



7<sup>TH</sup> ANNUAL EARLY CHILDHOOD MENTAL HEALTH CONFERENCE: WE CAN'T WAIT  
WHERE NATURE AND NURTURE MEET

06-07-16  
Subject to Change

Conference Schedule: Thursday, September 22, 2016

7:00 – 7:45 AM	<b>Breakfast and Registration</b>
7:45 – 8:30 AM	<b>Opening Remarks</b> <b>Jeff Rowe, MD</b> , Co-Chair, Early Childhood Mental Health (ECMH) Conference <b>Nick Macchione, MS, MPH, FACHE</b> Director, County of San Diego Health and Human Services Agency (HHS)A) Chief, County of SD Department of Probation
8:30 – 9:00 AM	<b>Setting the Stage for the 7<sup>th</sup> Annual Conference</b> <b>Jeff Rowe, MD</b> , and <b>Ali Freedman, PsyD</b> , Co-Chair, Early Childhood Mental Health Conference
9:00 – 10:30 AM	<b>(CME) Keynote: Rethinking Therapeutic Work: Transdisciplinary Therapy in Infant-Family &amp; Early Childhood Mental Health</b> <b>Kristie Brandt, CNM, DNP, IMH-E® I(IV-C) Infant Mental Health Mentor – Clinical</b> Parent-Infant & Child Institute Director; Director of the University of California Davis Extension's Infant-Parent Mental Health Fellowship Program, Napa, CA; Assistant Clinical Professor of Pediatrics VF, UC Davis School of Medicine; Child Trauma Academy Fellow, Houston, TX; Brazelton Touchpoints Center Visiting Faculty, Boston Children's Hospital, Boston, MA
10:30 – 10:45 AM	<b>Break &amp; Visit Exhibits</b>
10:45 – 12:15 PM	<b>(CME) Keynote (continued)</b> <b>Kristie Brandt, CNM, DNP</b> (see above)
12:15 – 1:30 PM	<b>Lunch</b> <b>Visit Exhibits &amp; Poster Sessions</b>
1:30 – 3:00 PM	<b>A-1 (CME) Neurobiology of Play</b> Kim Vander Dussen, PsyD., RPT-S <b>A-2 (CME) Psychosocial Consequences of Medical Illness (Kids, Parents, Staff Perspectives)</b> Kirsteen Payne, MSW <b>A-3 Here's My Kid – Fix Him!</b> Deb Stolz <b>A-4 Paternal Perinatal Mood and Anxiety Disorders</b> Daniel B. Singley, PhD, ABPP <b>A-5 (CME) In Utero Drug and Alcohol Exposure</b> Tina Chambers, MD <b>A-6 The Clinician's Toolbox</b> Denise VonRotz, LMFT, RPT <b>A-7 Nurturing and Early Childhood Education and Learning</b> Godwin Higa, Dana Brown and Audrey Hokoda <b>A-8 Part One – Context Matters: How Children See Themselves Through Our Eyes</b> Mark Katz, PhD
3:00 – 3:15 PM	<b>Break &amp; Visit Exhibits</b>
3:15 – 4:45 PM	<b>B-1 Home Visiting: Assisting Kids Exposed to Substances in Utero</b> Donna Swanson-Perrelet, Chris Muecke, Joanne Brady, and Ann Marie Hall-Fiske <b>B-2 (CME) Dyadic Therapy</b> Ruth Newton, PhD <b>B-3 (CME) The Role of Temperament in Challenging Behavior</b> Jeff Rowe, MD <b>B-4 Services in Support of Families Before, During, and After Incarceration</b> Speaker TBD <b>B-5 Bridging Behavioral Health and Faith Based Treatment</b> Jesus Sandoval <b>B-6 The Role of Adverse Childhood Experiences (ACEs)</b> Lisa Grimes Linder, PhD <b>B-7 Supervisors: Supporting Supervisees in Child Mental Health</b> Linda Wong-Kerberg, LMFT <b>B-8 Part Two -- Context Matters: How Children See Themselves Through Our Eyes</b> Mark Katz, PhD
4:45 PM	<b>Evaluations and Sign Out</b>



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**Conference Schedule: Thursday Evening CME/CE Program:**  
Pediatric and Child Psychiatry Transdisciplinary Dialogue:  
Understanding and Managing the Emotionally Dysregulated Child and the Trauma Exposed Child  
**September 22, 2016 6:00 – 9:00 PM**

5:00 PM	<b>CME / CE Registration</b> <b>Reception and Refreshments</b>
6:00 PM	<b>Behavioral Health Challenges with Very Young Children</b> Facilitators: Pradeep Gidwani, MD (pediatrics) and Mark Chenven, MD (child psychiatry)
6:30 PM	<b>Understanding and Managing the Emotionally Dysregulated Child</b> Marsha Spitzer, M.D. (pediatrics) and Jeffrey Rowe, M.D. (child psychiatry)
6:45 PM	<b>Small Groups: Discussion and Case Planning</b>
7:15 PM	<b>Large Group Discussion</b>
7:30 PM	<b>Break</b>
7:45 PM	<b>Understanding and Managing the Trauma Exposed Young Child</b> Donald Miller, M.D. (pediatrics) and Charmi Patel Rao, M.D. (child psychiatry)
8:00 PM	<b>Small Groups: Discussion and Case Planning</b>
8:30 PM	<b>Large Group Discussion</b>
8:45 PM	<b>Wrap / Q &amp; A</b>
9:00 PM	<b>Close</b>

