



2015 EARLY CHILDHOOD MENTAL HEALTH CONFERENCE: WE CAN'T WAIT VI  
 TRAUMA INFORMED CARE: A LIFELONG PERSPECTIVE FOR LIVING WELL

Conference Schedule: Thursday, September 17, 2015

07-29-15  
 Subject to Change

7:00 – 7:45 AM	<b>Breakfast and Registration</b>
7:45 – 8:30 AM	<b>Opening Remarks</b> <b>Jeff Rowe, MD</b> , Co-Chair, Early Childhood Mental Health (ECMH) Conference <b>Nick Macchione, MS, MPH, FACH</b> Director, County of San Diego Health and Human Services Agency (HHS)
8:30 – 9:00 AM	<b>Setting the Stage for the 6<sup>th</sup> Annual Conference</b> <b>Jeff Rowe, MD</b> , and <b>Ali Freedman, PsyD</b> , Co-Chair, Early Childhood Mental Health Conference
9:00 – 10:30 AM	<b>(CME) Keynote Address: Child Parent Psychotherapy</b> <b>Chandra Ghosh Ippen, PhD</b> Associate Research Director of the Child Trauma Research Program at the University of California, San Francisco and the Early Trauma Treatment Network
10:30 – 10:45 AM	<b>Break &amp; Visit Exhibits</b>
10:45 – 12:15 PM	<b>(CME) Keynote Address: Diversity Informed Practice: Incorporating a Cultural Focus with Families and Young Children Who Have Experienced Trauma</b> <b>Chandra Ghosh Ippen, PhD</b>
12:15 – 1:30 PM	<b>Lunch</b>
1:30 – 3:00 PM	<b>A-1 Reflective Practice (Part 1)</b> Presenter: Kim Flowers, LCSW, IF-ECMH, RPF-II, Christopher Walsh, MFT, and Nicole Kent <b>A-2 (CME) Working with Families from Diverse Backgrounds: Applying a Cultural Framework</b> Presenter: Chandra Ghosh Ippen, PhD <b>A-3 The Clinician’s Toolbox</b> Presenter: Denise VonRotz, MFT <b>A-4 (CME) Maternal Depression: A Child’s Perspective</b> Presenter: Dean Sidelinger, MD, MEd <b>A-5 Risk and Protective Factors</b> Presenter: Lisa Grimes Linder, PhD <b>A-6 Nonverbal Cues in Affect Regulation</b> Presenter: Marilee Burgeson, MA, CCC-SLP <b>A-7 Mi Escuelita: Therapeutic Preschool Program for Children Exposed to DV</b> Presenter: Pam Wright <b>A-8 Youth Voice: Building Positive Relationships with Law Enforcement</b> Presenters: Dana Brown and Panelists including speakers from Mid-City Police Division, Harmonium, Be Real Curriculum Developers, Youth Leaders, and Credible Messengers
3:00 – 3:15 PM	<b>Break</b>
3:15 – 4:45 PM	<b>B-1 Reflective Practice (Part 2)</b> Presenter: Kim Flowers, LCSW, IF-ECMH, RPF-II, Christopher Walsh, MFT, and Nicole Kent <b>B-2 (CME) Integrative Regulation Therapy</b> Presenter Ruth Newton, PhD <b>B-3 (CME) Neurobiological Effects of Trauma: Genetics and Epigenetics and Emerging Concepts</b> Presenters: Jeff Rowe, MD and Pradeep Gidwani, MD, MPH <b>B-4 Transitioning Children: Moving Children During the First Few Years of Life</b> Presenters: Deb Stolz, Amber Ryerson, MEd, and Terra Jones <b>B-5 Probation and Trauma Informed Care – System-Wide Implementation and Sustainability</b> Presenter: Geoff Twitchell, PhD <b>B-6 Play Therapy</b> Presenter: Laurie J. Hall, LCSW <b>B-7 Caring for Drug Exposed Children</b> Presenter: Barbie Caldwell <b>B-8 Court Appointed Special Advocates (CASAs): Supporting Trauma Informed Care in Foster Children</b> Presenters: Clarence (Vince) Flowers, Cailin Freeman, and Sasha Jay
4:45 PM	<b>Evaluations and Sign Out</b>
5:00 PM	<b>Networking Reception</b>



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Conference Schedule: Friday, September 18, 2015

