



2015 EARLY CHILDHOOD MENTAL HEALTH CONFERENCE: WE CAN'T WAIT VI
 TRAUMA INFORMED CARE: A LIFELONG PERSPECTIVE FOR LIVING WELL

Conference Schedule: Thursday, September 17, 2015

09-09-15
 Subject to Change

7:00 – 7:45 AM	Breakfast and Registration
7:45 – 8:30 AM	Opening Remarks Jeff Rowe, MD , Co-Chair, Early Childhood Mental Health (ECMH) Conference Nick Macchione, MS, MPH, FACH Director, County of San Diego Health and Human Services Agency (HHS)
8:30 – 9:00 AM	Setting the Stage for the 6th Annual Conference Jeff Rowe, MD , and Ali Freedman, PsyD , Co-Chair, Early Childhood Mental Health Conference
9:00 – 10:30 AM	(CME) Keynote: What Young Children Know: Lessons Learned Through Child-Parent Psychotherapy Chandra Ghosh Ippen, PhD Associate Research Director of the Child Trauma Research Program at the University of California, San Francisco and the Early Trauma Treatment Network
10:30 – 10:45 AM	Break & Visit Exhibits
10:45 – 12:15 PM	(CME) Keynote: Building Bridges: Core Concepts for Enhancing Diversity-Informed Practice Chandra Ghosh Ippen, PhD
12:15 – 1:30 PM	Lunch
1:30 – 3:00 PM	A-1 Reflective Practice (Part 1) Presenter: Kim Flowers, LCSW, IF-ECMH, RPF-II, Christopher Walsh, MFT, and Nicole Kent, PhD, MFT A-2 (CME) Working with Families from Diverse Backgrounds: Applying a Cultural Framework Presenter: Chandra Ghosh Ippen, PhD A-3 The Clinician’s Toolbox Presenter: Denise VonRotz, MFT A-4 (CME) Maternal Depression: A Child’s Perspective Presenter: Dean E. Sidelinger, MD, MEd, FAAP A-5 The Role of Adverse Childhood Experiences in the Challenging Behavior of Young Children: Identifying, supporting, and advocating from a trauma informed perspective Presenter: Lisa Grimes Linder, PhD A-6 Nonverbal Cues in Affect Regulation Presenter: Marilee Burgeson, MA, CCC-SLP A-7 Mi Escuelita: Therapeutic Preschool Program for Children Exposed to DV Presenter: Pam Wright A-8 Youth Voice: Building Positive Relationships with Law Enforcement Presenters: Rosa Ana Lozada, LCSW, Dana Brown and Panelists including speakers from Mid-City Police Division, Be Real Curriculum Developers, Youth Leaders, and Credible Messengers
3:00 – 3:15 PM	Break
3:15 – 4:45 PM	B-1 Reflective Practice (Part 2) Presenter: Kim Flowers, LCSW, IF-ECMH, RPF-II, Christopher Walsh, MFT, and Nicole Kent, PhD, MFT B-2 (CME) Integrative Regulation Therapy Presenter Ruth Newton, PhD B-3 (CME) Neurobiological Effects of Trauma: Genetics and Epigenetics and Emerging Concepts Presenters: Jeff Rowe, MD and Pradeep Gidwani, MD, MPH B-4 Transitioning Children: Moving Children During the First Few Years of Life Presenters: Deb Stolz, Amber Ryerson, MEd, and Terra Jones B-5 Probation and Trauma Informed Care – System-Wide Implementation and Sustainability Presenter: Geoff Twitchell, PhD B-6 Play Therapy Presenter: Laurie J. Hall, LCSW B-7 Restorative Justice: Helping Students and Parents Deal with Toxic Stress Presenter: Godwin Higa, Principal, Cherokee Point Elementary School B-8 Court Appointed Special Advocates (CASAs): Supporting Trauma Informed Care in Foster Children Presenters: Clarence (Vince) Flowers, Cailin Freeman, and Sasha Jay
4:45 PM	Evaluations and Sign Out
5:00 PM	Networking Reception



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Conference Schedule: Friday, September 18, 2015