**Conference Schedule: Friday, September 23, 2016**

7:00 - 7:45 AM	<b>Breakfast and Registration</b>
7:45 - 8:30 AM	<b>Opening Remarks</b> Jeff Rowe, MD, Co-Chair, Early Childhood Mental Health (ECMH) Conference Alfredo Aguirre, LCSW, Director of Behavioral Health Services, County of San Diego HHSA
8:30 – 9:00 AM	<b>Where are we now?</b> Marti Emerald and Jeff Rowe, MD
9:00 – 10:30 AM	<b>(CME) Voices of Youth – Surviving ACES</b> Ali Freedman, PsyD and Panel of Youth Presenters
10:30- 10:45 AM	<b>Break</b>
10:45 –12:15 PM	<b>(CME) Tracing the Developmental Pathways of Troubled Youth</b> James Garbarino, PhD Author, Psychologist, Expert on Violence & Children Holds the Maude C. Clarke Chair in Humanistic Psychology and was founding Director of the Center for the Human Rights of Children at Loyola University Chicago. Previously he was Elizabeth Lee Vincent Professor of Human Development and Co-Director of the Family Life Development Center at Cornell University
12:15 – 1:30 PM	<b>Lunch</b> <b>Visit Exhibits &amp; Poster Sessions</b>
1:30 – 3:00 PM	<b>C-1 (CME) Why Parents are the Solution and Not the Problem</b> James Garbarino, PhD <b>C-2 (CME) Two Sides of the Same Coin: How Autism and Trauma are Similar</b> Charmi Patel – Rao, MD <b>C-3 Strengthening Brain Pathways in Children through Positive Self-Regulation</b> Chris Muecke, Vincentia Schroeder, Liz Maruchau <b>C-4 Using Sensory Processing and Regulation in the Young Child</b> Brooke Olson, OTR/L <b>C-5 Nurturing Healthy Attachment</b> Christopher Walsh, LMFT

**Breakout Sessions C**



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	<p><b>C-6 Mental Health/Mental Illness in Refugee Children</b> Erica Bouris, Ph.D</p> <p><b>C-7 Reflective Practice in Speech and Language Therapy</b> Shari Garrett, MS CCC-SP</p> <p><b>C-8 Self Care and Prevention of Burnout and Secondary Trauma</b> Dawn Herring, LMFT</p>
3:00 – 3:15 PM	<p><b>Break &amp; Visit Exhibits</b> <b>Booksigning</b></p>
3:15 – 4:45 PM  <i>Breakout Sessions D</i>	<p><b>D-1 Maternal Drug Use: From Removal to Reunification</b> Jean Avila, and panel</p> <p><b>D-2 (CME) Nurture from Genetics and Epigenetics to the Community</b> Pradeep Gidwani, MD, MPH</p> <p><b>D-3 (CME) Maternal Depression</b> Alison Reminick, MD</p> <p><b>D-4 Teen Parents: Babies Having Babies</b> Barry Fox, Theresa Pelaska, Chris Muecke</p> <p><b>D-5 The Many Sides of Foster Care: A Panel of Perspectives</b> Ali Freedman and Panel of Parents, Clinicians, Child Welfare Workers, Former Foster Youth</p> <p><b>D-6 Play Therapy</b> Laurie Hall, LCSW</p> <p><b>D-7 Positive Behavioral Supports in the Pre-school Environment</b> Berenice Salas, M.A.</p> <p><b>D-8 Self Care and Prevention of Burnout and Secondary Trauma</b> Dawn Herring, MS, LMFT</p>
4:45 PM	<b>Evaluations and Sign Out (Foyer)</b>

**Conference Schedule: Saturday, September 24, 2016**  
**Special Event!**

7:00 – 7:45 AM	<p><b>Breakfast and Registration</b> <b>Book Signing</b></p>
7:45 – 8:30 AM	<p><b>Opening Remarks</b> <b>Ali Freedman, PsyD</b>, Co-Chair, Early Childhood Mental Health Conference (ECMH), Regional VP of Fred Finch Youth Center</p>
8:30 – 10:00 AM	<p><b>(CME) A Case-based Approach -- Deconstructing Delinquency</b> <b>James Garbarino, PhD</b> Author, Psychologist, Expert on Violence &amp; Children Holds the Maude C. Clarke Chair in Humanistic Psychology and was founding Director of the Center for the Human Rights of Children at Loyola University Chicago. Previously he was Elizabeth Lee Vincent Professor of Human Development and Co-Director of the Family Life Development Center at Cornell University</p>
10:00 – 10:15 AM	<b>Break</b>
10:15 – 11:45 AM	<p><b>(CME) A Case-based Approach -- Helping Parents Nurture Their Children's Nature</b> <b>James Garbarino, PhD</b> Author, Psychologist, Expert on Violence &amp; Children</p>
11:45 AM	<b>Closing Remarks</b>
12:00 PM	<b>Evaluations and Sign Out</b>