07-29-15

Subject to Change

7:00 - 7:45 AM	<b>Breakfast and Registration</b>
7:45 - 8:30 AM	<b>Opening Remarks</b> <b>Ali Freedman, PsyD</b> , Co-Chair of ECMH, Regional VP of Fred Finch Youth Center <b>Alfredo Aguirre, LCSW</b> , Behavioral Health Services, County of San Diego HHS <b>Chief Mack Jenkins</b> , Chief, County of SD Dept of Probation
8:30 - 8:45 AM	<b>Break</b>
8:45 - 10:15 AM	<b>Breakout Sessions C</b> <b>C-1 (CME) Yoga: A Method of Self-Regulation for the Caregiver</b> Presenter: Pradeep Gidwani, MD, MPH and Gretchen Mallios, LCSW, RYT <b>C-2 Using Sensory Processing and Regulation in the Young Child</b> Presenter: Brooke Olson, OTR/L <b>C-3 The Importance of Context in Understanding Resiliency</b> Presenter: Mark Katz, PhD <b>C-4 (CME) The Role of Early Trauma and Neglect in Later Delinquency</b> Presenter: Jeff Rowe, MD, The Honorable Carol Isackson and The Honorable Carolyn Caietti <b>C-5 Helping Families Heal: Using Social-Emotional Coaching to Support Traumatized Families</b> Presenter: Angela Rowe, LCSW and Alumni Panel <b>C-6 Respectful Strategies in Addressing Trauma in the Early Care and Education Setting</b> Presenter: Lily Cosico-Berge, PsyD <b>C-7 ACE Through the Eyes of an Infant: Changing the Social-Emotional and Developmental Trajectories of Our Most Vulnerable Children</b> Presenter: Meghan Lukasik, PhD <b>C-8 Restorative Justice: Helping Students and Parents Deal with Toxic Stress</b> Presenter: Godwin Higa, Principal, Cherokee Point Elementary School
10:15 - 10:30 AM	<b>Break &amp; Visit Exhibits</b>
10:30 - 12:00 PM	<b>Breakout Sessions D</b> <b>D-1 Early Childhood Trauma : Strengthening Attachment and Resilience with EMDR</b> Presenters: Gretchen Mallios, LCSW, RYT and Deborah Nielsen, MFT, EMDRIA Approved Consultant <b>D-2 (CME) What's Right with You? – Applying Positive Psychology in Trauma-Informed Care</b> Presenter: Daniel B. Singley, PhD, ABPP <b>D-3 Recognizing and Addressing Bullying as Early as Preschools</b> Presenter: Deb Stolz and Amber Ryerson, MEd <b>D-4 Trauma Informed Care: Services in Support of Families Before, During, and After Incarceration</b> Presenter: Alyce Belford, PhD. and Panelists <b>D-5 Polyvagal Theory: Clinical Applications in Somatic Work with Children</b> Presenter: Vincentia Schroeter, PhD, MFT, CBT <b>D-6 Trauma Assessment Pathway: The Chadwick Model</b> Presenter: Lisa Conradi, PhD and Heidi Stern-Ellis, LCSW <b>D-7 (CME) Building Resilience Through Relationships, a DIR/Floortime Approach</b> Presenter: Josh Feder, MD <b>D-8 Self Care and Prevention of Burnout and Secondary Trauma</b> Presenter: Dawn Herring, MS, LMFT
12:00 - 1:15 PM	<b>Lunch and Book Signing</b>
1:15 - 2:45 PM	<b>(CME) Keynote Address: The Impact of Trauma Across the Lifespan</b> Bruce D. Perry, MD, PhD
2:45 - 3:00 PM	<b>Break</b>
3:00 - 4:30 PM	<b>(CME) The Impact of Trauma Across the Lifespan (continued)</b> <b>Bruce D. Perry, MD, PhD</b> , Senior Fellow of ChildTrauma Academy and Adjunct Professor, Department of Psychiatry and Behavioral Health Sciences at the Feinberg School of Medicine at Northwestern University in Chicago
4:30 - 4:45 PM	<b>Closing Remarks</b> <b>Jeff Rowe, MD</b> , Co-Chair, Early Childhood Mental Health (ECMH) Conference
4:45 PM	<b>Evaluations and Sign out</b> <b>Book Signing</b>



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Conference Schedule: Saturday, September 19, 2015  
 Special Event! Limited Seating!

07-29-15  
 Subject to Change

7:00 – 7:45 AM	<b>Breakfast and Registration</b>
7:45 – 8:30 AM	<b>Opening Remarks</b> <b>Ali Freedman, PsyD</b> , Co-Chair, Early Childhood Mental Health Conference (ECMH), Regional VP of Fred Finch Youth Center
8:30 – 10:00 AM	<b>(CME) A Case-based Approach to the Neurosequential Model of Therapeutics</b> <b>Bruce D. Perry, MD, PhD</b> , Senior Fellow of ChildTrauma Academy and Adjunct Professor, Department of Psychiatry and Behavioral Health Sciences at the Feinberg School of Medicine at Northwestern University in Chicago  The Neurosequential Model is a developmentally sensitive and neurobiologically informed approach to clinical problem solving. This model has been implemented in multiple clinical populations across the full developmental spectrum (infants to adults) and is most widely used with traumatized and maltreated children. Its utility is most apparent with the most complex cases of maltreatment and psychological trauma, and its application will be the focus of this workshop.
10:00 – 10:15 AM	<b>Break</b>
10:15 – 11:45 AM	<b>(CME) A Case-based Approach to the Neurosequential Model of Therapeutics (continued)</b> <b>Bruce D. Perry, MD, PhD</b> , Senior Fellow of ChildTrauma Academy and Adjunct Professor, Department of Psychiatry and Behavioral Health Sciences at the Feinberg School of Medicine at Northwestern University in Chicago
11:45 AM	<b>Closing Remarks</b>
12:00 PM	<b>Evaluations and Sign Out</b> <b>Book Signing</b>