09-09-15
 Subject to Change

7:00 - 7:45 AM	Breakfast and Registration
7:45 - 8:30 AM	Opening Remarks Ali Freedman, PsyD , Co-Chair of ECMH, Regional VP of Fred Finch Youth Center Alfredo Aguirre, LCSW , Director of Behavioral Health Services, County of San Diego HHSA Chief Mack Jenkins , Chief, County of SD Department of Probation
8:30 - 8:45 AM	Break
8:45 - 10:15 AM	Breakout Sessions C C-1 (CME) Yoga: A Method of Self-Regulation for the Caregiver Presenter: Pradeep Gidwani, MD, MPH and Gretchen Mallios, LCSW, RYT C-2 Using Sensory Processing and Regulation in the Young Child Presenter: Brooke Olson, OTR/L C-3 Overcoming Adverse Childhood Experiences: Contextual Influences That Can "Change the Odds" Presenter: Mark Katz, PhD C-4 (CME) The Role of Early Trauma and Neglect in Later Delinquency Presenter: Jeff Rowe, MD, The Honorable Carol Isackson and The Honorable Carolyn Caietti C-5 Helping Families Heal: Using Social-Emotional Coaching to Support Traumatized Families Presenter: Angela Rowe, LCSW and Alumni Panel C-6 Respectful Strategies in Addressing Trauma in the Early Care and Education Setting Presenter: Lily Cosico-Berge, PsyD C-7 ACE Through the Eyes of an Infant: Changing the Social-Emotional and Developmental Trajectories of Our Most Vulnerable Children Presenter: Meghan Lukasik, PhD C-8 Caring for Drug Exposed Children Presenters: Barbie Caldwell and Susan Gibb
10:15 - 10:30 AM	Break & Visit Exhibits
10:30 - 12:00 PM	Breakout Sessions D D-1 Early Childhood Trauma: Strengthening Attachment and Resilience with EMDR Presenters: Gretchen Mallios, LCSW, RYT and Deborah Nielsen, MFT, EMDRIA Approved Consultant D-2 (CME) What's Right with You? – Applying Positive Psychology in Trauma-Informed Care Presenter: Daniel B. Singley, PhD, ABPP D-3 Recognizing and Addressing Bullying as Early as Preschools Presenter: Deb Stolz and Amber Ryerson, MEd D-4 Trauma Informed Care: Services in Support of Families Before, During, and After Incarceration Presenter: Alyce Belford, PhD. and Panelists D-5 Polyvagal Theory: Clinical Applications in Somatic Work with Children Presenter: Vincentia Schroeter, PhD, MFT, CBT D-6 Trauma Assessment Pathway: The Chadwick Model Presenter: Lisa Conradi, PhD and Heidi Stern-Ellis, LCSW D-7 (CME) Building Resilience Through Relationships, a DIR/Floortime Approach Presenter: Josh Feder, MD D-8 Self Care and Prevention of Burnout and Secondary Trauma Presenter: Dawn Herring, MS, LMFT
12:00 - 1:15 PM	Lunch and Book Signing
1:15 - 2:45 PM	(CME) Keynote Address: The Impact of Trauma Across the Lifespan Bruce D. Perry, MD, PhD. Senior Fellow of ChildTrauma Academy and Adjunct Professor, Department of Psychiatry and Behavioral Health Sciences at the Feinberg School of Medicine at Northwestern University in Chicago
2:45 - 3:00 PM	Break
3:00 - 4:30 PM	(CME) The Impact of Trauma Across the Lifespan (continued) Bruce D. Perry, MD, PhD
4:30 - 4:45 PM	Closing Remarks Ali Freedman, PsyD , Co-Chair of ECMH, Regional VP of Fred Finch Youth Center
4:45 PM	Evaluations and Sign out Book Signing until 6 PM



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Conference Schedule: **Saturday, September 19, 2015**
Special Event!

09-09-15
Subject to Change

7:00 – 7:45 AM	Breakfast and Registration
7:45 – 8:30 AM	Opening Remarks Ali Freedman, PsyD , Co-Chair, Early Childhood Mental Health Conference (ECMH), Regional VP of Fred Finch Youth Center
8:30 – 10:00 AM	(CME) A Case-based Approach to the Neurosequential Model of Therapeutics Bruce D. Perry, MD, PhD , Senior Fellow of ChildTrauma Academy and Adjunct Professor, Department of Psychiatry and Behavioral Health Sciences at the Feinberg School of Medicine at Northwestern University in Chicago The Neurosequential Model is a developmentally sensitive and neurobiologically informed approach to clinical problem solving. This model has been implemented in multiple clinical populations across the full developmental spectrum (infants to adults) and is most widely used with traumatized and maltreated children. Its utility is most apparent with the most complex cases of maltreatment and psychological trauma, and its application will be the focus of this workshop. Individual and family case studies will be presented for Dr. Perry to discuss and provide hands-on skills development in the areas of prevention, assessment, and intervention using the Neurosequential Model.
10:00 – 10:15 AM	Break
10:15 – 11:45 AM	(CME) A Case-based Approach to the Neurosequential Model of Therapeutics (continued) Bruce D. Perry, MD, PhD , Senior Fellow of ChildTrauma Academy and Adjunct Professor, Department of Psychiatry and Behavioral Health Sciences at the Feinberg School of Medicine at Northwestern University in Chicago
11:45 AM	Closing Remarks
12:00 PM	Evaluations and Sign Out