Ryerson, MEd, and Terra Jones B-5 Probation and Trauma-Informed Care: System-Wide Implementation and Sustainability Geoff Twitchell, PhD B-6 Play Therapy Laurie J. Hall, LCSW B-7 Restorative Justice: Helping Students and Parents Deal with Toxic Stress Presenter: Godwin Higa, Principal, Cherokee Point Elementary School B-8 Court Appointed Special Advocates (CASAs): Supporting Trauma-Informed Care in Foster Children Clarence (Vince) Flowers, Cailin Freeman, and Sasha Jay
4:45 PM	Evaluations and Sign Out
5:00 PM	Networking Reception



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Conference Schedule: Friday, September 18, 2015

7:00 - 7:45 AM	Breakfast and Registration
7:45 - 8:30 AM	Opening Remarks Ali Freedman, PsyD , Co-Chair of ECMH, Regional VP of Fred Finch Youth Center Alfredo Aguirre, LCSW , Director of Behavioral Health Services, County of San Diego HHSA Mack Jenkins , Chief, County of SD Department of Probation Marti Emerald , San Diego City Council, District 9
8:30 - 8:45 AM	Break
8:45 - 10:15 AM	Breakout Sessions C C-1 (CME) Yoga: A Method of Self-Regulation for the Caregiver Pradeep Gidwani, MD, MPH and Gretchen Mallios, LCSW, RYT C-2 Using Sensory Processing and Regulation in the Young Child Brooke Olson, OTR/L C-3 Overcoming Adverse Childhood Experiences: Contextual Influences That Can “Change the Odds” Mark Katz, PhD C-4 (CME) The Role of Early Trauma and Neglect in Later Delinquency Jeff Rowe, MD, The Honorable Carol Isackson and The Honorable Carolyn Caietti C-5 Helping Families Heal: Using Social-Emotional Coaching to Support Traumatized Families Angela Rowe, LCSW, CADC and Alumni Panel C-6 Respectful Strategies in Addressing Trauma in the Early Care and Education Setting Lily Cosico-Berge, PsyD C-7 ACE Through the Eyes of an Infant: Changing the Social-Emotional and Developmental Trajectories of Our Most Vulnerable Children Meghan Lukasik, PhD C-8 Caring for Drug Exposed Children Barbie Caldwell and Susan Gibb
10:15 – 10:30 AM	Break & Visit Exhibits
10:30 – 12:00 PM	Breakout Sessions D D-1 Early Childhood Trauma: Strengthening Attachment and Resilience with EMDR Gretchen Mallios, LCSW, RYT and Deborah Nielsen, LMFT, EMDRIA Approved Consultant D-2 (CME) What’s Right with You? – Applying Positive Psychology in Trauma-Informed Care Daniel B. Singley, PhD, ABPP D-3 Recognizing and Addressing Bullying as Early as Preschools Deb Stolz and Amber Ryerson, MEd D-4 Trauma-Informed Care: Services in Support of Families Before, During, and After Incarceration Alyce Belford, PhD, RAS and Panelists D-5 Polyvagal Theory: Clinical Applications in Somatic Work with Children Vincentia Schroeter, PhD, LMFT, CBT D-6 Trauma Assessment Pathway: The Chadwick Model Lisa Conradi, PhD and Heidi Stern-Ellis, LCSW D-7 (CME) Building Resilience Through Relationships, a DIR/Floortime Approach Josh Feder, MD D-8 Self Care and Prevention of Burnout and Secondary Trauma Dawn Herring, MS, LMFT
12:00 – 1:15 PM	Lunch and Book Signing
1:15 – 2:45 PM	(CME) Keynote: The Impact of Trauma Across the Lifespan Bruce D. Perry, MD, PhD. Senior Fellow of ChildTrauma Academy and Adjunct Professor, Department of Psychiatry and Behavioral Health Sciences at the Feinberg School of Medicine at Northwestern University in Chicago
2:45 – 3:00 PM	Break
3:00 – 4:30 PM	(CME) Keynote: The Impact of Trauma Across the Lifespan (continued) Bruce D. Perry, MD, PhD
4:30 – 4:45 PM	Closing Remarks Ali Freedman, PsyD , Co-Chair of ECMH, Regional Vice President of Fred Finch Youth Center
4:45 PM	Evaluations and Sign out Book Signing until 6 PM



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Conference Schedule: **Saturday, September 19, 2015**
Special Event!

7:00 – 7:45 AM	Breakfast and Registration
7:45 – 8:30 AM	Opening Remarks Ali Freedman, PsyD , Co-Chair, Early Childhood Mental Health Conference (ECMH), Regional Vice President, Fred Finch Youth Center
8:30 – 10:00 AM	(CME) A Case-based Approach to the Neurosequential Model of Therapeutics Bruce D. Perry, MD, PhD, Senior Fellow of ChildTrauma Academy and Adjunct Professor, Department of Psychiatry and Behavioral Health Sciences at the Feinberg School of Medicine at Northwestern University in Chicago The Neurosequential Model is a developmentally sensitive and neurobiologically informed approach to clinical problem solving. This model has been implemented in multiple clinical populations across the full developmental spectrum (infants to adults) and is most widely used with traumatized and maltreated children. Its utility is most apparent with the most complex cases of maltreatment and psychological trauma, and its application will be the focus of this workshop. Individual and family case studies will be presented for Dr. Perry to discuss and provide hands-on skills development in the areas of prevention, assessment, and intervention using the Neurosequential Model.
10:00 – 10:15 AM	Break
10:15 – 11:45 AM	(CME) A Case-Based Approach to the Neurosequential Model of Therapeutics (continued) Bruce D. Perry, MD, PhD, Senior Fellow of ChildTrauma Academy and Adjunct Professor, Department of Psychiatry and Behavioral Health Sciences at the Feinberg School of Medicine at Northwestern University in Chicago
11:45 AM	Closing Remarks
12:00 PM	Evaluations and Sign Out